

Branching Out in Spiritual Life

Boston University School of Theology

Spring 2013

From the Spiritual Life Office: B31a (by the mailboxes)

- **Rev. Dr. Robin Olson**, Coordinator rolson@bu.edu, 617-358-6387
Part time: On campus Tuesdays-Thursdays, and by appointment
- **Ms. Miracle Ryder**, Graduate Assistant mjryder@bu.edu
Office Hours: Tuesdays and Thursdays, 8:30-10:30 am



A Note from the Coordinator:

Welcome to the Spiritual Life Office! Miracle and I are eager to support a myriad of opportunities to enliven your seminary journey.

We believe in the beauty of community, in quiet and lively spiritual practices, in branching out to embrace abundant life.

Stop by to get acquainted, and to explore best practices for your School of Theology adventure.

Blessings Abound,

Robin

Every blade of grass has its angel that bends over it and whispers, "Grow, Grow!"
the Talmud

Spiritual Practice	When?	Where?	What?
Morning Prayer	Mondays-Thursdays 8:00-8:20 am	Muelder Chapel 343, 3 rd floor School of Theology (STH)	Begin your day with prayer, song, scripture, and fellowship. Contact Allison Bovell arbovell@bu.edu or Miracle Ryder mjryder@bu.edu to volunteer your leadership.
Guided Intoning	Mondays 1:00 -2:30 pm Jan 28, Feb 25 March 25, April 22 May 13, June 10	Muelder Chapel	This contemplative experience builds on the ancient breath prayer practice. Intoning invites us to incorporate sound without words into our meditation. Contact Rev. Holly Benzenhafer Redford hollybr@bu.edu for more information.
Centering Prayer	Mondays 1:00-2:00pm Feb 4, March 4 April 1, April 29	Muelder Chapel	Centering prayer is a form of contemplative prayer that quiets the mind so we can rest in God's presence. Contact Rev. Tara Soughers tk@bu.edu to learn more.
Contemplative Eucharist	Tuesdays 11:30 am -Noon	Muelder Chapel	Pause amid the craziness of the week for a contemplative service of Holy Communion featuring chant, silence, informal reflection and the holy gifts of bread, wine and community. Contact Rev. Cameron Partridge cepart@bu.edu or Jessica Chicka jchicka@bu.edu for more information.
Community Worship	Wednesdays 11:10 am-Noon	Marsh Chapel	Come to be refreshed and challenged as together we experience the holy in worship. Contact Rev. Chad W. Kidd, Worship Coordinator, if interested in Seminary Singers or worship leadership. ckidd@bu.edu
All STH Community Retreat: "Tree of Life"	Friday eve- Sunday lunch February 15-17. Register by Feb 7th	Rolling Ridge Retreat Center, North Andover MA www.RollingRidge.org	Our STH Retreat is a community favorite! Students, Faculty, Staff, Spouses. Modest cost. Luxuriate in fellowship and solitude, silence and laughter, stillness and movement.
Reading Retreats	Friday: March 1 st Saturday: April 6 th 9:00 am- 5:30 pm	Begin in STH 325, continue in Muelder Chapel, Oxnam Room, Library	Motivate your scholarship with a study day in community! Plenty of time and space to read, with breaks for devotions and meals (breakfast and lunch). Kindly RSVP 2 days in advance to rolson@bu.edu
The Season of Lent	Begins with Ash Wednesday service on February 13 th at 11:00 am	Marsh Chapel	Devotional resources provided to help you observe Lent and celebrate Easter. Available in Muelder Chapel
	Maundy Thursday March 28 th Noon- 1 pm	Muelder Chapel	This service of foot/ hand washing is a time of intimate reflection during Holy Week.
Community Prayer Requests	Prayers shared in Wednesday worship, as desired	Visit the Prayer Request Form . STH website.	Share joys and concerns with our faith community.
	Prayers lifted on Thursdays at Morning Prayer	Post your petition on the Muelder Chapel altar wall.	
Personal Spiritual Direction	Meeting times arranged with Spiritual Director	On campus	Meet with a Guide who will assist your growth in spiritual life. Speak with Robin Olson for a referral to a certified STH Spiritual Director.
Spiritual Renewal Retreats	Any time	Off campus at a retreat center	Speak with Robin Olson to discuss. Funds and resources are available to assist you.

