

Discover a day of adventure along the BOHEMIAN HIGHWAY

One of the most scenic drives to be found anywhere in California. This special 10 mile roadway winds through towering redwoods, gorgeous pastures, rocky ravines, and three charming townships forgotten by time: Freestone, Occidental and Monte Rio. Buffered from the extremes of the marine fog and inland heat, this corridor is a gem of benign climate and was one of the very first areas to be settled in the entire region.

Today, a Mecca for artists, back to the landers and nature lovers, this special region has attracted a soulful community with a milieu all its own. Here you will find organic farms and wineries, specialty nurseries, and all kinds of innovative shops and restaurants. It's also a gateway to superb hiking, biking and paddling.



A high adventure
that's green, family-friendly,
and just plain fun!



Nestled off the coast of Northern California and deep in the Redwood forest, **Sonoma Canopy Tours** is high adventure and completely unlike anything you've ever experienced. Come enjoy a two-and-a-half hour guided tour that includes 7 ziplines, 2 sky bridges, a majestic spiral staircase, an 80 foot rappel, and the unparalleled beauty of the world famous California Coastal Redwoods.

The Adventure Begins

You will be transported from our parking lot to the Welcome Center in one of our electric vehicles. When you meet our pilots, they'll outfit you for an unforgettable experience that you never imagined. As you soar tree to tree, you will witness panoramic forest views to thrillingly deep ravines, it's an adrenaline rush like no other. Get up close and personal with some of the tallest, and oldest, living things you'll ever meet (including Walter, the oldest tree on the grounds). One thing is certain: you'll end your tour with a deeper appreciation for the forest and for our planet.

Sonoma Canopy Tours

6250 Bohemian Highway, Occidental
(888) 4-ZIP-TOUR / www.sonomacanopytours.com



ACCOMMODATIONS

Highland Dell Lodge

Offering well appointed lodging, and a fine gourmet restaurant, complete with a full service bar. A variety of exciting activities are available within easy reach. Come join us and be pampered by our warm and friendly staff.
21050 River Boulevard
Monte Rio • (707) 865-2300
www.highlanddell.com

Village Inn & Restaurant

Located along the banks of the Russian River, with spectacular views of the river and majestic redwoods. A perfect spot for your Russian River Getaway, or to enjoy a delicious afternoon aperitif, drinks and dinner.
20822 River Boulevard
Monte Rio • (707) 865-2304
www.villageinn-ca.com

BREWERIES

Barley and Hops Tavern

Barley and Hops Tavern, serving hand crafted brews from around the world, and 100% from scratch pub grub, focusing on cooking with beer, pub favorites, vegan options, and great prices. Live music on weekends! A great stop along your Bohemian Highway journey.
3688 Bohemian Hwy
Occidental • 707-874-9037
www.barleyandhops.com

RESTAURANTS

Howard's Cafe

Offering visitors and residents some of the best breakfast and lunch fare found anywhere in California. Make sure to try Howard's famous cinnamon rolls, delicious muffins, flaky scones, or fresh fruit turnovers.
3611 Main Street
Occidental • (707) 874-2838
www.howardscafe.com

SPAS

Osmosis Day Spa Sanctuary

A relaxing and rejuvenating natural-heat treatment from Japan. Includes tea and blanket wrap. Massage available. A little more copy can go here to talk about their spa and treatments.
209 Bohemian Highway
Freestone • (707) 823-8231
www.osmosis.com

WINE TASTING

Sophie's Cellars

An outstanding collection of limited production Sonoma wines, specializing in Pinot Noir, Zinfandel, Champagne and Sparkling Wines. A huge selection of artisan cheeses, ales, fresh baked breads and pies, chocolates, oils and vinegars.
20293 Highway 116
Monte Rio • (707) 865-1122
www.sophiescellars.com