

YOU CAN REBUILD YOUR BODY

5-STEPS TO BETTER HEALTH

WITH DR. KEEFA LORRAINE WEATHERSPOON, N.D.

SUBJECTS COVERED INCLUDE:

- The Cause of Dis-ease
- Physician Heal Thyself: How to Rebuild the Body, One System at a Time
- The Power of Words, The Mind-Body Connection and The Map of Consciousness
- How to Create an Alkaline Blood Stream
- Acid and Alkaline Food Groups
- Your Teeth's Body Language
- The Principle of Balance: Shopping for Health
- Digestive and Elimination Health
- 10 Reasons to Throw-out the Microwave Oven
- The Effects of Chronic Dehydration: 46 Reasons Why Your Body Needs Water Everyday

MONDAYS, BEGINNING JANUARY 9, 2012

12:00 noon to 2:00 p.m.

SANKOFA HOUSE LEARNING CENTER

658 W. GOLDENGATE, DETROIT MI 48203

- 4 BLOCKS SOUTH OF 7 MILE RD – WEST OF WOODWARD -

COST: \$50 per Week

FOR INFORMATION AND REGISTRATION CALL

313.366.5250 or 1.800.366.5250

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