

NSAA Adult Ski Lessons - 2011/2012 Season

Junior Nordic Parent Ski Lessons

Description:	Lessons designed with junior Nordic parents in mind. Meet the same time and location as your Jr. Nordic child. Have fun			
Cost:	\$75 NSAA Members - \$85 Non-members			
Days of Instruction:	3			
Hours of Instruction:	3.5			
Class Size:	Min 6 - Max 10			
Class Offerings:				
JNP1	Kincaid	Skate	M/W 6:30-7:30 & Sat 10:15-11:45	Nov 28, Nov 30, Dec 3
JNP2	Hillside	Skate	M/W 6:30-7:30 & Sat 10:15-11:45	Dec 5, Dec 7, Dec 10
JNP3	Russian Jack	Classic	M/W 6:30-7:30 & Sat 10:00-11:30	Dec 12, Dec 14, Dec 17
JNP4	Kincaid	Classic	M/W 6:30-7:30 & Sat 10:00-11:30	Jan 2, Jan 4, Jan 7
JNP5	Hillside	Classic	Tu/Th 6:30-7:30 & Sat 10:15-11:45	Jan 17, Jan 19, Jan 21
JNP6	Russian Jack	Skate	T/Th 6:30-7:30 & Sat 10:00-11:30	Jan 24, Jan 26, Jan 28
JNP7	Kincaid	Skate	T/Th 6:30-7:30 & Sat 10:00-11:30	Feb 7, Feb 9, Feb 11
JNP8	Hillside	Skate	T/Th 6:30-7:30 & Sat 10:00-11:30	Feb 14, Feb 16, Feb 18
JNP9	Russian Jack	Skate	M/W 6:30-7:30 & Sat 10:00-11:30	Feb 27, Feb 29, Mar 3

Beginner Ski Lessons

Description:	Great way to start your skiing adventures. Learn to ski from the pros! Develop skills in a class tailored to your skill level.			
Cost:	\$100 NSAA Members - \$110 Non-members			
Days of Instruction:	4			
Hours of Instruction:	6			
Class Size:	Min 6 - Max 10			
Class Offerings:				
REI1	REI (12/6) + Kincaid Trails	Classic	Tu/Th 6:30-8:00pm	Dec 6, Dec 8, Dec 13, Dec 15
REI2	REI (1/2) + Hillside Trails	Skate	Tu/Th 6:30-8:00pm	Jan 3, Jan 5, Jan 10, Jan 12
REI3	REI (2/7) + Kincaid Trails	Classic	M/W 6:30-8:00pm	Feb 6, Feb 8, Feb 13, Feb 15
REI4	REI (3/5) + Hillside Trails	Skate	M/W 6:30-8:00pm	Mar 5, Mar 7, Mar 12, Mar 14

"Get Your Tour On" Lessons

Description:	Time to get ready for the Tour of Anchorage. Six weeks of instructions to get you in the best possible condition for the			
Cost:	\$200 NSAA Members - \$210 Non-members			
Days of Instruction:	6			
Hours of Instruction:	12			
Class Size:	Min 6 - Max 10	Max 10		
Class Offerings:				
Tour1	Hillside	Beginning Skate	Sunday 2:00-4:00pm	Jan 22, Jan 29, Feb 5, Feb 12, Feb 19, Feb 26
Tour2	Hillside	Advanced Skate	Saturday 2:00-4:00pm	Jan 21, Jan 28, Feb 4, Feb 11, Feb 18, Feb 25

Alaska Ski for Women Prep

Description:	Quick tune-up before the Alaska Ski for Women. Ski the course with a pro.			
Cost:	\$25 NSAA Members - \$30 Non-members			
Days of Instruction:	1			
Hours of Instruction:	1.5			
Class Size:	Min 6 - Max 10			
Class Offerings:				
SFW1	Kincaid	Skate	Friday 6:30-8:00pm	Jan 20
SFW2	Kincaid	Classic	Friday 6:30-8:00pm	Jan 20
SFW3	Kincaid	Skate	Friday 6:30-8:00pm	Jan 27
SFW4	Kincaid	Classic	Friday 6:30-8:00pm	Jan 27

Tour Sneak Preview

Description:	Want a sneak peak at the Tour start and finish? Want some instruction but just can't commit to multi-week classes? These one time lunch time classes are just the ticket.			
Cost:	\$25 NSAA Members - \$30 Non-members			
Days of Instruction:	1			
Hours of Instruction:	1.5			
Class Size:	Min 6 - Max 10			
TSP1	Kincaid	Skate	Monday 12:00-1:30pm	Finish
TSP2	Hillside	Skate	Thursday 12:00-1:30pm	Feb 23 - Sneak Preview 40/50K Tour Start
TSP3	APU	Skate	Thursday 12:00-1:30pm	Mar 1 - Sneak Preview 25K Tour Start

One Shot Ski Lessons

Description:	Does your technique need a shot in the arm? Need to fine-turn your V2? Special Friday lunch series. Go ahead			
Cost:	\$25 NSAA Members - \$30 Non-members			
Days of Instruction:	1			
Hours of Instruction:	1.5			
Class Size:	Min 6 - Max 10			
Class Offerings:				
One1	Hillside - Hilltop Chalet	Skate & Classic Groups	Friday 12:00-1:30pm	Dec 16
One2	Hillside - Hilltop Chalet	Skate & Classic Groups	Friday 12:00-1:30pm	Dec 30
One3	Hillside - Hilltop Chalet	Skate & Classic Groups	Friday 12:00-1:30pm	Jan 6
One4	Hillside - Hilltop Chalet	Skate & Classic Groups	Friday 12:00-1:30pm	Jan 13
One5	Hillside - Hilltop Chalet	Skate & Classic Groups	Friday 12:00-1:30pm	Feb 3
One6	Hillside - Hilltop Chalet	Skate & Classic Groups	Friday 12:00-1:30pm	Feb 10
One7	Hillside - Hilltop Chalet	Skate & Classic Groups	Friday 12:00-1:30pm	Feb 17
One8	Hillside - Hilltop Chalet	Skate & Classic Groups	Friday 12:00-1:30pm	Feb 24
One9	Hillside - Hilltop Chalet	Skate & Classic Groups	Friday 12:00-1:30pm	Mar 2
One10	Hillside - Hilltop Chalet	Skate & Classic Groups	Friday 12:00-1:30pm	Mar 9
One11	Hillside - Hilltop Chalet	Skate & Classic Groups	Friday 12:00-1:30pm	Mar 16
One12	Hillside - Hilltop Chalet	Skate & Classic Groups	Friday 12:00-1:30pm	Mar 23
One13	Hillside - Hilltop Chalet	Skate & Classic Groups	Friday 12:00-1:30pm	Mar 30

Private Cross Country Ski Lessons

Description:	What you need on your schedule. Get one-on-one instruction from a Pro!			
Cost:	\$50 Per Individual/ \$80 for Two			
Days of Instruction:	1			
Hours of Instruction:	1.5			
Class Offerings:				
Priv1	TBD	Private Instruction for one		
Priv2	TBD	Private Instruction for two		