

Women Writing for (a) Change Programs

Summer/Fall
2013

Core Classes

Our 8 and 15 week Core courses are offered throughout the year. The featured focus is writing in and building a community. Writers are encouraged to explore their own writing styles. Writers request the type of feedback they want, based on their motivation and intentions. The process creates a safe space for individuals to develop their own voices and offers opportunities for their words to be heard and honored without judgment.

Summer Term – 8-week courses - \$249

No Classes on July 2, 3, & 4

Tuesdays, June 4-July 30, 10am-12:30pm – Sally Schneider

Wednesdays, June 5-July 31, 7-9:30pm – Diane Debevec

Thursdays, June 6-Aug. 1, 10am-12:30pm – Phebe Beiser

Fall Term – 15-week courses - \$475

Mondays, Sept. 9-Dec. 16, 7-9:30pm – Sally Schneider

Wednesdays, Sept 4-Dec. 18, 7-9:30pm – Diane Debevec

Fall Term I – 8-week courses - \$249

Tuesdays, Aug. 27-Oct. 15, 10am-12:30pm – Sally Schneider

Thursdays, Aug. 29-Oct. 17, 10am-12:30pm – Phebe Beiser

Fall Term II – 8-week courses - \$249

Tuesdays, Oct. 29-Dec. 17, 10am-12:30pm – Sally Schneider

Thursdays, Oct. 24-Dec. 19, 10am-12:30pm – Phebe Beiser

FREE Core Class Sampler

Facilitator: Phebe Beiser

Saturday, August 17, 11am-12:30pm

Join us for a FREE Sampler, designed to introduce new participants to a sampling of our Core class before committing to an 8 or 15-week course. Join us now for FREE!

Retreats

Summer Writing Retreat for Women - \$630

Facilitator: Mary Ann Jansen

July 14-20, 2013

Join facilitator Mary Ann Jansen for a spacious week of writing and renewal in lovely Oldenburg, Indiana. Our week will follow a pattern of structured and free time, alone and together, with mornings for individual writing, afternoons for small groups and evenings for large group activities and readings. We will allow ample space for writing, walking, dreaming, and resting. This is an opportunity to go deep with a project, or to start something you've been imagining anew.

Conscious Feminine Leadership Academy

Formerly known as the Feminist Leadership Academy (FLA), the Conscious Feminine Leadership Academy (CFLA) has returned to WWf(a)C. Two week long retreats will be led by Mary Pierce Brosmer, at Grailville, June 14 - 21st and July 19- 26th. A 3rd retreat for those interested in opening an affiliate site in another city will be held in August. For more information, contact us at 513-272-1171.

WWf(a)C Specialty Workshops

Journal Explorations I & II - \$35 for one or \$60 for both

Facilitator: Dawn Koch

Saturday, June 22, 2013, 9:30am-12:30pm

AND/OR Saturday, July 27 2013, 9:30am-12:30pm

Explore your world through the art and practice of journaling! This workshop will bring together different forms of journaling for a bit of exploration and a lot of fun. Using writing prompts, art & crafting materials, and journaling techniques, participants will be given the opportunity to explore journaling and its many uses, paths, and forms. This class will open the door to creativity and experimentation, bring some fun into journaling, and provide participants with a number of ideas, techniques, and tools. Join us for one or both opportunities!

Meditation and Writing - \$35

Facilitator: Phebe Beiser

Saturday, July 6, 2013, 10am-1pm

Have you ever wanted to try meditation? Have you meant to do a regular practice yet resisted time after time? Are you familiar with the thoughts (monkey mind) that intrude when attempting peaceful moments? Then join us for several short sitting periods interspersed with journaling. We will experience how much these two practices—writing and meditation—have in common and how they can enhance one another. Themes will include writing, journaling, meditation, mindfulness, compassion, and acceptance. Please bring a journal and a cushion if you have one.

A Day of Soul Tending with Touch Drawing and SoulCollage® - \$65 includes art materials and lunch

Facilitators: Sara Pranikoff and Diane Debevec

Friday, July 12, 10am-4pm

Join us for a day of reconnection and renewal through Touch Drawing and SoulCollage®! We will begin the day giving form to our inner stories with SoulCollage®. After lunch we will explore the wonderful world of Touch Drawing, a process in which the pressure of one's fingertips on the backside of inked paper is used to create a free-flowing series of prints. It is both an art process and a gentle form of self-inquiry. **Date:** Friday, July 12, 2013; 10:00am – 4:00pm; **Location:** Women Writing for (a) Change. **Cost:** \$60 includes art materials and a simple healthy lunch. This retreat is recommended for those who have some familiarity with the SoulCollage® process though this is not by any means absolutely essential.

Fall SoulCollage® Circle - \$149 (all materials included)

“Reflecting on our own ‘Hero’s Journey’”

Facilitator: Sara Pranikoff

Fridays 9/6; 9/20; 10/4; 10/18; 11/1; 11/15, 10am-1pm

SoulCollage® is a process of creating a personal deck of cards that can be used for self-discovery and gaining insights as you move through life's transitions. A SoulCollage® deck is a tangible reflection of the “story of you” that invites you to observe the interrelatedness of parts to the whole and to consciously participate in your ongoing personal evolution. Through a few simple techniques, your SoulCollage® cards can be used to access your inner wisdom and find direction.

Women Writing for (a) Change * 6906 Plainfield Road, Cincinnati, OH 45236

513-272-1171 * www.womenwriting.org

WWf(a)C Specialty Workshops (cont.)

Life after the “Big D”: Writing Your Way through Divorce -

\$72 or \$66 if paid in full by August 1.

Facilitator: Sally Schneider

Sundays: August 4th, 11th, and 18th, 2:00-4:00 p.m.

Those of us who are divorced or divorcing understand what an enormous, sometimes shocking, and often unwelcome, milestone the “Big D” is. This series is an opportunity to put your thoughts and feelings on paper and share them in a confidential, safe circle of supportive women. While not group therapy, this is a chance to write and to be heard and “held” – elements that facilitate healing. No matter where you find yourself on your journey as Newly-Single (surviving, thriving, or somewhere in-between), you can experience the transformative power of writing your story and sharing it in community.

Programs for Young Women

YW programs are open to girls and teens in grades 4-12. Classes and camps use the art of writing and other arts to enhance self-esteem and build skills in creative self-expression. Programs are designed to help strengthen girls' authentic voices, develop their ability to speak out through writing and direct interaction, and deepen their belief in their own creative intelligence.

Summer Camp - \$269

Girls (grades 4-6): June 10-14, 9am-4pm

Teens (grades 7-9): June 17-21, 9am-4pm

Young Women (grades 10-12): June 24-28, 9am-4pm

Special Series

Book Club – Free

Our Book Club will be taking the summer off but will return this fall with more great fiction selections! We hope you'll join us then!

Join us

for our 2nd annual

Evening of Female Comics

at Go Bananas Comedy Club!

July 30, 2013

Doors open at 7pm, show starts at 8pm.

\$20 Admission for a PRICELESS evening!

Special Programs - Offered by Friends of WWf(a)C
Special events do not typically use WWf(a)C circle practices.

Friday Salons – Summer Series

Fridays, June 7 & 21, July 5 & 19, 6:30-8pm

(Potluck at 6:30/Discussion at 7pm)

A salon is a gathering held partly to amuse one another and partly to refine taste and increase our knowledge through conversation. Potluck at 6:30PM, 7PM discussion begins. The discussion takes place around a large table as we enjoy the philosophers of our time while sharing food. This event is open to all. Suggested donations \$5. RSVP via email to womensway@ymail.com to confirm a seat at the table or call 513-923-1414 www.womenswayohio.org |Sponsored by Women's Way of OH/KY and WWf(a)C.

Blues-Boogie and Roots Summer Concert Series

A Partnership between WWf(a)C and Women's Way of OH/KY

Doors open 6:30, Concert 7PM to 9PM, \$15 sliding scale at door (no one turned away). Lite food and snacks provided. All tickets will be ordered at 513-923-1414. Series tickets available for \$40 in advance.

June 28, 2013 - Troubadours of Divine Bliss

A night to put on your dancing shoes and dance like gypsies!

August 4, 2013 – EG Kight and Raison D'Etra

Raison D'Etre opens for the amazing EG Kight. She will be headlining the Cincinnati Blues Festival Women's Stage on Saturday August 3rd with her band (\$20). On August 4th she will be doing a "special" appearance for all of us. (\$15)

August 30, 2013 – Wild Carrot

This Cincinnati-based, award-winning group has what it takes to please all types of folk music fans. ... with intensity as only great acoustic music can deliver.

The mission of WWf(a)C is to nurture and celebrate the individual voice by facilitating supportive writing circles and by encouraging people to craft more conscious lives through the art of writing and the practices of community.

For more information about our programs or our organization, please visit www.womenwriting.org or give us a call at 513-272-1171

WWf(a)C is supported in part by Artswave

