

**Kathleen Stefanelli  
JIFH Club Director**

Kathleen Stefanelli serves as Director of Jersey Intensity Field Hockey. JIFH is an elite level, championship caliber travel club. JIFH has experienced great success over the past several years at all the major United States Field Hockey Association (USFHA) National showcases and has helped numerous athletes attend the colleges of their choice. Intensity has garnered Gold Medals at the 2004, 2006, 2007, 2008, 2009 & 2010 Hockey Fest (winning the U-16 age group 4 yrs in a row) and has also won Gold Medals in the U-14, U-16 and U-19 age groups at the National Indoor Tournaments from 2007 - 2010. At the 2011 Disney showcase, JIFH won the U19 Gold (with an undefeated record for a second yr in a row, out of a field of 78). The JIFH U16 team won the Silver out of a field of 64 conceding only 3 goals in nine games!

**As a Player:**

- 1<sup>st</sup> Team All-American and 1<sup>st</sup> Team All-State (NJ) performer at Shore Regional High School. (1994 Grad.)
- Four - year starter for Princeton University where she was selected as a Four-time All-American.
- Captained the 1996 & 97 teams that participated in the NCAA Div. I Final Four.
- Played on the Under 21 National Team in 1997.
- Selected to the Newark Star Ledger 1990's NJ Field Hockey Team of the Decade.
- Served as Assistant Coach for Monmouth University from 1998 – 2002.

**Nigel Traverso**

**U-19 Festival/Disney/Indoor Coach**

**Nigel Traverso**

Co-Founder and Director of Big Apple Field Hockey, Inc., a Not-For-Profit organization. Current Assistant Coach for Men's National Indoor Team. Jersey Intensity U-19 coach since 2006.

**Honors**

- 2000–2004: United States Olympic Committee (USOC) – Director
- 1992–2004: USOC Athlete Advisory Council (AAC)
- 1992–2004: United States Field Hockey Association (USFHA) – Director
- 2001–2004: United States Field Hockey Foundation (USFHF) – Director

**As a Player:**

- 1983–1995: Member of the USA Men Field Hockey Team
- 1983,1991,1995: Pan American Games (Venezuela, Cuba, Arg.)
- 1984: Olympic Games (United States)
- 1991: Olympic Qualifier; Captain (New Zealand)

**As a Coach:**

- 2000 – Present: Assist. Coach USA Men Nat. Indoor Team
- 1997–2004: Assist. Coach in the USA Men Nat. program.
- 1999 – Assist. Coach, Pan American Games, Winnipeg, Canada

**QUESTIONS & ANSWERS**

**Mission Statement:**

Jersey Intensity Field Hockey is committed to pushing every athlete to their maximum potential. We will provide athletes the opportunity to excel in field hockey with year-round practices and tournaments.

**What type of player is Jersey Intensity looking for?**

This elite training program is for those athletes who have the ability, desire and commitment to train at an intense level. We are looking for the player who is willing to give their time and energy to improve both as a team and individual player. JIFH is also looking for the athlete who wants to continue playing at the collegiate level. Players should be able to make the commitment to fall practices if selected to a Disney team. The majority of practices will be held at Monmouth University "So Sweet A Cat" Field Hockey Turf.

**What are the benefits of playing on a club team?**

The Jersey Intensity field hockey staff is made up of successful former college players and National Team members. We have all been through the recruiting process, both as players and as Division I college coaches, and are here to help as you and your family go through this process.

Year round training where every athlete is working to make it to the next level is one of the biggest benefits of playing on a club team. Playing in tournaments throughout the year not only improve your game but provide an opportunity for you to showcase your skills. College coaches are often in attendance at club tournaments.

**What tournaments does the club participate in throughout the year?**

The U14/U16 and U19 travelling teams will be entered into modified spring and summer outdoor tournaments. The club also enters U19 and U16 teams into the National Field Hockey Festival held over Thanksgiving. In addition, JIFH enters U16 and U19 teams into the Disney Outdoor Showcase held every year in February. Finally JI plays in weekend indoor tournaments over the winter months (Dec. – early March). Trials for the 2012 Indoor Season will take place on December 4<sup>th</sup> (more information to follow).

**What travel teams are these trials for?**

We will be selecting elite outdoor travel teams for the U16/U19 Disney Showcase to be held Feb. 8-12, 2012.

**What age group is the club for?**

We have teams for the U-19, U-16, U-14 and U-12 age group (U14 and U12 teams are for indoor and spring/summer season). Age as of January 1, 2012. **Example**– you must be 15 or younger on Jan. 1, 2012 in order to be eligible for the Under-16 Team.

**How much does it cost?**

Players are responsible for practice fees, tournament fees, uniforms, coaching fees and travel.

**How do I try out?**

Fill out the enclosed forms and mail along with full payment to listed address.

Space is limited so no walk-ups will be able to participate.

Please fill out registration info below & parental release form on next page & mail along with payment (checks payable to **Jersey Intensity Field Hockey**) to **6 Columbus Drive, Monmouth Beach, NJ 07750**.

\$15 fee charged for returned checks.

A confirmation e-mail w/more detailed information (including all fees & practice dates) will be sent after form is received.

Note: These try-outs are for athletes wishing to develop their game in a highly competitive training environment. Athletes will be notified through e-mail if they make one of the teams (please include working, LEGIBLE e-mail address). Note that though we would like to be able to accommodate everyone, not everyone will make a **travelling team**.

Name: \_\_\_\_\_

Trial Date Attending: \_\_\_\_\_

Please check off which team(s) you are trying-out for. (Age as of Jan. 1, 2012, example for U-16 player must be 15 or younger on Jan. 1, 2012, if already 16 must play in the Under 19 age group)

U-16 Disney Team (age as of Jan.1, 2012): \_\_\_\_\_

U-19 Disney Team (age as of Jan.1, 2012): \_\_\_\_\_

Address: \_\_\_\_\_

Town: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_

D.O.B. \_\_\_/\_\_\_/\_\_\_ Age on Jan. 1, 2012: \_\_\_\_

School & Grade(2011-2012): \_\_\_\_\_

Level of Play: Var. \_\_\_\_\_ JV \_\_\_\_\_

Fresh. \_\_\_\_\_ Grammar School Team \_\_\_\_\_

Yrs. of Experience \_\_\_\_\_ Position: \_\_\_\_\_

Please list any honors (Add another page if needed):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

E-Mail Address (please write clearly):

\_\_\_\_\_  
\_\_\_\_\_

Name of Parents/Guardian: \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

Work #: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

Office Use: Check #: \_\_\_\_\_ Amt: \_\_\_\_\_

## Parental Release

Athlete's Name: \_\_\_\_\_

Is the above named allergic to any of the following?:

Medications – Insect Bites/Bee Stings – Foods – other  
No Yes

If YES, indicate what \_\_\_\_\_

Is the above presently taking, or will need to take any

medication during his/her time at camp? No Yes

If YES, Please indicate name of medication(s), dosage and reason for taking.

\_\_\_\_\_  
Please list any current medical condition that may interfere, in any way, with full participation at camp; for example – Asthma

\_\_\_\_\_  
I certify the above named individual is physically fit and able to participate fully in the above indicated Jersey Intensity Field Hockey camp(s).

I give my permission to the above named to attend and participate in the Jersey Intensity Field Hockey sports camps. Furthermore, I hereby grant permission to the camp staff to render preventative, first aid and/or emergency treatment that they deem necessary to my daughter's health and well being. In the event of serious illness, the need for major surgery, or significant accidental injury, I understand that an attempt will be made by the camp staff to notify the designated contacts (parent/guardian will be contacted first) in the most expeditious manner possible. If said staff is unable to communicate with me, the treatment deemed necessary for my son's/daughter's best interest and well being may be given. I hereby:

\*\* Certify that, to the best of my knowledge, the medical information requested is complete and correct.

\*\* Agree to assume all risk of personal injury arising from participating in the Jersey Intensity Field Hockey LLC camp, and understand that the sport indicated above involve the potential for injury.

\*\* Agree not to hold the staff responsible for any injury(s) sustained during participation at camp.

\*\* Agree not to bring suit against and/or its staff for any injury sustained.

\*\* Understand that if necessary, in the judgment of the camp, to use outside medical, surgical or dental treatment for the camper's health and well being, that all such expenses shall be the responsibility of the parent or legal guardian.

Please be advised that it is imperative that your child be in good health when arriving at camp. The duties of the camp personnel cannot include providing medical care for campers arriving at camp with a pre-existing condition.

I have read and fully understand the above:

\_\_\_\_\_  
Parent/Guardian signature

\_\_\_\_\_  
Date

Jersey Intensity Field Hockey, LLC  
6 Columbus Drive  
Monmouth Beach, NJ 07750  
www.intensityfieldhockey.com  
www.intensityfieldhockey.blogspot.com



## “PROVEN SUCCESS”

### USA Field Hockey Championships

**Festival Gold Medals:** 2004 (U-19); 2006 (U-16); 2007 (U-16 & U-19); 2008 (U-16 & U-19); 2009 (U-16 & U-19 two pools); 2010 (U19)

**Disney Showcase:** 2007 (U-14 Silver); 2008 (U-16 Bronze); 2009 (U-16 Silver, U-14 Bronze); 2010 (U-12 Silver, U-16 Bronze, U-19 Gold); 2011 (U-16 Silver, U-19 Gold)

**National Indoor Tournament Gold Medals:** 2007 (U-19); 2008 (U-16 & U-19); 2009 (U-14); 2010 (U-19 & U-14)

### 2012 Disney Travel Club Trials: U-19/U-16 Travel Teams

#### When?

**U-16/U-19:**

**Sun. Sept 18<sup>th</sup> - 10:00 – 12:00;**

**OR**

**Sun. Sept 25<sup>th</sup> – 10:00 – 12:00;**

(Age as of Jan. 1, 2012, example for U-16 player must be 15 or younger on Jan. 1, 2012, if already 16 must play in the Under 19 age group)

#### Fee

**\$20.00**

Check/cash payable to Jersey Intensity Field Hockey  
Space is VERY Limited!! Athletes **MUST** pre-register!!

#### Where?

Monmouth University  
Outdoor Artificial Turf, Cedar Ave, W. Long Branch, NJ 07764

#### Questions?

**Kathleen Stefanelli**

Jersey Intensity Field Hockey

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732-252-5119

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