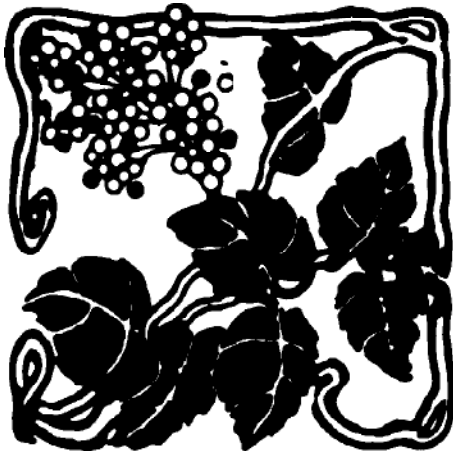


This workshop will help you . . .

- Learn how you as a leader can influence the health of your congregation — how to detect and avoid unhealthy patterns of living together in community.
- Learn how to keep anxiety from becoming infectious.
- Gain confidence in responding to challenges and opportunities.
- Learn how to put limits on invasive behavior, manage reactivity, and overcome sabotage.
- Discover how leaders can function as the congregation's immune system.
- Learn to focus on strengths, resources, options, and the future.



“...So we, though many, are one body in Christ, and individually members one of another.” (Romans 12:5)

About the Workshop:

The *Healthy Congregations* workshop uses the insights of family systems theory to help church leaders become more effective stewards of their congregations. The workshop was originally created by Dr. Peter Steinke and is based on the work of Dr. Murray Bowen. The specific workshop design for this event was developed by the Lombard Mennonite Peace Center.

Since the publication of *Generation to Generation* by Dr. Edwin Friedman, many pastors have come to recognize the importance of understanding family systems theory as it relates to congregations. The *Healthy Congregations* workshop helps both clergy and lay leaders expand their insight into how churches function as emotional systems.

Friedman noted that in many congregations today negative, reactive forces are allowed to set the agenda for the church. What can be done to prevent anxiety from becoming a toxic force in your congregation? The *Healthy Congregations* workshop is designed to equip leaders to respond to the presence or potential threat of anxiety in a congregational system in ways that prevent destructive conflict and help the church stay focused on its unique mission and purpose.

Lombard Mennonite Peace Center

LMPC offers a variety of leadership training programs for those interested in building upon their learnings from *Healthy Congregations*:

Mediation Skills Training Institute

Here I Stand: Leading Change Through Self-Differentiation

Clergy Clinic in Family Emotional Process

Advanced Clergy Clinic in Family Emotional Process

For further information, phone LMPC at 630-627-0507 or visit LMPC online (www.LMPeaceCenter.org).

Healthy Congregations



June 11, 2011

Saturday: 9:00 a.m. to 4:30 p.m.

Zion United Church of Christ

1811 McFarland Road
Junction City, KS 66441
(785) 238-5732

Presented by: Rev. Dave Moore

Who Will Benefit:

- Pastors, church staff, Church Council, Session, Personnel Committee and Pastoral Relations Committee members, all congregation members and leaders.
- Anyone interested in enhancing their capacity to manage self in a non-anxious and responsible way, whether in the church, the home, the workplace, or the community.

Workshop Location:

1811 Mc Farland Road
Junction City, KS 66441
(785) 238-5732

Workshop Leader:

Dave Moore, M.Div, is the pastor of New Summit Church, and works with congregations and leaders in church planting, church transformation, church health and growth, and conflict mediation.

He received training from the Lombard Mennonite Peace Center to serve as a **Healthy Congregations** workshop facilitator.

Registration Fee:

The registration fee is \$18 per person and includes the workshop, manual and lunch.

Registration may be submitted by mailing the form to Zion United Church of Christ by June 1, 2011.

For further information, phone ((785) 238-5732) or email (storyweaver@msn.com).

Workshop Schedule

Saturday, June 11, 2011:

- 8:30-9:00 Registration
- 9:00-10:30 *What is Systems Thinking?*
Video Case Study: "The Anxious Congregation/The Responsible Congregation"
- 10:30-10:45 Break
- 10:45-12:00 *Healthy Congregations Respond to Anxiety*
Healthy Congregations Invite Differentiation of Self
- 12:00-1:00 Lunch (on-site—included in registration)
- 1:00-2:30 *Healthy Congregations Focus on Strength*
Healthy Congregations Manage Conflict
- 2:30-2:45 Break
- 2:45-4:30 *In Healthy Congregations, Leaders Promote Health Through Their Presence and Functioning*
Planning For a Healthier Congregation

Registration Form

To register, clip this form and mail with full payment to:

Zion United Church of Christ
1811 Mc Farland Road
Junction City, KS 66441

Make your check payable to:
Zion United Church of Christ

Name (s) _____

Address _____

City _____

State _____ Zip _____

Phone _____

_____ Register me for the **Healthy Congregations** workshop. I've enclosed \$18 per person (manual and lunch).

