

Off the Mat-Confessions of a Yogini



Book signings and events



- Thursday, April 14th—7:30-9:00pm; **Book Number 4;Release Party**
Lucy Activewear, Portland, OR
- Friday, April 15th—11:00-1:00pm; **Baby & Mom Yoga and Book Signing**
Cotton Babies, Vancouver, WA
- Saturday, April 16th—11:00-1:00pm; **Prenatal Yoga and Book Signing**
Cotton Babies, Vancouver, WA
- Sunday, April 17th—9:00-10:30am; **Living Yoga Seva Yoga & Book Signing**
Lucy Activewear, Portland, OR
- Tuesday, April 19th—6:00pm-8:00pm; **Women Only Event—exhibitor**
Saffron Specialized Medical, Vancouver, WA
- Saturday, April 23rd—11:00-2:00pm; **Now Just Breathe; Yoga & Book Signing**
Saffron Specialized Medical, Vancouver, WA
- Thursday, April 28-May 2; **Sedona Yoga Retreat; Angel Valley, AZ**
- Thursday May 5th—6:00-9:00pm: **Mother's Day Event – Exhibitor**
Priority Health Chiropractic , Camas, WA
- Friday May 6-7th—5:30pm; 10:00am: **Seva Yoga, Chakra Workshop;**
Book Signings
Maya Wholehealth, Renton, WA
- Thursday, May 12th—7:30-9:00p; **Book Number 5 Release Party**
Lucy Activewear, Portland, OR
- Tuesday, May 17th—5:30-8:00pm; **Yoga and Book Signing**
L'Mu Spa and Salon, Portland, OR
- Thursday, May 19th—7:00-9:00pm; **Girls Night Out; Book Signing**
Sorelle Spa and Salon, Camas, WA
- Saturday, May 21st—11:00-2:00pm; **Now Just Breathe; Yoga & Book Signing**
Saffron Specialized Medical
- Saturday, May 22nd—9:00-10:30am; **Living Yoga Seva Yoga & Book Signing**
Lucy Activewear, Portland, OR
- Saturday, May 22nd – CRAVE Chat speaker—**TBA**
Portland, OR
- Friday, June 3rd—6:00-9:00pm; **First Friday—Book Signing**
Mint Tea, Vancouver, WA
- Thursday, June 9th—7:30-9:00pm; **Book Number 6 Release Party**
Lucy Activewear, Portland, OR

For more information about Dana's book events, retreats, spiritual development programs, workshops and yoga classes, or to book Dana Layon for an inspirational speaking session, please see her website

www.danalayon.com
www.facebook.com/danamlayon



SUMMER EVENTS....

Book 7—Final Book Release; Sacramento Workshops; CAMEO event;
Rusty Grape Vineyard summer yoga series and more!
Get on our list and find us on Facebook!