

If you see the classic signs of Lyme Disease, a bulls eye type rash, it is important to see a doctor immediately and get treatment. Treatment is typically an antibiotic regimen. We do have the ticks that carry this disease around the Quad Cities. The picture you saw was my son Spencer's leg about 9 years ago. Luckily we saw the right doctor and she knew what to do. She tested him but didn't even wait for the test to come back before giving him the antibiotics. Unfortunately, all doctors are not aware of this or may not understand what they are dealing with. There are horror stories from people who didn't catch it in time or they never saw the bulls eye rash. If you suspect you may have Lymes go get it checked. If left untreated this can spread and damage internal organs and can really cause problems later on.

Sincerely,
Scott Herkes
Max Muscle Sports Nutrition