



Photography

The following rules apply to all photo exhibit entries:

A. This event is open to ALL 4-H members ages 8 to 18. It is not limited to just those enrolled in the 4-H photography project.

B. **Members will be limited to entering two photos. Please select your best ones.**

C. Entries can be black and white or color. Prints must be no larger than 9" x 12". Photographs must be mounted, preferably matted and framed.

D. Photos must have been taken after June 2, 2012

E. Entries must be labeled on the back with:

- Exhibitor's name, age, address, county, and with a short identifying caption.
- Equipment used: type of camera, flash, filters, (Digital Photos will be accepted)
- Type of processing-Commercially printed or otherwise
- Any enhancements made

F. Members can enter photographs in the following categories:

1. New Hampshire at its Best
2. 4-H at its Best/4-H Promotion
3. Open Category (for juniors & seniors)

G. **Photography must be turned into the Extension office by March 1st for judging.**

H. Members 12 and older must fill out the enclosed "[2013 4-H Photography Exhibit](#)" form and attach to the back of your photo.

The top three photo entries from participants age 12 or older will be displayed at State Activities Day.

4-H Day

March 30, 2013

Walpole Elementary School, Walpole, NH

4-H Day is a chance for all 4-H members to showcase their communication skills. It also serves as the selection process for members ages 12 and older to go on to State Activities Day and for senior horse members to compete for a spot on the state horse communications team which competes at the New England and Louisville, KY contests.

The following is a list of activities that a 4-H'er may participate in at 4-H Day. Activities that serve as a selection for participation at State Activities Day on June 1, 2013 are indicated with an arrow. In order to manage scheduling, members may only enter two of activities 2 thru 6.

1. Cloverbud Show and Tell
- 2. Demonstration or Illustrated Talk
- 3. Public Speaking
- 4. Action Exhibit
- 5. Fashion Judging
- 6. Fashion Selections
7. Poster Contest
8. Table Top Exhibits
9. Photography Contest



ALL entry forms and ALL posters and photos being entered are due in the 4-H office on or before March 1, 2013.

A description of each activity is in this booklet. Score sheets for all of the activities and information to help members prepare for most of them are available from the 4-H office.

NH 4-H State Activities Day will be held at UNH's Memorial Union Building in Durham (tentative location) on June 1, 2013.

Improve your presentation skills by reviewing the score sheets the judges will be using at the event. <http://extension.unh.edu/4h/4HSAD.htm>

All events except public speaking, clothing and photography can be done as a team. Team presentations that want to go on to state must include only members 12 and older. If a senior (age 14+) is a team member, the team will compete in the senior division. If all team members are 12 or 13, they will compete in the junior division. Invitations to state will be given out at the awards presentation and are due back in the 4-H Office no later than April 5th.

We need volunteers to make this day successful. Tasks include judging, room management, set up/clean up and are described in the back of the booklet. We encourage each participating club to provide some helpers. Please call and let us know how you can help. We will also be looking for adults to serve as judges at the state event and youth to serve as room chairs. If you would like to help with this please let us know.

Exhibits done at 4-H Day should be saved for the fair. They may be converted to building exhibits or members may do their live presentations on the Youth Showcase Stage at the fair.



Cloverbud Show and Tell

Cloverbud members (age 5 to 7) may participate by entering a poster, a photograph, or a tabletop exhibit of something they have learned, or do a show and tell about what they have learned.

The tabletop exhibit should include the cloverbud's name, club and the topic. It should include pictures, drawings or props to explain the topic being shown. In show and tell, the member should have a poster or props to help tell the story about the topic. The member should introduce him/herself with name and club and then explain the topic chosen.

* Participation ribbons are given to Cloverbud entrants.

Posters

Anyone currently enrolled in 4-H can enter in the poster contest. Following are the rules for the poster art contest. Also see the enclosed sheet "NH 4-H State and County Poster Contest Rules & Entry Form".

- A. Posters must be made on standard poster board measuring 14" x 22" (no larger, no smaller). They may be horizontal or vertical.
- B. Members can enter posters in the following categories:

- ❖ 4-H Citizenship
- ❖ 4-H Science
- ❖ 4-H Healthy Living
- ❖ 4-H Promotion



- C. Posters may be done in watercolor, ink, crayon, acrylic, charcoal, oils or collage. Three dimensional posters are allowed but no more than 1/4" high. The finished poster must be able to lay flat in a pile. Word processed lettering and computer generated graphics acceptable.
- D. Posters cannot incorporate copyrighted material such as cartoon characters, "Peanuts" or "Garfield" and must follow proper guidelines for use of the clover. Contact us for info.
- E. 4-H member's name, age, club, and full address should be on the back in the upper left hand corner. Members 12 and older must fill out the enclosed "[2013 4-H Poster Exhibit](#)" form and attach to the back of your poster.
- F. Posters must have been created after June 2, 2012.
- G. **Posters must be turned in to the Extension office by March 1 for judging.**

[Click here](#) to see more examples of winning posters also check out "[Tips for Making a Poster](#)".

☆Use of the official 4-H clover (any clover with H's on the leaves) must be used in accordance with rules governing the emblem. Call the office for details.

The top three poster entries from participants age 12 or older will be displayed at State Activities Day.

Fashion Judging

- A. Open to all 4-Hers enrolled in the clothing project.
 - B. All garments must have been made by the 4-H'er in their sewing project.
 - C. Fashion Judging date will be determined based on number of entries and will take place in late March. If you have a garment to be judged you must sign up by February 29th.
 - D. The modeling section will be done as part of Fashion Selections. (See Fashion Selections)
- ✂ Two top advanced garments may go on to state judging. In addition, six members 12 years or older, at intermediate level or beyond, may participate in the state Fashion Revue if their garments receive acceptable scores.

Fashion Selections

This event is a chance for members to display their clothes sense, creativity, speaking and writing ability, and stage presence.



- A. Any 4-H'er may participate.
- B. Any favorite outfit the 4-H member has made, or purchased garments (less than \$50) may be used.
- C. This is a presentation and members are expected to use accessories and props to "set the stage" for their outfit.
- D. Member must write a script describing outfit, why it was chosen and when it is used. The script should be active and exciting and is part of the score. Plan on enough script to cover 30 seconds to one minute on stage. Member may speak his/her own script as they are on stage using a cordless mike.
- E. Member will model outfit and be judged on poise, appearance, fit and coordination of outfit, modeling, communication skills and use of props and accessories.
- F. Bring and use your own music for your presentation.

✂ **Three youth age 12 and older can be selected to go on to state.**

Demonstration or Illustrated Talk

A Demonstration is **know** how, **show** how, **tell** how. Explain what you are doing while you are doing it. 4-H members may compete as an individual or in teams of two members.

A Demonstration has three parts:

- A. **Introduction** or interest getter (with title poster).
- B. **Body of Demonstration** which is the show and tell part. This includes what is needed, how to do it, and why to do it this way. (Need 1-5 procedure posters and materials to accompany them.)
- C. **Summary** of important points, questions and answers at the end.

Live dogs or small pets (which must be in cages) may be used, no **LIVESTOCK (this includes: poultry, sheep, goats, dairy, swine, beef, horse)** Any mammals used must have been vaccinated for rabies. The member is responsible for having someone with the animal all the time. Cleaning up after the animal is your responsibility.

NOTE: Live animals used as part of Action Exhibits or Demonstrations, must meet all New Hampshire 4-H Health Regulations expected of those who participate in shows, including current rabies vaccinations. Live animals are not allowed inside at State Activities Day. Demonstrations or Action Exhibits containing live animals will be conducted outside. Live animals may not be accepted at Eastern States Exposition.

An Illustrated Talk is like a demonstration, except instead of working on something while speaking; you just talk and use a variety of visuals (pictures, posters, sample items) to help you teach about the topic.

Time Frame:	Juniors	under 12	1 - 5 minutes
	Intermediates	12 & 13	3 - 8 minutes
	Seniors	14 - 19	5 - 10 minutes

→ Intermediates and seniors are eligible for state.

Invitations to Eastern States Exposition go to top demonstrations at State Activities Day which the judges feel can be easily converted to an action exhibits. The highest scoring individual and team horse demonstrations at State Activities Day are chosen to compete at Louisville in November.

Public Speaking

A Speech can be in any topic area. The speech should have an introduction, main body and a summary. No props or visuals are used; you use your voice and expressions to help pass on your message.

Top intermediate and senior speeches are chosen to go to State Activities Day. The highest scoring horse speech from State Activities Day is chosen to compete at Louisville in November.

Time Frame	Juniors	under 12	1 - 5 minutes
	Intermediates	12 & 13	3 - 8 minutes
	Seniors	14 - 19	5 - 10 minutes

Action Exhibits

An Action Exhibit is a display that comes ALIVE. You, or you and your partners, are showing others how to do something. Exhibitors work behind a table and talk with people as they go by, answering any questions and explaining what they are doing. An Action Exhibit is ongoing for 30 minutes. (There should be one to three 4-H members per action exhibit.)

*At State Activities Day
Action Exhibits are to be
performed for 50 minutes.*

*Action Exhibits receiving
rosettes will receive
invitations to Eastern
States.*

Examples of Action Exhibits - A group showing all the steps in making a pie, from making the pie crust to preparing the filling. In completing this exhibit one might hand out recipes and small samples. An action exhibit needs a catchy title and should focus on one major goal.

Here are some hints to help you get started with an action exhibit:

- Choose a topic** - what have you done or learned that you would like to show others?
- Choose your action** - what continuous action steps can be used?
- Choose a title** - your title should be short and catchy.

All of your visuals should be on view at all times. They should include a title poster with your name(s) listed.

Table Top Exhibits

A Table Top exhibit is a display that teaches about something that you have learned, or may tell about something you have done. Any member may enter a table top exhibit.

- The exhibit will need to fit on a table up to 4 feet long. It is similar to an educational exhibit at the fair. Foods may be exhibited here as long as you explain what you have done. The same goes for craft exhibits.
- Display should teach or inform about something. Visual aids or prop should be included.
- May be done individually or in teams of two.
- There will be divisions for juniors and seniors
- You can be present during judging.
- Exhibits **must** include name, club and age.



Remember

- Table Top Exhibits from 4-H Day make great educational exhibits for the fair. **Visuals aids and props are required** for a Table Top to be converted to an educational exhibit at the fair. Otherwise, it will be judged as an educational poster.
- It's also very easy to convert your Demonstration or Action Exhibit to a great educational exhibit for the fair.
- Members 12 and older entering a photo or poster in 4-H Day must** fill out the enclosed "2012 4-H Photography Exhibit" or "2013 4-H Poster" form and attach to the back of your photo or poster.
- Firearms may not be included in any presentation at 4-H Day or State Activities Day. For presentations related to firearms members must use a model or photo.**

Help us make this day a great experience for our 4-Hers. We need help for the following tasks. Please call 352-4550 if you would like to help out.

Fashion Show/Awards

Help decorate the stage and organize and narrate the stage activities. Assist with awards presentations. One to two people needed.

Poster & Photography

Set up posters and photography. Photos are laid out on the desks or tables in the assigned room. Posters are attached to the wall with poster putty. The name card is set beside the poster or photo with the ribbon hanging off the top corner. State winners are mounted in the awards room along with the state winner certificates. Score sheets are to be placed on the registration table for participants to pick up. At end of event, take down the posters/ photos that have not been claimed. Place the winning photos/ posters in the state exhibit bag. Place everything else back in the committee bag.

Action Exhibits

Help the action exhibitors and judges during this event. Exhibitors are shown where to set up, judges are given their clipboards with score sheets. The sessions are timed with judges informed when there are only 5 minutes left. When the event is done, the room is cleaned up and put back in order.

Registration

Provide information for arriving people, giving programs and directions to the various activities. One to two people needed from 8:15 a.m. to 10:00 a.m.

Public Speaking

Manage the public speaking room, helping the exhibitors set up, watching the door and assisting judges. One person needed from 10:00 to about 11:30 a.m.

Demonstrations

Manage the demonstration rooms, helping exhibitors set up, introducing the demonstrators, watching the door and assisting the judges. One person for each room is needed from 8:45 a.m. to about 10:30 a.m. Room people may split shifts but rooms may not be left unattended.

Table Top Exhibits

Manage the tabletop exhibit rooms, helping exhibitors set up and assisting the judges. One to two people are needed from 8:45 a.m. to about 11 a.m. Room people may split shifts but rooms may not be left unattended. Also, people needed to clean up the room after the awards ceremony.