

# Caring For Your PERMA Gym Floor

This program is specifically designed to help you maintain a high level of appearance of your gym floor over the course of a year with preventative maintenance, dust mopping, spot mopping, and damp mopping. Preventative maintenance begins with good entrance matting program that catches dirt, grit and dust at the entrances of the gym.

## Good Practices & Cleaning Procedures



### **Dry Mop the Gym Floor**

at least **1-3 times daily** with **AQUA-TREAT**, a water-based dust mop treatment or micro-fiber dust mop system to remove daily dirt, grit and dust. Follow manufacturer's recommendation for the proper use of **AQUA-TREAT** and proper laundering instructions for the micro-fiber mop system.

### **Damp Mop or Autoscrub the Gym Floor**

**1-3 times weekly** with a *neutral* cleaner or **WOOD GLOW** diluted @ 1-2 ozs./gal. with a white polishing or red pad. Never use a pad that has been used on other floors in the facility. The gym finish is susceptible to micro scratches, which can cause a dull appearance or film on the floor if a dirty pad or too aggressive pad is used. Never use excessive downward pad pressure on the autoscrubber and always thoroughly rinse out the solution tank to remove any harsh cleaning chemicals from the fill tank before cleaning the gym floor. Other alternative products that are safe to use on your gym floor are **STAND UP** or **TOPS** neutral cleaners @ 2-4 ozs./gal. or **EASY MIX 1035 CLEANER/RESTORER**.



### **Remove Black Heel Marks**

using **WOOD GLOW** diluted @ 1oz/**quart** in a trigger sprayer and remove scuffs with a doodle bug with a white polishing or red pad or a micro-fiber cleaning pad. Always wipe up any excess moisture on the flooring surface with a clean, damp rag.

### **Vacuum or Shake out the Entrance Mats**

in the gym **at least 1 time weekly** to prevent the unwanted intrusion of dirt and other particulates into the gym area.



605 Springs Road, Bedford, MA 01730  
Tel: 978.667.5161, Fax: 978.670.5797  
E-mail: [Info@perma.com](mailto:Info@perma.com)

# ***Things to remember to maintain your gym floor.***

- 1). Never use tape of any kind on your gym floor as the adhesive will compromise the integrity of the gym finish.
- 2). Do not use any cleaning products or equipment in the gym that is used in other parts of the school, as this will transfer waxes and other chemicals not specifically designed for the gym floor.
- 3). Do not use disinfectants or oil based dust mop treatments on the gym floor, as it will affect slip resistance and present an unsafe hazard to the athletes.
- 4). Carefully remove any gum using a putty knife and wipe off the excess residue with **WOOD GLOW**.
- 5). Always take necessary precautions when rolling or moving heavy objects in the gym as it could damage the gym finish.
- 6). Do not allow food, drinks or gum in the gym.
- 7). Avoid high velocity impact activities like floor hockey, baseball or shot putt practice in the gym if possible, particularly in the high use or painted areas as this will cause premature wear to the gym finish.
- 8). Always insure the heating/ventilating/air conditioning system is functioning properly. Indoor humidity should be maintained between 35-50% year round. Good practice also dictates that air vent filters should be changed on a regular basis (usually quarterly), to prevent unwanted particulates from being broadcast onto the gym floor.



605 Springs Road, Bedford, MA 01730  
Tel: 978.667.5161, Fax: 978.670.5797  
E-mail: [Info@perma.com](mailto:Info@perma.com)  
[www.perma.com](http://www.perma.com)