

Hello everyone,

We are blanketed in snow here at Heartbeet and it recently got to 30 below zero. We are actually thrilled to finally have some real winter! Candlemas has also come and gone and we are imagining the activity taking place below the snow and frozen crust, and beginning to sense the stirrings and preparations for a distant springtime resurrection.

It is with great pleasure that I announce the May 2011 Heartbeet Conference and the culmination of our work with twelve senses.

Please mark your calendars! We will be sending out registration and full agenda information shortly.

Date: May 28-29, 2011 (Memorial Day weekend)

Location: Heartbeet Lifesharing in Hardwick, Vermont, USA

Theme:

**Rising to Freedom Through the
Upper Senses:**
*Hearing, Word, Thought, I of the
Other*

SPEAKERS: Stephen Usher, Katy Baker-Cohen, Gerald Karnow

WORKSHOPS: 1) **The Art of Speech** with Helen Lubin
2) **Eurythmy** with Miriam Karnow

SATURDAY EVENING PERFORMANCE:

The Little Prince

Performed by **Laurie Portocarrero** and

Matthew Dexter

The festival of Offering Service will be held on Sunday morning for those who wish to attend. Lots of conversation, food and fun as usual!

For those of you who hope to attend but live at a distance that requires flying in, please be sure to book your flights well in advance. If you need financial assistance, please contact me at the number below as soon as possible. Any travel assistance that we can provide will be given on a first come first served basis.

Do not hesitate to contact me with questions at 802-472-9573 or raugustina@hotmail.com. Also feel free to forward this email to anyone who you think may be interested!

Warm greetings,
Rachel Schwartz

Suggested pre-reading:

Note: A more complete and specific list will be included with the registration and agenda information to be sent out in the coming weeks. The following is what we have been working with so far and is a great place to begin.

- 1) ***A Living Physiology*** – a book by Karl Koenig
- 2) ***Our Twelve Senses: How Healthy Senses Refresh the Soul*** – a book by Albert Soesman,
Rudolf Steiner Press 3/1/1999

3) *Riddles of the Human Soul* – a book by Rudolf Steiner (1916)

****See Appendix (4-5 pages describing the 12 human senses)****