Interfaith Coalition of Fulton County Meeting August 8, 2012 11:45am – 2:00pm

Attendees:

Michael EllistonKen LazarusPat SmithEbony CaldwellNazeera DawoodCarla Williams

Pat Jackson Richard "Dick" Kuegemon

Jennifer Puestow Yuesen Yuen
Dr. Tulasi Vanapalli Dr. Sujatha Reddy

Dr. Moparihi Jayasre, President HTA

Location: Hindu Temple of Atlanta 5851 State Route 85 Riverdale, GA

Summary: Dr. Vanapalli graciously gave us a tour of the Balaji Temple and Shiva Temple before the

meeting. Afterwards we enjoyed a buffet of delicious Indian cuisine. Co-Chair Pat Smith called

the meeting to order at 12:30pm. Everyone introduced themselves.

Administration:

Co-Chair Michael Elliston introduced new member Richard "Dick" Kuegemon. Dick is from Edin/Eating Disorders Information Network. Dr. Vanapalli introduced Dr. Sujatha Reddy, Psychiatrist and Dr. Moparihi Jayasre, President Hindu Temple of Atlanta

Updates:

Nazeera

- Ebony is done with her intern with Fulton County
- We need someone to step up to take minutes and help with website
- We need to start creating committees / work groups
- We need someone to begin looking at possible grants for funding
- There's still a problem with members not attending meetings
 - Pat Smith agreed to contact all participants to find out where their interests lie are they still interested in being a member of this coalition

Dr. Vanapalli

- Will conduct 9 health classes (lectures given by local physicians)
- They are looking for someone who can speak about nutrition and diet
 - Jenny will check with a few dietitians from CHOA who may be able to volunteer
 - Ken is doing a project with Kennesaw State he may know someone also
- Has about 160 completed assessments to give to Ebony

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Michael

- Extensive discussion on Interfaith Intercultural Cuisine Tasting suggestion by Michael and Pat Smith (handout)
 - Phase 1 Listening & Learning Session
 - Meet with congregation leadership starting with Bethel
 - Phase 2 Still under construction
- Follow-up Reporting. Report will include findings from each phase

Pat Smith

- Announced that Pat Jackson's church was awarded a small stipend that they will use to create a mini health facility that new mothers can use for breastfeeding
- Did some extensive research on portion size posters saw one for \$17 wants the group buy-in
- Suggested doing a cookbook with recipes from the Intercultural Cuisine Tasting

Jenny

 Suggested a website that has posters and other nutritional material, www.choosemyplate.gov

Dick

- Spoke about an interactive plate that had different compartments and illustrations of what can go in each. (This was in contrast to the traditional food pyramid)
- Suggested to get a list of leadership from each congregation and decide on a date to meet.

Pat Jackson

Suggested Fulton County can find resources to create the pyramid versus plate idea

Yuesen

Suggested instead of 'telling' the people what they need to eat, we should construct
questions, ways to empower them to come up with their own solutions so that we all
work together on a common solution.

Action

Who	What	When
Pat Smith	Give final report from Interfaith Intercultural Cuisine	
Michael	Tasting to Jenny to share with Dr. Walsh on possible	
	solutions to health concerns.	
Interfaith	Meet with congregational leadership from Hindu	Within next 60

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Coalition	Temple and Bethel	days (before
		mid October)
Interfaith	Identify Workgroups, define goals of each group	Before next
Coalition		meeting
Nazeera	Schedule next meeting (Ken suggested doing a	
	conference call in between meetings	