

HEAL IT NATURALLY TASTESHOP

HIGH BLOOD PRESSURE & KIDNEY PROBLEMS

WITH DR. KEEFA LORRAINE WEATHERSPOON, N.D.

SUBJECTS COVERED INCLUDE:

- WARNING SIGNS
- RISK FACTORS
- NATURAL METHODS TO REGAIN AND MAINTAIN HEALTHY BLOOD PRESSURE LEVELS AND KIDNEYS
- FOODS THAT SUPPORT HEALTHY BLOOD PRESSURE AND KIDNEYS
- HEALING HERBS
- RELAX AND UNWIND

SATURDAY JANUARY 14th, 2012

4 to 6 p.m.

SANKOFA HOUSE LEARNING CENTER

658 W. GOLDENGATE ST., DETROIT, MI 48203

(4 Blocks South of 7 Mile Rd., West of Woodward Ave.)

COST: \$50

FOR INFORMATION AND REGISTRATION CALL

313.366.5250 or 1.800.366.5250

www.SanKofaHouse.net

Sponsored by:

THE SPIRIT OF WELLNESS & SANKOFA LIFE NETWORK

