

Oak Park Counselor Review

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On March 21 through 22, the Oak Park High School freshman's counselor came to Medea Creek Middle School to meet with all of the 8th graders to talk about what to expect in high school.

During this event, the 8th grade students learned what to expect from the Oak Park High School staff and teachers. They also learned some study skills to use when preparing to take a test in class.

This presentation was very important because it helped the incoming 9th graders know the differences between middle school and high school. Also, this helped the 8th graders learn the graduation requirements. Finally the presentation informed them about various course selections for 9th grade.

Kailey Roisensweig, an 8th grade student at Medea Creek Middle School, said, "There is only one counselor who takes care of all the Freshmen at Oak Park High School."

Roisensweig also said, "When you go register at the High School, you should do it as soon as possible because the popular classes will get filled up quickly."

During your time at the Oak Park High School, there are some opportunities about leadership according to Grant Shaver who is an 8th grade student. He also commented, "Janet Svodoba, the freshman counselor, had said that you can become

a class president or even a team captain for any of the major sports like Football, Soccer, and Cheer.”

One key point that Shaver made was that you should never procrastinate when given an assignment. It is always important to be prepared with notebooks and pencils for each class.

When speaking with Jacob Hayber , he was told by the counselors about using the support period if you need extra help from teachers. He was also told to do your homework on the day it is assigned. Hayber was also impressed with the Rocket club opportunity.

Mrs. Large is a Medea Creek counselor and she felt the presentation was very effective because it was both oral and visual. The students were given opportunities to ask questions about their concerns. She emphasized that it is important to communicate with all your teachers outside of class times and attend the 7th period for support. Finally, if you have difficulty with peer relations you should come see your counselor and talk about the problem.

When speaking with Janet Svodoba, a high school counselor, she stated, “Students should discuss their four-year plan with their counselor. Also they should feel free to talk about social and emotional problems.” She explained the block schedule and differences between Middle school and High school. Some differences include more homework, higher expectations, and the importance of advocating for yourself. Svodoba emphasized 7th period support and recommended daily

attendance where you can get help from teachers and get homework done. Svodoba finally discussed graduation requirements, 9th grade course selections, elective options, and what makes you a successful student.

In conclusion, it is important to always complete homework, not procrastinate, use good time management, and good organizational skills. Last of all have fun in your up coming years in High School.