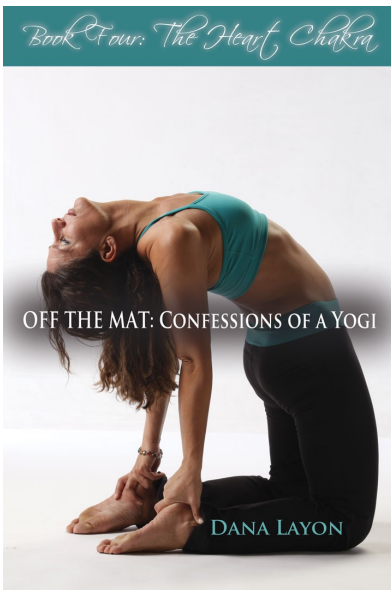


Now Just Breathe

Yoga, Inspiration, Empowerment

Saturday, April 23, 2011

11:00am-2:00pm



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11:00am-2:00pm

Linda Mobley and Dana Layon team up to bring you their first of many **Now Just Breathe** events.

Join these amazing ladies as they bring their passions together in one room to support **Link the Pink**. You would never know that Linda Mobley was a cancer patient. With all she has done and continues to do, she is one alive and thriving lady!

Dana, yoga instructor and author breathes life into everything she does through her yoga teaching, retreats, workshops and series of **Off the Mat** books.

On April 23, these two ladies bring you an inspiring yoga class for all levels of yogis, motivational words of empowerment that will lift you up and an opportunity for you to give back. Both authors will be available to sign books. Join us for an afternoon of inspiration, connection and joy!

Yoga class: \$10 minimum donation

Proceeds from yoga class and book sales go to *Link the Pink*, Linda's nonprofit organization supporting Saffron clients who cannot afford wigs, Prosthetics and/or medical garments that are not covered by insurance.

Yoga mats are provided but do bring your own if you have one. Bring your friends and loved ones ...be ready to breathe in the love!

**Saffron's Medical Supply * 13215 SE Mill Plain Blvd.
360-256-1111**

**For more info about Dana Layon go to
www.danalayon.com**

**For more info about Linda Mobley go to
www.blessedwithcancerthebook.com**

