FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA WATER SAFETY PROGRAM

2011 YMCA Water Safety Program

Announcing YMCA Water Safety Program!

Throughout 2011, the Minneapolis and St. Paul YMCA's will be offering FREE water safety lessons for kids ages 5-14 thanks to the very generous donation from Hawkins Inc., which provides water treatment supplies for YMCA pools and Abbey's Hope Charitable Foundation, a child safety advocacy organization that works to safeguard kids against preventable water-based injuries and to educate parents about water safety programs. (*www.abbeyshope.org*).

Who Can Participate?
Children ages 5-14 who don't know how to swim and are not currently being served in an aquatic program.

How Much Does the Program Cost?
This program is provided FREE of charge thanks to the generosity of the program sponsors.

What Will Be Offered?
The YMCA offers Five 40-minute water safety sessions. The main focus of the lessons is simple: we want to educate youth on how to stay safe around water. These are not traditional or comprehensive "swim lessons." Rather, during these classes your child will learn how to be safe around lakes, pools, rivers and streams. They will learn personal water safety techniques, as well as what to do if they see someone else needing help around water.

Who Will Teach?
The sessions will be led by YMCA-certified aquatics instructors in our safe, lifeguarded YMCA pools.

When and Where will the Lessons be Offered?
At Midway Family YMCA, 1761 University Ave, W, St. Paul, MN 55104
Classes will be held during regular Gym time from Dec. 5 – 16, 2011

What do you need for our group to register?
Once the dates for your water safety program as set we will ask you to have each participate fill out a registration form and bring it with on the first day of program. We have them available in English, Spanish, and Hmong.

Who Do I Call for More Information?
Please contact Sam Blue at 651-259-6185 or sam.blue@ymcastpaul.org for more information.

THANK YOU SPONSORS

abbey's HOPE
KEEP KIDS SAFE

HAWKINS