### 2012-2013 Seminar Series

Contemplative Leadership Third Thursdays of the Month (except December) 8:30 a.m.-4:00 p.m.

Plymouth Church 4126 Ingersoll, Des Moines Greenwood Room

Oct 18: Orientation to Contemplative Leadership

**Nov 15**: Emotional Intelligence

Dec 13: Spiritual Intelligence and Ego

Jan 17: Powerful Conversations

Feb 21: Effective Teams

March 21: Decision Making

**April 18**: Leading Change

May 16: Innovation and Creativity

**June 20:** Transforming the Spirit of Leadership; Graduation

Each leadership topic will be explored with experiential practices for integrating renewal and deep change.

See www.contemplative-leadership for more information.

## Who Should Apply?

- Leaders from business, government, and education
- Community and nonprofit leaders
- · Clergy, religious, and lay leaders
- Those seeking to harness their full leadership capabilities

### Program Highlights

- Personal leadership assessment and feedback
- Dynamic day-long sessions
- Experiential exercises
- Homework to apply and integrate learning
  Mentoring and networking

Individual coaching or spiritual direction is available.



#### Meet the Team

We come together as leaders from different backgrounds to explore the power of inner resources for effecting positive change in our workplaces and lives. We now invite others to engage in this ongoing exploration of the power of the human spirit.



**Chuck Stewart** specializes in helping individuals identify and achieve lifechanging goals, building on his years of coaching, consulting and project management.

Janet Drey directs the Consortium for Contemplative Leadership, integrating her work with a leadership development firm with years of ministry, including her experience as executive director of a national retreat movement for young adults.

**Kevin Pokorny** advises small businesses in strategic planning, conducting training, assisting in project & meeting facilitation, and acts as a listening coach for his clients.

# Registration

\$50.00 nonrefundable application fee

Program tuition of \$1,700.00: \$850.00 due October 1, 2012; balance of \$850.00 due Feb 1, 2013

Cost includes leadership assessment and feedback session, program materials, meals and snacks.

Applications now being accepted for 2012-2013 series

Application Deadline: Sept 1, 2012

Registration limited to 20 participants

Want to know more? www.contemplative-leadership.com for application & overview

Questions? Contact Janet Drey at 515-314-1440 info@contemplative-leadership.com

Consortium for Contemplative Leadership Box 57424 Des Moines, IA 50317 www.contemplative-leadership.com

## Rethink Leadership

Leadership today requires a broad range of skills, including the ability to anticipate, innovate, question, and adapt. If we consider that the most important leadership tool is first and foremost the leader's self, it becomes critical to assist leaders in becoming more conscious of who they are, as well as the motivations influencing their leadership.

When leaders become fully present and develop an awareness of subtle patterns of their own and other's behavior, they see situations more clearly and are better able to manage and make decisions.

By deepening awareness and loosening the grip of old habits and ways of making meaning, leaders are freed up to think, relate, and act in new and more effective ways both individually and collectively.

Awaken. Cultivate. Grow.



### Contemplative Leaders

Contemplative leadership attends to the inner life of leadership. It provides a critical, and often missing dimension to leadership development that is foundational for implementing other leadership methods and practices.

Among other things, contemplative leadership illuminates blind spots and the limiting effects of ego, as well as enlarges one's capacity for leading into the unknowns of change, managing negative emotions, and staying grounded in one's values and purpose.

"The tools and support I've been given access to as a part of this workshop have helped me become a more confident, competent, and compassionate leader. I am able to be more reflective in my decision-making, and increasingly selfaware as I operate in several different leadership roles in my organization."

-Renee Ann Cramer Associate Professor, and Director Drake University's Program in Law, Politics, and Society





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