
Workshops at The Oak & River Retreat

B. The Workshops

1. Basic Quantum Touch Workshop

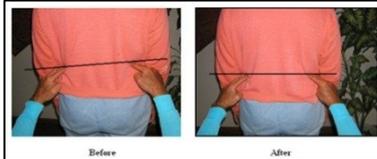
The Basic Quantum Touch Workshop is available at The Oak & River Retreat on a regular basis. QT is a good entry level option for energy healing. It is easy to learn, and immediately applicable.

Once you have learned to use Quantum-Touch, it will be of benefit to you for a lifetime. It is wonderful to know that you have something of such incomparable value with which you can help other people. You can use it for self- healing or at a distance on loved ones who may be far away. Health care professionals find that Quantum-Touch enhances or even transforms their practice.

QT is a perfect fit for someone to start a journey into the field of alternative energy healing.

During the first morning of a Quantum-Touch workshop, students already learn to engage in healing practises with one another. People readily develop a sense of confidence so that they can truly help others, while experienced practitioners find that their skills significantly deepen. **Our natural and innate potential to help others is there for the taking.** Quantum Touch may well be the easiest and most valuable skill you ever learn. As well, it will powerfully enhance the effectiveness of any other hands-on therapies, which you are qualified to practise.

First time students of Quantum-Touch, when working on each other, will typically experience a significant relief of discomfort by the end of a class. Bones seem to automatically align with a



light touch, inflammation reduces and healing accelerates. It may happen that some members of the class will experience an emotional release: tears or laughter. Occasionally the release is dramatic and profound. And healing happens.

At the completion of the workshop, students receive a Certificate of Achievement. They feel confident to go home and use their newly learned healing skills on their family members and friends. New friendships are made and bonding happens to a degree that students may become lifetime friends. A 26-page handout covers all the techniques and provides excellent material for review for practising at home.

Basic Quantum Touch is an entry-level workshop. There are no pre requisites. Richard Gordon's book [Quantum Touch, the Power to Heal](#) is required reading. The book may be read before or after taking the workshop.

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A story

In June 2012, Pam from St Thomas writes:

I left the workshop feeling very confident in my abilities as a Quantum Touch practitioner and I have already put the energy to good work in helping my Mom. She is 87 years old and had hurt her leg while I was away. I sent QT to her from the workshop - she had been in great pain and that really helped her and after I returned home, I went to her house and did QT in person. She said she could feel it healing her and when we were through, she had no pain and felt very steady on her legs. She is really happy with this and thinks this is excellent work. I am very pleased that I could help her so quickly and easily.