



# ADVENTURE BOUND

Calling all seventh through twelfth graders! Looking for something exciting to do this summer? Sign up for one of our Adventure Bound programs and get a new sense of adventure.

Adventure Bound incorporates traditional camping with the rugged outdoors. Each trip will begin at the designated summer camp location. Participants will do team building activities on Sunday and prepare for the adventure ahead. Planning meals for the week, packing their equipment and getting ready are all a part of this experience.

This program opportunity is for girls who want a more challenging experience. Please make sure your child is comfortable and confident in the adventure that she chooses.

*\*Girls will arrive back at camp Thursday evening to join all of the campers in the all-camp activity unless otherwise noted.*

## BOATS AND BOOTS

This is a great adventure for girls to try! Come to camp on Sunday; depart on Monday for a two day river trip down the Juniata River. Come back to camp and have a go on our Giant Swing or take a Leap of Faith on our Adventure Course. On Wednesday, get ready to head out onto the Appalachian Trail – the world famous trail that extends from Maine to Georgia. Finish up your week on our High Challenge Course and Zip Line!

*\*Must be a confident swimmer.*

**Dates:** July 7-12  
**Cost:** \$575  
**Grades:** 7th-12th  
**Location:** Camp Small Valley

## SPOKES AND SPLASH

Head up to the Pennsylvania Grand Canyon for this exciting trek! Start it off right with a trip down the Pine Creek Gorge. Take in the natural beauty and view the Bald Eagles. Get onto a bike and check out this “Top 10 Great Bike Tour” trail. Finish off the trip with an incredible hike that offers scenic vistas of Pennsylvania. Come back to camp and enjoy the campfire and relax before heading home on Friday.

*\*Must be a confident swimmer and able to ride a bicycle.*

**Dates:** July 21-26  
**Cost:** \$675  
**Grades:** 7th-12th  
**Location:** Camp Small Valley