

**Kathleen Stefanelli**  
**JIFH Club Director**

Kathleen Stefanelli serves as Director of Jersey Intensity Field Hockey. JIFH is an elite level, championship caliber NJ travel club. JIFH has experienced great success over the past several years at all the major United States Association Field Hockey (USAFH) National showcases and has helped numerous athletes attend the colleges of their choice. Intensity has garnered Gold Medals at the 2004, 2006, 2007, 2008 and 2009 Hockey Fest (winning the U-16 age group 4 yrs in a row) and has also won Gold Medals in the U-14, U-16 and U-19 age group at the USAFH National Indoor Tournament in 2007, 2008, 2009 and 2010. JIFH most recently won Gold at the 2010 Disney Showcase – winning the U-19 Division with an undefeated record (1<sup>st</sup> U-19 team out of field of 64!)

**As a Player:**

- 1<sup>st</sup> Team All-American and 1<sup>st</sup> Team All-State (NJ) performer at Shore Regional High School. (1994 Grad.)
- Four - year starter for **Princeton University** where she was selected as a **Four-time All-American**.
- Captained the 1996 & 97 teams that participated in the NCAA Div. I Final Four.
- Played on the **Under 21 National Team** in 1997.
- Selected to the Newark Star Ledger **1990's NJ Field Hockey Team of the Decade**.
- Served as Assistant Coach for **Monmouth University** from 1998 – 2002.

**Nigel Traverso**

**U-19 Festival/Disney/Indoor Coach**

**Nigel Traverso**

Co-Founder and Director of Big Apple Field Hockey, Inc., a Not-For-Profit organization. Current Assistant Coach for Men's National Indoor Team. Jersey Intensity U-19 coach since 2006.

**Honors**

- 2000–2004: United States Olympic Committee (USOC) – Director
- 1992–2004: USOC Athlete Advisory Council (AAC)
- 1992–2004: United States Field Hockey Association (USFHA) – Director
- 2001–2004: United States Field Hockey Foundation (USHFH) – Director

**As a Player:**

- 1983–1995: Member of the USA Men Field Hockey Team
- 1983,1991,1995: Pan American Games (Venezuela, Cuba, Arg.)
- 1984: Olympic Games (United States)
- 1991: Olympic Qualifier; Captain (New Zealand)

**As a Coach:**

- 2000 – Present: Assist. Coach USA Men Nat. Indoor Team
- 1997–2004: Assist. Coach in the USA Men Nat. program.
- 1999 – Assist. Coach, Pan American Games, Winnipeg, Canada

**QUESTIONS & ANSWERS**

**Mission Statement:**

Jersey Intensity Field Hockey is committed to pushing every athlete to their maximum potential. We will provide athletes the opportunity to excel in field hockey with year-round practices and tournaments.

**What type of player is Jersey Intensity looking for and what are the benefits of playing on a club team?**

This elite training program is for those athletes who have the ability, desire and commitment to train at an intense level. We are looking for the player who is willing to give their time and energy to improve both as a team and individual player. JIFH is also looking for the athlete who wants to continue playing at the collegiate level. This is not a recreation program – we train athletes for the next level!! Players should be able to make the commitment to practices and tournaments. Practices are held at the Monroe Sports Center. U-12/U-14/16/19 practices will be held on Sunday afternoons, Monday OR Tuesday early evenings throughout December – early March.

The Jersey Intensity field hockey staff is made up of ALL successful former college players and National Team members. We have all been through the recruiting process, both as players and as Division I college coaches, and are here to help as you and your family go through the recruiting process.

Year round training where every athlete is working to make it to the next level is one of the biggest benefits of playing on a club team. Playing in tournaments throughout the year not only improve your game but provide an opportunity for you to showcase your skills. College coaches are often in attendance at club tournaments.

**What tournaments will the club enter?**

Teams will enter indoor tournaments over the winter and spring (NJ, PA, NY area). To read more about the indoor game go to [www.usfieldhockey.com](http://www.usfieldhockey.com) Teams then play in modified outdoor tournaments in the spring. Teams will also enter the 2012 field hockey festival held over Thanksgiving as well as the Disney showcase in February 2013 (try-outs for Festival/Disney teams will occur in spring 2012).

**What age group is the club for?**

Teams are forming for U-19, U-16, U-14 & U-12. Age as of January 1, 2012. No experience necessary for U-12 age group.

**Example**– you must be 15 or younger on Jan. 1, 2012 in order to be eligible for the Under-16 Indoor Teams.

**How much does it cost?**

Players are responsible for practice fees, tournament fees, uniforms, coaching fees and travel.

**How do I try out?**

Fill out the enclosed form and mail along with full payment to JIFH. Space is limited so no walk-ups will be able to participate. Sign up early!!

**FOR MORE INFORMATION ON THE CLUB PLEASE  
 VISIT [WWW.INTENSITYFIELDHOCKEY.COM](http://WWW.INTENSITYFIELDHOCKEY.COM)  
[WWW.INTENSITYFIELDHOCKEY.BLOGSPOT.COM](http://WWW.INTENSITYFIELDHOCKEY.BLOGSPOT.COM)**

Fill out registration info below and parental release form on next page and mail along with payment (checks payable to **Jersey Intensity Field Hockey**) to **6 Columbus Dr, Monmouth Beach, NJ 07750**. \$15 fee charged for returned checks. Confirmation e-mails with more information will be sent week before trials.

**Note:** These try-outs are for the indoor training and spring season only (Dec –May). Please go to [www.usfieldhockey.com](http://www.usfieldhockey.com) for more information on the indoor game. Athletes will be notified through e-mail if they make one of the teams (MUST include working e-mail address).

Name: \_\_\_\_\_

Trial Time Attending: \_\_\_\_\_

Please write your age as of the cutoff date by which team you wish to try-out for:  
 U-12 Indoor team (age as of Jan.1, 2012): \_\_\_\_\_  
 U-14 Indoor team (age as of Jan.1, 2012): \_\_\_\_\_  
 U-16 Indoor team (age as of Jan.1, 2012): \_\_\_\_\_  
 U-19 Indoor team (age as of Jan.1, 2012): \_\_\_\_\_

Address: \_\_\_\_\_

Town: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_

Age: \_\_\_\_\_ D.O.B. \_\_\_\_\_

Age on Jan. 1, 2012: \_\_\_\_\_

Grade (2011-2012): \_\_\_\_\_

School (2011-2012): \_\_\_\_\_

Level of Play: Var. \_\_\_\_\_ JV \_\_\_\_\_

Fresh. \_\_\_\_\_ Grammar School Team \_\_\_\_\_

Yrs. of Experience \_\_\_\_\_ Position: \_\_\_\_\_

Please list any honors (Add another page if needed): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

E-Mail Address (please write clearly): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name of Parents/Guardian: \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Work #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Office Use: Check #: \_\_\_\_\_ Amt: \_\_\_\_\_

**Parental Release**

Athlete's Name: \_\_\_\_\_

Is the above named allergic to any of the following?:

Medications – Insect Bites/Bee Stings – Foods – other

No Yes

If YES, indicate what \_\_\_\_\_

Is the above presently taking, or will need to take any

medication during his/her time at camp? No Yes

If YES, Please indicate name of medication(s), dosage and reason for taking.

\_\_\_\_\_  
Please list any current medical condition that may interfere, in any way, with full participation at camp; for example – Asthma

\_\_\_\_\_  
I certify the above named individual is physically fit and able to participate fully in the above indicated Jersey Intensity Field Hockey camp(s).

I give my permission to the above named to attend and participate in the Jersey Intensity Field Hockey sports camps. Furthermore, I hereby grant permission to the camp staff to render preventative, first aid and/or emergency treatment that they deem necessary to my daughter's health and well being. In the event of serious illness, the need for major surgery, or significant accidental injury, I understand that an attempt will be made by the camp staff to notify the designated contacts (parent/guardian will be contacted first) in the most expeditious manner possible. If said staff is unable to communicate with me, the treatment deemed necessary for my son's/daughter's best interest and well being may be given. I hereby:

\*\* Certify that, to the best of my knowledge, the medical information requested is complete and correct.

\*\* Agree to assume all risk of personal injury arising from participating in the Jersey Intensity Field Hockey LLC camp, and understand that the sport indicated above involve the potential for injury.

\*\* Agree not to hold the staff responsible for any injury(s) sustained during participation at camp.

\*\* Agree not to bring suit against and/or its staff for any injury sustained.

\*\* Understand that if necessary, in the judgment of the camp, to use outside medical, surgical or dental treatment for the camper's health and well being, that all such expenses shall be the responsibility of the parent or legal guardian.

Please be advised that it is imperative that your child be in good health when arriving at camp. The duties of the camp personnel cannot include providing medical care for campers arriving at camp with a pre-existing condition.

I have read and fully understand the above:

\_\_\_\_\_  
Parent/Guardian signature

\_\_\_\_\_  
Date

Jersey Intensity Field Hockey, LLC  
6 Columbus Dr.  
Monmouth Beach, NJ 07750  
www.intensityfieldhockey.com  
www.intensityfieldhockey.blogspot.com



**“PROVEN SUCCESS”**

**USA Field Hockey Championships**

**Festival Gold Medals:** 2004 (U-19); 2006 (U-16); 2007 (U-16 & U-19); 2008 (U-16 & U-19); 2009 (U-16 & U-19) 2010 (U-19)

**National Indoor Tournament Gold Medals:** 2007 (U-19); 2008 (U-16 & U-19); 2009 (U-14); 2010 (U-14 & U-19)

**Disney Showcase:** 2007 (U-14 Silver); 2008 (U-16 Bronze); 2009 (U-16 Silver, U-14 Bronze); 2010 (U-12 Silver, U-16 Bronze, U-19 Gold); 2011 (U-19 Gold, U-16 Silver)

**Elite Travel Indoor Club Trials:**

U19, U16, U14, U12 Indoor

**When?**

Sunday December 4<sup>th</sup>

Under-12/14's – 3:30 – 5:30 PM

Under-16's - 5:30– 7:30 PM

Under-19's - 7:30– 9:30 PM

Age as of Jan. 1, 2012

Ex. for U-19, must be 18 or younger on Jan. 1, 2012

**Where?**

Monroe Sports Center

4 Farrington Blvd

Monroe, NJ 08831

**Fee**

\$55.00

(Check payable to Jersey Intensity Field Hockey)

Space is Limited!!

Athletes must pre-register!!

Jersey Intensity Field Hockey

6 Columbus Drive

Monmouth Beach, NJ 07750

732-252-5119

kakelly@intensityfieldhockey.com

www.intensityfieldhockey.com

www.intensityfieldhockey.blogspot.com