



LENT is an awesome time when we can share the notions of prayer, fasting and giving. This lent consider taking time as a family each day to offer devotional prayers and sacrifices and help others in need by giving of your time and resources. Check out some of the following family friendly websites that offer activities and daily prayer to get your family started on the coolest ever faith filled Lenten journey!

Parent Website:

3-Minute Retreat: Reflections and Prayers:

<http://www.loyolapress.com/3-minute-retreats-daily-online-prayer.htm>

Children Websites:

Catholic Mom Lenten Activities and Prayers:

<http://catholicmom.com/kids/lenten-activities-for-children/>

Holy Hero's Free Children's Lenten Adventures:

<http://www.holyheroes.com/Holy-Heroes-Lenten-Adventure-s/37.htm>

Children Lenten activities and free coloring sheets: <http://www.roman-catholic-catechism.com/lent-activities-for-children.html>