



Step-Parenting

(Note: Birth To Three does not endorse or recommend any of this information, but is providing it as a starting point for your own search for resources.)

A Blended Holiday Family

http://www.huffingtonpost.com/kelly-seal/a-blended-family-holiday-b_1152546.html?ref=divorce

Excerpt: The cheer of the holiday season -- the music, the food, the decorations -- comes with a lot of stress, especially if you're hosting your friends or extended family. But if you're like me, part of a blended family with step kids, exes and the rest? Forget it. The stress can feel almost crippling at times.

How to Bond with Stepchildren and Deal with Stepfamily Problems

http://www.helpguide.org/mental/blended_families_stepfamilies.htm

Excerpt: Stepfamilies, also known as blended families, are more of a norm now than ever, with 65% of remarriages including children from previous relationships. When families “blend” to create stepfamilies, though, things rarely progress smoothly.

Step-Parenting Resources

<http://www.med.umich.edu/yourchild/topics/steppar.htm>

Topics: What do we need to know as we blend our families? How can we succeed as a stepfamily?; How can we help our children adjust?; What are some recommended books on step families?; What are some other sources of information and support for stepparents?

Stepparenting

<http://life.familyeducation.com/stepfamilies/divorce/39563.html>

Topics: Strategies for Stepparents; Stepparents and Discipline; Stepchildren; Communicating and Bonding with Stepchildren; Combining Families; The Ex and Extended Family; Making a Happy Home; Holidays and Special Events; Legal Aspects of Stepparenting; Expert Advice; More Resources

Step-Parenting Tips for the New Blended Family

<http://www.sheknows.com/parenting/articles/4584/checklist-offers-tips-for-stepparents>

Excerpt: "Blending a family is hard work," said Charlotte Shoup Olsen, Kansas State University Research and Extension family systems specialist. "Stepfamily relationships can be successful, but should not be entered into lightly," she said.

Avoiding Step-Parenting Minefields

<http://www.sheknows.com/parenting/articles/813667/5-things-a-step-parent-should-never-do-1>

Excerpt: When you marry someone with kids, everyone talks about the built-in family. What they don't mention, though, is the fact that it comes with an array of challenges. Chances are that the road to having good, positive, happy relationships with your step-children will be paved with a few minefields.

Moving Between Two Households:

<http://www.stepparenting.com/mbth.html>

Excerpt: "Where do I belong?" is a common question for children traveling between two households. In divorce and stepfamilies transitions can be difficult for all.

Raising Someone Else's Children:

<http://parenting4dummies.com/step-parenting.html>

Excerpt: It is very difficult to talk about step parenting in general because there are so many different situations in which you can find yourself in the role of a step parent.

Advice for Step-Parents

<http://www.sheknows.com/parenting/articles/813669/what-you-need-to-know-about-raising-stepchildren-1>

Excerpt: Raising stepchildren is a multifaceted endeavor. It's a gift in that you become part of an amazing person's life. It's a challenge in that you must learn to navigate new and uncertain territory.