

Extracurricular Program (EC) Fall 2013

German-American International School

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MONDAYS

Please read the following class descriptions carefully, they contain important information about the classes and additional mandatory fees.

Karate for Tots

Teacher: **John Chang/Chang Tai Do Karate** (www.changtaido.com)
When: Monday, 2pm – 3 pm
Location: Gym
Age: 4 – 6 years
Language: English
Price: **\$360**

Chang Tai Do Karate & Fitness classes include history, culture, terminology and etiquette relating to multiple martial arts styles, forms based on Shotokan Karate. Students will learn proper stretching, blocks, punches, kicks, strikes, self-defense, forms (kata) and sparring (kumite). For the intermediate to advanced, students will be introduced to Chang Tai Do weapon or stick forms. The training will help students develop better mental focus, coordination, discipline, strength, endurance and skills to defend themselves.

Chang Tai Do Karate & Self Defense for Tots (4 yrs-6 yrs.):

Introduction to proper stretching, basic blocks, kicks, punches, strikes, and what to do to fend off an attacker. Children's natural curiosity and playfulness combined with basic Karate drills help develop coordination, mental focus, and alertness. A great way to learn discipline, respect, self-confidence, help release excess energy and prepare students for future, more structured classes.

Material fees (mandatory, not included in the class fee)*: Uniform \$35 (size 3 & below)/\$45 (size 4 & up); Target pad \$35

Testing fee \$25 (optional & varies per level): to advance to the next level; students can take test every two months.

*Payable to instructor. Please make your check out to John Chang.



Karate for Beginners

Teacher: **John Chang/Chang Tai Do Karate** (www.changtaido.com)
When: Monday, 3pm – 4 pm
Locations: Gym
Grade: 1 - 5
Language: English
Price: **\$360**

Chang Tai Do Karate & Fitness - Beginners (Grade 1-5)

Introduction to the history, culture, terminology, and etiquette of Chang Tai Do Karate & Shotokan Karate. We'll cover proper stretching, basic blocks, punches, kicks, strikes, self-defense, forms (kata), stick forms (hanbu/escrima) & sparring (kumite). Classes help develop mental focus, coordination, discipline, strength, endurance & self-defense skills.

Material fees (mandatory, not included in the class fee)*:

1st time Beginners: **Uniform \$35 (size 3 & below)/\$45 (size 4 & up); Target pad \$35**

Returning students: **\$245 sparring equipment fee**

According to their belt level, returning students may need mandatory sparring equipment, which includes head gear, chest pad, mouth guard with case, hand/forearm pads, foot/shin pads, weapons/sticks, groin protector (male students only), equipment bag and a \$70 one-time fee for weapons class is included in the \$245 mandatory equipment fee. This is standard for advanced Chang Tai Do classes. If the sparring equipment is not purchased through the instructor, a \$70 one-time fee for weapons class is charged.

Testing fee \$25 (optional): to advance to the next level; students can take test every two months.

*Payable to instructor. Please make your check out to John Chang.

If you have any questions regarding the material or testing fees, please email John Chang (changtaido@yahoo.com).

Soccer for Preschool

Teacher: **Soccer and Smiles** (<http://www.soccerandsmiles.com>)
When: Monday, 2pm to 2:45 pm
Location: Soccer field
Age: 4 years and up
Language: English
Price: **\$290**

At Soccer and Smiles, we believe that confidence, positive self-esteem, and exercise are the foundations for a healthy and happy life. Kids in our program thrive due to our noncompetitive curriculum and positive coaching in a fun and pressure-free environment. Children learn soccer basics such as kicking, dribbling, shooting, heading and goalkeeping while participating in age-appropriate games and exercises designed specifically for your child!

Tennis for Preschool & Kindergarten/VS - Beginners

Teacher: **My Tennis Lessons and Silicon Valley Tennis**
When: Monday, 2pm to 3 pm
Location: Tennis Court
Age: 5 up
Language: English
Material: own tennis racket is required
Price: **\$260**

Get your child active this semester with the fastest growing sport in America! Enroll in the Weekly Tennis Clinic and watch as your son or daughter learns to love fitness through the game of tennis.

For new or beginner players, this program will introduce students to the basics of tennis and teach participants how to enjoy the game in their own time. Students will learn the rules of the game, proper racket grip, and the basic tennis shots. During the first part of the program, students will engage in drills developing important fundamentals such as timing, footwork, and hand-eye coordination. Students will then focus on returning the ball and work towards sustaining rallies. Older students can expect to learn basic court strategy and shot placement.

For players with previous experience, an intermediate/advanced clinic will be offered that focuses on strengthening fundamentals, court strategy, and competitive play. Players will work on drills and practice matches with coach feedback. Students enrolling in this program should be able to have consistent rallies and have a desire to better individual results in match and/or competitive play.

For all students, the program is designed to not only engage short term, but also build the fundamentals needed to properly enjoy this life-long sport. It is available to all age groups and will be administered by a full-time, certified tennis professional. For students interested in additional instruction, please contact MyTennisLessons at 866.454.2747 for availability and exclusive discounted rates for GAIS parents.

NEW - Lil Sluggers Baseball

Teacher: **Coach Scott Clark (Lil Sluggers South Bay)**
When: Monday, 2pm to 3pm
Location: Baseball Court
Age: 4 & 5
Language: English
Material: baseball glove is optional
Price: **\$290**

Lil Sluggers is a program for ages 2-8 that introduces children to the game of baseball and further develops important baseball skills such as running the bases, throwing, catching, hitting, and fielding. Developmentally appropriate equipment and games are used to teach these skills in a fun, exciting, and positive environment. In addition, concepts such as teamwork, winning and losing, following directions, self-confidence, and effective listening are reinforced to help children become successful both on and off the field as they reach the different milestones of childhood.

Go to www.lilsluggerssouthbay.com for more information.

NEW - Music Together®

Teacher: Music for Families, Inc. (www.music4families.net)
When: Monday, 2:00-2:45 pm
Location: Room 12 (Vorschule Aquarium)
Age: Birth to four with required parent/caregiver participation
Language: English
Price: \$360 incl. materials (includes both the Music Together Drum Collection & Tambourine Collection). Tuition for the 2nd child is \$176. Babies 8 months and under attend free with a paid sibling.

Songs, dance, chants and music making! This is the essential Music Together class, one that a child can attend from birth through age four through all nine song collections. This basic class follows the recommendations of child development researchers—grouping children of a variety of ages because this fosters natural, family-style learning. Younger children enjoy watching and imitating older ones; older children learn by leading younger ones; and adults are happy because the children in the family can go to class together. Each child participates at his or her own level in singing, moving, chanting, listening, watching, or exploring musical instruments.

Young Rembrandts for Preschool & Kindergarten/VS

Teacher: **Young Rembrandts** (www.youngrembrandts.com)
When: Monday, 2pm – 3 pm
Location: Room 8 (Preschool)
Age: 4 & up
Language: English
Price: **\$260**

Young Rembrandts is a national award-winning drawing program that has been fully established in Santa Clara County for over six years. We are the only after-school art enrichment program that teaches art using a methodology specifically designed to improve student perception, visualization and organizational skills. At Young Rembrandts we teach children to draw — the fundamental skill of all visual arts — using a sequential, ordered process. Children complete one new drawing each week for five years without repeating the same drawing. We teach cartoon lessons for fun and excitement and to draw expressions and convey moods, draw action, movement and sound, and develop a series of drawings to tell a joke. As a result, students show dramatic improvement in their drawing abilities, expand their art vocabulary and art history knowledge, demonstrate patience, discipline and focus, and improve their attention to detail and sequencing skills. It compliments all sides of the academic curriculum.

Learnig about Switzerland 3

Teacher: **Claudia Gruber**
When: Wednesday, 2:50pm – 3:35pm
Location: Class Room 1G
Grade: 3 & up
Language: English, Swiss German and German
Price: Sponsored by the Swiss Government

The course will look at different regions of Switzerland and study lifestyles and culture in comparison with those of California. Our Swiss teacher, Claudia Gruber from “Graubünden,” will teach in Swiss German and German. The lesson goals are taken from the Zurich public school curriculum. For more information please don’t hesitate to contact Claudia Gruber, crguber@gais.org.



Theater Workshop

Teacher: **David Giesen**
When: Monday, 3pm - 4 pm
Location: Library
Grade: 3 & 4
Language: English
Price: **\$235**

This year 3rd and 4th grade theater club offers two options:

Those who want to perform in a main stage production (one each semester), and get costume, set, and prop-making experience should choose Performance Theater. Performance Theater meets both Wednesday and Friday because we need the extra rehearsal time to create a showcase experience. Workshop Theater meets only once a week, on Monday. Participants will build acting skills, have fun, and perform short skits or scenes for parents, but not be in the main stage production. Obviously, the difference is time commitment and performance interest. Either way, students get a fine theater experience that builds presentation skills and confidence.

Workshop Theater

If you haven't time for two meetings a week, or don't know whether being in our big production is for you, but you do like theater, Workshop Theater is great. We meet once a week for theater games, scene writing, and costume improvisation. During the semester we present a small audience performance of short scenes.



Jazz Band

Teacher: Amy Nathan
When: Monday, 3pm - 4pm
Location: Music Room
Grade: 6 - 8
Language: English
Price: \$180

Jazz band is offered to all students who have had at least one year of experience on their instrument. It will focus on listening to and playing several different styles of jazz. Improvisation is encouraged in this ensemble and students should be prepared to take risks in order to maximize their jazz band experience. In addition to wind instruments, percussion, guitar and bass guitar are also welcome in this ensemble. Auditions may be necessary depending on enrollment.

TUESDAYS

Learnig about Switzerland 1

Teacher: **Claudia Gruber**
When: Tuesday, 2:05pm – 2:35pm
Location: Class Room 1G
Age: Preschool & Kindergarten/VS
Language: German and Swiss German
Price: Sponsored by the Swiss Government

The course will look at different regions of Switzerland and study lifestyles and culture in comparison with those of California. Our Swiss teacher, Claudia Gruber from “Graubünden,” will teach in Swiss German and German. The lesson goals are taken from the Zurich public school curriculum.

For more information please don't hesitate to contact Claudia Gruber, cgruber@gais.org.

Little Hoopers for Preschool & Kindergarten/VS

Teacher: **One on One Basketball** (www.1on1basketball.com)
When: Tuesday, 2:05 – 2:35
Location: Basketball Court
Age: 4 - 6
Language: English
Price: **\$270**

LITTLE HOOPERS is a weekly basketball program for aspiring young players. The one-hour instructional sessions combine fundamental skills instruction with organized team competition with the goal of providing an enjoyable and educational athletic event. Developing players benefit by improving their individual skills such as passing, dribbling, shooting, rebounding and defending while, at the same time, learning how to work within the framework of a team. Boys and girls of all skill levels are encouraged to join.



Fun Mandarin - Beginners

Teacher: **Fun Mandarin** (www.funmandarin.com)
When: Tuesday, 2pm – 3pm
Location: Class Room 3K
Grade: 1 - 4
Language: English **and Mandarin**
Price: **\$320 + \$30 material fee** which is collected at the school office (please make the check payable to Fun Mandarin)

Mandarin is the language of the 21st century. Language experts say it is easiest to learn a new language and master new sounds within the first few years of life. Now your children have the opportunity to experience the beauty of Chinese culture and language at GAIS.

Through songs, games, body movements, stories, arts & crafts, and hands-on activities, children will find Mandarin is an easy language to learn. They will be immersed in a relaxed atmosphere in a small class with our experienced native teachers.

Homework Club

Teacher: TBD
When: Tuesday, 2pm – 3 pm
Location: Class Room 4B
Grade: 1 - 4
Language: English
Price: **\$150**

In conjunction with a school-wide effort to help families that are not native-language German speakers, this program is being offered at a minimal cost. It will be particularly useful to those students who need extra help in doing their German homework. The homework supervisor will give assistance, guidance and advice on completing assignments. Students participating in the program will be expected to work productively on tasks assigned by their teacher or work given to them by the supervisor.

Students who are signed up full-time for Hort pay only 50% of the Homework Club fee.

Tennis – Beginners Grade 1 - 4

Teacher: **My Tennis Lessons & Silicon Valley Tennis**
When: Tuesday, 2pm – 3pm
Location: Tennis Court
Grade: 1 - 4
Language: English
Material: own tennis racket is required
Price: **\$280**

Get your child active this semester with the fastest growing sport in America! Enroll in the Weekly Tennis Clinic and watch as your son or daughter learns to love fitness through the game of tennis.

For new or beginner players, this program will introduce students to the basics of tennis and teach participants how to enjoy the game in their own time. Students will learn the rules of the game, proper racket grip, and the basic tennis shots. During the first part of the program, students will engage in drills developing important fundamentals such as timing, footwork, and hand-eye coordination. Students will then focus on returning the ball and work towards sustaining rallies. Older students can expect to learn basic court strategy and shot placement.

For players with previous experience, an intermediate/advanced clinic will be offered that focuses on strengthening fundamentals, court strategy, and competitive play. Players will work on drills and practice matches with coach feedback. Students enrolling in this program should be able to have consistent rallies and have a desire to better individual results in match and/or competitive play.

For all students, the program is designed to not only engage short term, but also build the fundamentals needed to properly enjoy this life-long sport. It is available to all age groups and will be administered by a full-time, certified tennis professional. For students interested in additional instruction, please contact MyTennisLessons at 866.454.2747 for availability and exclusive discounted rates for GAIS parents.



Choir

Teacher: **Alejandra Contreras**
When: Tuesday, 2pm to 3pm
Location: Class Room 3S
Grade: 2 - 4
Language: English
Price: **\$180**

The choir is open to all students in grades 2-4. The focus of choir is to teach beginning voice techniques, focusing on range, projection, articulation and tone. The choir will learn several fun and engaging songs, with performance opportunities throughout the year.

Chess for Kindergarten/VS – Grade 4

Teacher: Chess Wizard (www.chesswizards.com)
Tuesday, 2 pm – 3 pm
Location: Class Room 18
Grade: Vorschule – Grade 4
Language: English
Price: \$290

Let your child be part of an exciting and successful chess academy. Chess Wizards is offering specially designed classes that cater to all levels of chess ability. Each child is challenged by fun games and lessons from real Wizard teachers.

Chess Wizards is one of the largest chess academies in the nation, with hundreds of programs at schools. Our instructors (who are called “Wizards”) provide all the materials necessary for your child to participate in the class and no additional purchase is required to attend.

Tennis – Beginners Grade 5 - 8

Teacher: **My Tennis Lessons & Silicon Valley Tennis**
When: Tuesday, 3pm – 4pm
Location: Tennis Court
Grade: 5 - 8
Language: English
Material: own tennis racket is required
Price: **\$280**

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For new or beginner players, this program will introduce students to the basics of tennis and teach participants how to enjoy the game in their own time. Students will learn the rules of the game, proper racket grip, and the basic tennis shots. During the first part of the program, students will engage in drills developing important fundamentals such as timing, footwork, and hand-eye coordination. Students will then focus on returning the ball and work towards sustaining rallies. Older students can expect to learn basic court strategy and shot placement.

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NEW - HSPT/ISEE Test Prep

Teacher: **Bara Sapir**/www.TestprepSF.com
When: Tuesday, 3pm - 4 pm
Room: Room 18
Grade: Grade 7
Language: English
Price: \$600 + \$50 material fee

Test Prep San Francisco (TPSF) is excited to offer an ISEE/HSPT preparation course to GAIS students this Spring Semester and ongoing private tutoring for the SSAT. TPSF customizes curriculum to students' needs combining content mastery, strategy and positive mindset to ensure students are fully prepared for their test. TPSF expert tutors translates their own success into that of our students, and have assisted hundreds of students increase their test scores, which has led to acceptance into top schools. We look forward to help GAIS students succeed on their test, and in life.

NEW - German for Adults (Beginners A.1.1) – AM session

Teacher: Anna Ralston – Schmid
When: Tuesday, 8:30 – 10 AM
Location: Room 22
Age: Adults
Price: \$490

Learn the language that your children are using daily at GAIS and get to know the German culture and lifestyle better at the same time as well!

In this beginners' course you will learn to communicate in basic everyday situations and study the fundamentals of German grammar. The topics cover areas such as introducing and talking about oneself and one's family, shopping, telling the time and recounting a day. Through a variety of communicative and hands-on activities learning German will be fun and meaningful!

Please purchase the following book before the start of the class: "Berliner Platz 1 NEU: Lehr- und Arbeitsbuch" (Langenscheidt Verlag) ISBN 9783468472015. The book can be ordered at International Book Import Service, www.ibisservice.com.



NEW - German for Adults (Beginners A.1.1) – PM session

Teacher: Anna Ralston – Schmid
When: Tuesday, 7:30 – 9 PM
Location: Room 15
Age: Adults
Price: \$490

Learn the language that your children are using daily at GAIS and get to know the German culture and lifestyle better at the same time as well!

In this beginners' course you will learn to communicate in basic everyday situations and study the fundamentals of German grammar. The topics cover areas such as introducing and talking about oneself and one's family, shopping, telling the time and recounting a day. Through a variety of communicative and hands-on activities learning German will be fun and meaningful!

Please purchase the following book before the start of the class: "Berliner Platz 1 NEU: Lehr- und Arbeitsbuch" (Langenscheidt Verlag) ISBN 9783468472015. The book can be ordered at International Book Import Service, www.ibisservice.com.



WEDNESDAYS

Little Gym for Preschool & Kindergarten/VS

Teacher: **Bob Yanofsky** (www.youngrembrandts.com)
When: Wednesday, 2pm – 3 pm
Location: Gym
Age: 4 & up
Language: English
Price: **\$350**

The My Gym program is designed to promote health and fitness as a lifelong habit in a positive and nurturing environment. Our highly trained teachers and award-winning classes have earned My Gym the reputation as the best physical early learning program of its kind. Each week, your child will participate in a 60-minute class that includes fitness activities, games, relays, sports, songs, dance, puppets and other original activities. My Gym kids have fun as they exercise and gain strength, balance, coordination, agility, flexibility and social skills. The most important benefit we offer, however, is the building of confidence and self-esteem.



Young Rembrandts

Teacher: **Young Rembrandts** (www.youngrembrandts.com)
When: Wednesday, 2pm – 3 pm
Location: Class Room 1D
Grade: 1 - 3
Language: English
Price: **\$290**

Young Rembrandts is a national award-winning drawing program that has been fully established in Santa Clara County for over six years. We are the only after-school art enrichment program that teaches art using a methodology specifically designed to improve student perception, visualization and organizational skills. At Young Rembrandts we teach children to draw — the fundamental skill of all visual arts — using a sequential, ordered process. Children complete one new drawing each week for five years without repeating the same drawing. We teach cartoon lessons for fun and excitement, to draw expressions and convey moods, draw action, movement and sound, and develop a series of drawings to tell a joke. As a result, students show dramatic improvement in their drawing abilities, expand their art vocabulary and art history knowledge, demonstrate patience, discipline and focus, and improve their attention to detail and sequencing skills. It compliments all sides of the academic curriculum.

Arts & Crafts

Teacher: **Barbara Jakoby**
When: Wednesday, 2pm – 3 pm
Location: IMS Room 17A
Grade: 1 and 2
Language: German
Price: **\$260**

If your child likes arts and crafts and just can't get enough of gluing, painting and drawing, this class may be the right choice. To give your child the opportunity to practice German, the class will be held in German as well. We'll glue, paint, draw — just do everything kids like to do at this age. We'll create beautiful arts and crafts with simple items your children collected at the beach or on a hike in the forest. In springtime we'll color eggs and decorate them with feathers to enhance your spring bouquet at home. We'll create bunnies from wool and felt and relax drawing mandalas while listening to beautiful music. Summertime will be the time to make colorful paper flowers and create a mobile for your room with collected materials. We'll never run out of ideas and will enjoy being creative at least once per week. Give your child back the time to be creative.



Soccer for Grades 1 - 3

Teacher: **Soccer and Smiles** (<http://www.soccerandsmiles.com>)
When: Wednesday, 2pm to 3pm
Location: Soccer Field
Grade: 1 - 3
Language: English
Price: **\$350**

At Soccer and Smiles, we believe that confidence, positive self-esteem, and exercise are the foundations for a healthy and happy life. Kids in our program thrive due to our noncompetitive curriculum and positive coaching in a fun and pressure-free environment. Children learn soccer basics such as kicking, dribbling, shooting, heading and goalkeeping while participating in age-appropriate games and exercises designed specifically for your child!

Performance Theater

Teacher: **David Giesen**
When: Wednesday, 2pm to 3pm
Location: Library
Grade: 3 + 4
Language: English
Price: **\$430** (one-time fee for classes on both Wednesday and Friday!)

This year 3rd and 4th grade theater club offers two options. Those who want to perform in a main stage production (one each semester), and get costume, set, and prop-making experience, should choose Performance Theater. Performance Theater meets both Wednesday and Friday because we need the extra rehearsal time to create a showcase experience. Workshop Theater meets only once a week, on Monday. Participants will build acting skills, have fun, and perform short skits or scenes for parents, but not be in the main stage production. Obviously, the difference is time commitment and performance interest. Either way, students get a fine theater experience that builds presentation skills and confidence.

Performance Theater

If you want to be on stage in a big production, this is the choice for you. We meet twice a week on Wednesday and Friday, and for the last half of each semester we're in deep rehearsal for a main stage production. During the first half of the semester we create skits, play theater games to develop acting skills, and build sets and props and costumes!

Homework Club

Teacher: TBD
When: Wednesday, 2pm – 3pm
Location: Class Room 4B
Grade: 1 – 4
Language: English
Price: **\$150**

In conjunction with a school-wide effort to help families that are not native-language German speakers, this program is being offered at a minimal cost. It will be particularly useful to those students who need extra help in doing their German homework. The homework supervisor will give assistance, guidance and advice on completing assignments. Students participating in the program will be expected to work productively on tasks assigned by their teacher or work given to them by the supervisor.

Students who are signed up full-time for Hort pay only 50% of the Homework Club fee.

IMS Homework Club

Teacher: Eva Chase
When: Wednesday, 3pm – 4pm
Location: IMS Room 25
Grade: 5 – 8
Language: English
Price: **\$150**

In conjunction with a school-wide effort to help families that are not native-language German speakers, this program is being offered at a minimal cost. It will be particularly useful to those students who need extra help in doing their German homework. The homework supervisor will give assistance, guidance and advice on completing assignments. Students participating in the program will be expected to work productively on tasks assigned by their teacher or work given to them by the supervisor.

Students who are signed up full-time for Hort pay only 50% of the Homework Club fee.

GAIS Soccer Club

Teacher: Janine Weers
When: Wednesday, 3pm – 4pm
Location: Soccer Field
Grade: 3* - 8
Language: English/German
Price: **180**

***3rd grade students only with prior experience and after consultation with Janine Weers.**

The class will feature soccer games, drills, scrimmage and also Q&A on soccer rules and practices.

Tennis – Advanced Grade 1 - 4

Teacher: **My Tennis Lessons & Silicon Valley Tennis**
When: Wednesday, 2pm to 3 pm
Location: Soccer Field
Grade: 1 - 4
Language: English
Material: own tennis racket is required
Price: **\$280**

Get your child active this semester with the fastest growing sport in America! Enroll in the Weekly Tennis Clinic and watch as your son or daughter learns to love fitness through the game of tennis.

For new or beginner players, this program will introduce students to the basics of tennis and teach participants how to enjoy the game in their own time. Students will learn the rules of the game, proper racket grip, and the basic tennis shots. During the first part of the program, students will engage in drills developing important fundamentals such as timing, footwork, and hand-eye coordination. Students will then focus on returning the ball and work towards sustaining rallies. Older students can expect to learn basic court strategy and shot placement.

For players with previous experience, an intermediate/advanced clinic will be offered that focuses on strengthening fundamentals, court strategy, and competitive play. Players will work on drills and practice matches with coach feedback. Students enrolling in this program should be able to have consistent rallies and have a desire to better individual results in match and/or competitive play.

For all students, the program is designed to not only engage short term, but also build the fundamentals needed to properly enjoy this life-long sport. It is available to all age groups and will be administered by a full-time, certified tennis professional. For students interested in additional instruction, please contact MyTennisLessons at 866.454.2747 for availability and exclusive discounted rates for GAIS parents.

Tennis – Advanced Grade 5 - 8

Teacher: **My Tennis Lessons & Silicon Valley Tennis**
When: Wednesday, 3pm to 4pm
Location: Tennis Court
Grade: 5 - 8
Language: English
Material: own tennis racket is required
Price: **\$280**

Get your child active this semester with the fastest growing sport in America! Enroll in the Weekly Tennis Clinic and watch as your son or daughter learns to love fitness through the game of tennis.

For new or beginner players, this program will introduce students to the basics of tennis and teach participants how to enjoy the game in their own time. Students will learn the rules of the game, proper racket grip, and the basic tennis shots. During the first part of the program, students will engage in drills developing important fundamentals such as timing, footwork, and hand-eye coordination. Students will then focus on returning the ball and work towards sustaining rallies. Older students can expect to learn basic court strategy and shot placement.

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IMS Junior Band

Teacher: **Amy Nathan**
When: Wednesday, 3pm to 4pm
Location: Music Room
Grade: 5 and 6
Language: English
Price: **\$ 180**

Junior band is offered to all grade 5 and 6 students who have elected instrumental music as a subject. It is an extension of what is learned in music class and offers students the opportunity to be challenged by learning fun ensemble pieces on their new instruments. The junior band will be motivated by many performance opportunities throughout the year.

THURSDAY

Preschool Story Time (*Märchen*) in German

Teacher: **Katrin Hülse**
When: Thursday, 2pm – 3pm
Location: Room 12 (VS/K Aquarium)
Age: Preschool
Language: German
Price: **\$250**

Who likes to go through the dark forest with Little Red Riding Hood? Who wants to help a frog carrying a golden ball, or rescue Rapunzel from the tower? We will experience many adventures when we listen to famous fairy tales (*Märchen*) from Grimm and other authors. The stories will be free-told in German, so the needs of the children can be considered (pausing to explain, as necessary, so the children will understand). Listening to stories improves vocabulary and enhances imagination. To enhance the story, there will be an activity after each fairy tale. For instance, we will do a small craft project or a painting, or we can turn the story into an easy drama.

English for Preschool & Vorschule

Teacher: **Amy Parsons**
When: Thursday, 2pm - 3pm
Location: Room 9 (Preschool)
Age: 5 & up
Language: English
Price: **\$250**

Come listen to English stories, learn about letter sounds, sing songs, play games and even make crafts in this after-school English hour. We will have fun learning English, practicing conversation skills, learning about letters, and building up our English vocabulary. This class is for students in kindergarten who want to practice their English so that they are ready for first grade.

German Enrichment

Teacher: **Claudia Gruber**
When: Thursday, 2pm to 3pm
Location: Class Room 1G
Grade: 1 + 2
Language: German
Price: **\$180**

The course will focus on reinforcing German communication skills for students who are non-native speakers. Lessons will include games and other fun activities to make learning German an enjoyable experience.

After School Hoops

Teacher: **One on One Basketball** (www.1on1basketball.com)
When: Thursday, 2pm to 3pm
Location: Basketball Court
Grade: 1 - 4
Language: English
Price: **\$320**

AFTER SCHOOL HOOPS® is a weekday afternoon basketball program for aspiring young players. The one-hour instructional sessions combine fundamental skills instruction with organized team competition with the goal of providing an enjoyable and educational after-school athletic event. Developing players benefit by improving their individual skills such as passing, dribbling, shooting, rebounding and defending while, at the same time, learning how to work within the framework of a team. Boys and girls of all skill levels are encouraged to join.

AFTER SCHOOL HOOPS® is conducted by skilled instructors who have been trained extensively to teach young players the game of basketball. All of the instructors recognize the importance of learning the fundamentals at a young age. More importantly, each instructor believes in the merits of dedication, hard work, and positive thinking and is committed to making each of these ideals an integral part of the AFTER SCHOOL HOOPS® program. As a result of this commitment, young players will benefit from their influence not only by becoming better basketball players, but more importantly, by learning and developing the habits necessary to succeed off the court as well.



NEW - Lil Sluggers Baseball

Teacher: **Coach Scott Clark (Lil Sluggers South Bay)**
When: Thursday, 2 pm to 3 pm
Location: Baseball Court
Grade: 1 and 2
Language: English
Material: baseball glove is optional
Price: **\$290**

Lil Sluggers is a program for ages 2-8 that introduces children to the game of baseball and further develops important baseball skills such as running the bases, throwing, catching, hitting, and fielding. Developmentally appropriate equipment and games are used to teach these skills in a fun, exciting, and positive environment. In addition, concepts such as teamwork, winning and losing, following directions, self-confidence, and effective listening are reinforced to help children become successful both on and off the field as they reach the different milestones of childhood.

Go to www.lilsluggerssouthbay.com for more information.

Arts & Crafts

Teacher: **Barbara Jakoby**
When: Thursday, 2pm – 3 pm
Location: Class Room 17 A
Grade: 3 and 4
Language: German
Price: **\$260**

If you are in 3rd or 4th grade and love being creative, this will be a great afternoon program for you.

Schooldays sometimes can be very busy and with homework and other activities, even kids can be overwhelmed. Doing arts and crafts is a great way to step back from the hectic day and just enjoy the moment.

In this program, you'll have the opportunity to explore being creative and have fun while doing arts and crafts. In every class, you will do something different – let's explore together what it means to express your feelings painting on a canvas, maybe while listening to music or listening to a story I will read to you. Use a brush or even your fingers and don't be shy about adding some sparkle. Working with glue guns, beads, paper, felt and other items will help you discover how many different projects you can do with simple materials. How proud you'll be when you have finished easy or more challenging projects! You are always welcome to share your project ideas with me. Please bring your books and music to class so that we can all enjoy them while working on our projects.

Boys and girls — you are all welcome to join my arts and crafts class. Let's bring back the joy and fun you used to have as a "little" kid.

NEW - Small Fry Dance Club

Teacher: Small Fry Dance
When: Thursday, 2pm to 3pm
Location: Room 8
Age: 4 & 5
Language: English
Price: **\$300**

Small Fry Dance Club will visit GAIS weekly in the Spring of 2013. We will host a Dance & Performance class from 2:00pm - 3:00pm each Thursday afternoon. Dance and Performance classes are survey style classes designed young dancers. Our goal is to expose dancers to a variety of basic styles. Weekly lesson plans include The Brain Dance, MotorMuscles© themes, creative movement, meditation, and our performance curriculum. Dancers enrolled in our Dance & Performance classes are eligible to participate in our bi-annual company performances. This spring our featured performance dance will be a tap number. Our summer show is set for Sunday June 23rd at the Cubberley Community Center Theatre in Palo Alto. Join today. Space is limited!

NEW - Typing Class

Teacher: Carol Ferrieri
When: Thursday, 2pm to 3pm
Location: Room 17B
Grade: 2 to 4
Language: English
Price: **\$180**

Typing anyone?

If your child would like to practice and improve his/her typing skills, here is one way to get better: Animated Garfield Typing Program. This is a self-paced typing program your child can participate in, where she/he can advance to different levels and have fun while doing so.

Homework Club

Teacher: TBD
When: Thursday, 2pm – 3 pm
Location: Class Room 4B
Grade: 1 - 4
Language: English
Price: **\$150**

In conjunction with a school-wide effort to help families that are not native-language German speakers, this program is being offered at a minimal cost. It will be particularly useful to those students who need extra help in doing their German homework. The homework supervisor will give assistance, guidance and advice on completing assignments. Students participating in the program will be expected to work productively on tasks assigned by their teacher or work given to them by the supervisor.

Students who are signed up full-time for Hort pay only 50% of the Homework Club fee.

IMS Homework Club

Teacher: Uli Kolbe
When: Thursday, 3pm – 4pm
Location: IMS Room 18
Grade: 5 - 8
Language: English
Price: **\$150**

In conjunction with a school-wide effort to help families that are not native-language German speakers, this program is being offered at a minimal cost. It will be particularly useful to those students who need extra help in doing their German homework. The homework supervisor will give assistance, guidance and advice on completing assignments. Students participating in the program will be expected to work productively on tasks assigned by their teacher or work given to them by the supervisor.

Students who are signed up full-time for Hort pay only 50% of the Homework Club fee.



IMS Senior Band

Teacher: **Amy Nathan**
When: Thursday, 3pm to 4pm
Location: Music Room
Grade: 7 and 8
Language: English
Price: **\$180**

Senior band is an extension of last year's concert band. It is offered to any student in grade 7 or 8. The music selection will be more challenging than last year's repertoire, therefore a very high level of commitment to rehearsals is necessary for this ensemble. There will be many motivating performance opportunities for this band.

FRIDAY

Learnig about Switzerland 2

Teacher: **Claudia Gruber**
When: Friday, 2:00pm – 2:45pm
Location: Class Room 1G
Grade: 1 - 3
Price: Sponsored by the Swiss Government

The course will look at different regions of Switzerland and study lifestyles and culture in comparison with those of California. Our Swiss teacher, Claudia Gruber from “Graubünden,” teach in Swiss German and German. The lesson goals are taken from the Zurich public school curriculum. For more information please don’t hesitate to contact Claudia Gruber, cgruber@gais.org.

Physics: Mechanics & States of Matter

Instructor: **Schmahl Science** (<http://www.schmahlsience.org>)
When: Friday, 2pm – 3pm
Location: Class Room 1D
Grade: 2 - 5
Language: English
Price: **\$400**

Physics and chemistry are traditionally taught in schools as separate subjects. However, these seemingly disparate fields work together to create conduction, solar power, cooking, and electrochemistry. Students will explore the interaction of physics and chemistry as they examine the properties of air in connection to a conduction oven, learn about mass and volume, discover how the Periodic Table goes to work in the kitchen, and construct a fruit-powered battery.

Schmahl Science Workshops EXPLODES the myth that science is dull. Our instructors are talented scientists and engineers who engage students’ curiosity, imagination and creativity using a fun, hand-on approach. Students learn to apply the scientific process as well as core scientific principles, all while making exciting new discoveries. All workshops are taught by scientists.

02/08: Balance and Motion - Roller Coaster Science: Students work in groups to make a roller coaster with split foam tubes, marbles, and tape. They discover amazing ways to get as many energy conversions as possible. This relates to potential energy, kinetic energy, friction, and inertia. (Code 35)

02/15: Vectors & Velocity: Physics must explain not only why and how much, but also where and which way. Physicists and mathematicians invented a way of describing quantities that have direction as well as magnitude. Velocity describes speed and direction. Vectors, which describe displacement and velocity, are universal for all coordinate systems. Position, forces, motion and balance are all intertwined. We'll use toys, our bodies, ropes, and spring scales to build a mobile to illustrate these principles. (Code 468)

03/01: Balancing Structures: Your aim is to try and make the tallest tower using blocks. Remove blocks from lower down the tower and place them on the top. See how long can you can keep the tower balanced. (Code 328)

03/08: Pencil Trick: If a force is applied to a stable or balanced body or system, the net imbalance in force might cause the body to change position. If the system recovers and returns to its starting position, the system is stable. Students grapple with different kinds of stability as they balance pencils on their points using counter weighting and build mobiles that always return to their balanced positions. (Code 2)

Triangle and Arch: Balance is the everyday word used to describe a state of equilibrium. Students recognize when something is in balance because it doesn't fall over. A physicist would say that a state of equilibrium is reached when the net force acting on a body or system is zero. If there is a strong force pushing one way that is balanced by an equally strong force pushing in the opposite direction, the net force is zero, and a state of equilibrium is achieved. During our workshop, students discover numerous ways to balance two-dimensional shapes made out of tag board. (Code 4)

03/15: Death by Marshmallow: Trebuchets were one of the light artillery weapons used to throw objects into enemy territory in the Middle Ages. Students will build, test, and then modify the throwing distance of a Trebuchet. The objective is to fling a marshmallow the farthest. (Code 119)

03/22: Gadget Anatomy: This lesson teaches students what simple machines are, how they work, and how they are useful in the household. We will be taking apart complex machines like clocks, toasters, and locks in order to discover the simple machines inside them. (Code 49)

03/29: Parachute Design Challenge: Leonardo da Vinci said, "If a man is provided with a length of gummed linen cloth with a length of 12 yards on each side and 12 yards high, he can jump from any great height whatsoever without injury." A simple parachute will land a small payload, but how big a canopy does it take to bring Barbie back down to Earth? We'll make parachutes out of facial tissues and test some larger parachutes and their carrying capacity. (Code 454)



04/05: Orbits: Impact cratering is a process found everywhere in the solar system. Craters are among the most fascinating features of many moons and planets. In this workshop, students experiment to find out more about what causes the various features of impact craters, including the rim of mountains around the edge, and the streaks or rays that fan out from large craters. (Code 42)

04/12: Water Rockets: Better wear your swimsuit to this workshop as students design and launch rockets made from 2-liter bottles. (Code 187)

04/26: Mousetrap Cars Part 1: Many products exist that can be improved. Indeed, technological innovation is often the result of improving on the works of others. Automotive engineers have carefully improved such areas as engine design and aerodynamics to achieve better performance and gas mileage. In this problem situation, the power source for a small toy car is a mousetrap. It is a simple idea with lots of room for improvement. Your challenge is to redesign a mousetrap car so that it will travel the greatest distance possible. (Code 513)

05/03: Mousetrap Cars Part 2: Now the time has come to put your design to the test. How far can it roll using only the energy stored from a mousetrap and your clever new high efficiency design? Not rolling as far as you'd like? Well, now you can redesign again, only this time collaborating with other teams to come up with the ultimate distance mousetrap car! (Code 513)

05/10: Kabroom: Players must catapult a marshmallow from a paper plate into a cup using a broom. (Code 548)

05/17: Rapid Fire: Using only their hands, students must shoot rubber bands and knock a pyramid of six soda cans completely off a platform eight feet away. (Code 556)

05/24: Paper Scraper: Students build a tower of index cards that is 10 levels high. Each level consists of two pre-bent cards with a flat card on top. (Code 554) Did you know that cooking is chemistry in action? Students take over the kitchen in this exciting workshop as they use such uncommon cooking ingredients as liquid nitrogen and air pressure, as well as more common cooking techniques to manipulate states of matter.

05/31: Liquid Nitrogen: Liquid Nitrogen is an extremely cold, liquefied gas. It can be used to demonstrate lots of interesting effects from superconductivity to the properties of gases and liquids, and a whole lot more! We use liquid nitrogen to investigate how cold temperatures affect materials. We also discuss the phases of matter and how the Kinetic Theory of Gases models these phases. (Code 11)

06/07: Countertop Chemistry: Students cook pancakes to learn about the states of matter. They use the microwave to change the state of soap and marshmallows. They are also encouraged to pay attention to the chemistry in everyday cooking. Chemistry is the study of matter and its changes and many of the changes that occur in cooking can be considered a form of chemistry. (Code 231)

06/14: Liquid Investigations: A team of explorers has just returned from the planet Oblickus in the galaxy Whermi. They have brought with them samples of substances they are calling Oobleck and Gloop. Students partner together and are part of a team of scientists who have been given the job of investigating the Oobleck and Gloop so that they can describe the substances to the rest of the world. (Code 97)

Performance Theater

Teacher: **David Giesen**
When: Friday, 2pm – 3pm
Location: Gym
Grade: 3 - 5
Language: English
Price: **\$430** (one-time fee for classes on both Friday and Wednesday!)

This year 3rd and 4th grade theater club offers two options. Those who want to perform in a main stage production (one each semester), and get costume, set, and prop-making experience, should choose Performance Theater. Performance Theater meets both Wednesday and Friday because we need the extra rehearsal time to create a showcase experience. Workshop Theater meets only once a week, on Monday. Participants will build acting skills, have fun, and perform short skits or scenes for parents, but not be in the main stage production. Obviously, the difference is time commitment and performance interest. Either way, students get a fine theater experience that builds presentation skills and confidence.

Performance Theater

If you want to be on stage in a big production, this is the choice for you. We meet twice a week on Wednesday and Friday, and for the last half of each semester we're in deep rehearsal for a main stage production. During the first half of the semester we create skits, play theater games to develop acting skills, and build sets and props and costumes!

Commedia Dell' Arte (The Art of Tragedy and Comedy) - New

Teacher: **Jay Levin**
When: Friday, 3pm to 4pm
Location: Library
Grade: 5 - 8
Language: English
Price: **\$265**

Students will study Commedia Dell' Arte. We will prepare by learning about the archetypes that populate Shakespeare's plays, the physical art of stage fighting, speaking tongue twisters such as "blue bugs bleed black blood," and building sets and props. By the end, all performers will "speak the speech trippingly on their tongues" as they present the play to an adoring audience.

Jay Levin, the fifth grade language arts teacher, learned Commedia Dell' Arte while interning with the famed San Francisco Mime Troupe, and taught Shakespeare for the San Francisco Shakespeare Company. He holds an MFA in Playwriting from San Francisco State University, and is the award-winning playwright of "Eye."

String Ensemble

Teacher: **Alejandra Contreras**
When: Friday, 3pm - 4 pm
Location: Music Room
Grade: 1- 8
Language: English
Price: **\$450**

String Ensemble: The string ensemble is offered to any student who has at least 1 year of experience on violin, viola, cello or double bass. This ensemble will focus on teaching the students how to play in a group as well as listening skills. There will be performance opportunities for this group throughout the year.



NEW – LEGO Mindstorms Robotics

Teacher: The Miller Institute for Learning with Technology (www.learningtech.org)
When: Friday, 3pm to 4pm
Location: Class Room 17B
Grade: 5 - 8
Language: English
Price: **New, lower price of \$450 (discounted from \$685)**

Assemble and program an autonomous robot using LEGO Mindstorms. Beginners can start with well-studied examples that include step-by-step “build instructions” and software programs you can download into the robot using its graphical user interface. Build a “floor turtle” that can draw geometric figures or navigate a maze, a robotic “dog” that follows its owner and barks, a marble sorting machine that recognizes colors, or a humanoid “walker” bot. Solve our “Mars Rover” or “Scatter Bots” challenges, as featured at Maker Faire! After building and programming a few of these types of examples, create new robots using your own designs, to solve new challenges, while exploring important ideas in mechanics, computer science and math! "Newbies" can start with the easy, built-in graphical programming environment -- no prior experience is necessary! At the same time, with enough interest, students who are ready for greater challenges will be encouraged to explore, along with our Instructors, how one can add more powerful, text-based programming functionality to these types of robots using the Python language. Robotics can then become a fantastic “problem domain” for learning fundamental computer programming concepts including flow of control, conditionals, loops, and variables.



Private Lessons

Guitar - Private Lessons

Teacher: **Janet Roitsch**
Language: German

Please sign up with Janet Roitsch directly: jroitsch@gais.org

Piano - Private Lessons

Teacher: **Björn Roitsch**
Language: German

Please sign up with Björn Roitsch directly: fbroitsch@gmail.com

Flute – Private/Semi Private Lessons

Teacher: **Amy Nathan**
When: Wednesday, 4pm – 5 pm and/or Thursday 4 pm – 5pm
Language: English

Flute lessons are available for middle school students (grades 5-8) who have elected to play the flute in music class. These lessons serve as a supplement to music class and offer a great opportunity to receive extra help on flute-specific issues. These lessons will be offered to small groups of 2-3 students.

Please sign up with Amy Nathan directly: anathan@gais.org

String - Private Lessons

Teacher: **Alejandra Contreras**
Language: English

Strings lessons are offered to students who wish to learn or continue learning violin, viola, or cello. Lessons will focus on the skills and techniques required for playing string instruments as well as learning pieces. These can be either private or group lessons, depending on enrollment. Lessons are half an hour each.

Please sign up with Alejandra Contreras directly: acontreras@gais.org

English – Private/Semi Private Lessons

Teacher: **Lindsey Greco**
Language: English

Please sign up with Lindsey Greco at lgreco@gais.org

Pricing for Private, Semi private and small group lessons:

Private: 1 hour = \$60
 ½ hour = \$30

Semi Private (2 people): 1 hour = \$40
 ½ hour = \$20

Small group (3+) 1 hour = \$20
 ½ hour = \$10

Private lessons will need to be canceled 24 hours in advance or in case of sickness in the morning in order to avoid charges.

Semi private and small group lessons will be charged at the full price unless the entire lesson gets canceled. This is necessary in order to cover the hourly teaching rate as well as the other expenses.