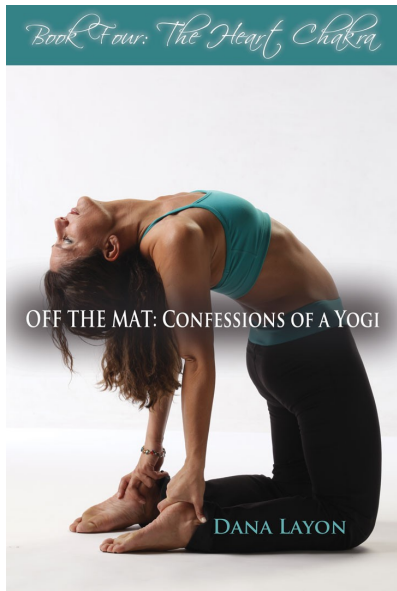


Live Your Life on Purpose

Yoga, Inspiration, Empowerment

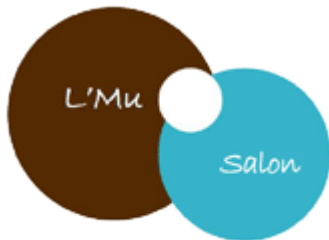
Tuesday, May 17, 2011

5:30pm-8:00pm



**For more info about
Dana Layon go to
www.danalayon.com**

 *Dana Layon*




optimum skin health

Tuesday, May 17, 2011

5:30pm-8:00pm

Let me ask you...are you living your life on purpose?

What would that look like to you?

Where are you stuck? Are you stuck?

I would like to introduce to you **Dana Layon**, author, mother and yoga instructor. She lives her life on purpose! She has agreed to be a part of the *Small Steps to Profound Changes* series at L'Mu. I know you will resonate with her as much as I did. Join Dana and I as we take a step "off the mat" and into our purpose!

Dana, yoga instructor and author breathes life into everything she does through her yoga teaching, retreats, workshops and series of **Off the Mat** books.

Yoga class: \$10 minimum donation Goes to Evergreen4Kids

a local organization educating and supporting impoverished children in the Dominican Republic; Dana is Board Member and founder of their Health and Wellness Team

5:30-6:00pm - mingling, meet the author

6:00-7:00pm - beginning yoga class ... limited space...REGISTER EARLY!

7:00-8:00pm - read aloud and book signing with the author

Yoga mats are provided but do bring your own if you have one. Bring your friends and loved ones ...be ready to breathe in the love!

**L'mu Spa and Salon * 810 NW 12th Avenue
Portland, OR * 503-224.8171**