

Kathleen Stefanelli JIFH Club Director

Kathleen Stefanelli serves as Director of Jersey Intensity Field Hockey. JIFH is an elite level, championship caliber travel club. JIFH has experienced great success over the past several years at all the major United States Field Hockey Association (USFHA) National showcases and has helped numerous athletes attend the colleges of their choice. Intensity has garnered Gold Medals at the 2004, 2006, 2007, 2008, 2009 & 2010 Hockey Fest (winning the U-16 age group 4 yrs in a row) and has also won Gold Medals in the U-14, U-16 and U-19 age groups at the National Indoor Tournaments from 2007 - 2010. At the 2011 Disney showcase, JIFH won the U19 Gold (with an undefeated record for a second yr in a row, out of a field of 78). The JIFH U16 team won the Silver out of a field of 64 conceding only 3 goals in nine games!

As a Player:

- 1st Team All-American and 1st Team All-State (NJ) performer at Shore Regional High School. (1994 Grad.)
- Four - year starter for **Princeton University** where she was selected as a **Four-time All-American**.
- Captained the 1996 & 97 teams that participated in the NCAA Div. I Final Four.
- Played on the **Under 21 National Team** in 1997.
- Selected to the Newark Star Ledger **1990's NJ Field Hockey Team of the Decade**.
- Served as Assistant Coach for **Monmouth University** from 1998 – 2002.

Nigel Traverso

U-19 Festival/Disney/Indoor Coach

Nigel Traverso

Co-Founder and Director of Big Apple Field Hockey, Inc., a Not-For-Profit organization. Current Assistant Coach for Men's National Indoor Team. Jersey Intensity U-19 coach since 2006.

Honors

2000–2004: United States Olympic Committee (USOC) – Director
1992–2004: USOC Athlete Advisory Council (AAC)
1992–2004: United States Field Hockey Association (USFHA) – Director
2001–2004: United States Field Hockey Foundation (USFHF) – Director

As a Player:

1983–1995: Member of the USA Men Field Hockey Team
1983,1991,1995: Pan American Games (Venezuela, Cuba, Arg.)
1984: Olympic Games (United States)
1991: Olympic Qualifier; Captain (New Zealand)

As a Coach:

2000 – Present: Assist. Coach USA Men Nat. Indoor Team
1997–2004: Assist. Coach in the USA Men Nat. program.
1999 – Assist. Coach, Pan American Games, Winnipeg, Canada

QUESTIONS & ANSWERS

Mission Statement:

Jersey Intensity Field Hockey is committed to pushing every athlete to their maximum potential. We will provide athletes the opportunity to excel in field hockey with year-round practices and tournaments.

What type of player is Jersey Intensity looking for and what are the benefits of playing on a club team?

This elite training program is for those athletes who have the ability, desire and commitment to train at an intense level. We are looking for the player who is willing to give their time and energy to improve both as a team and individual player. JIFH is also looking for the athlete who wants to continue playing at the collegiate level. Players should be able to make the commitment to spring/summer and/or fall practices for **one or all** of the following: Spring and Summer Local Tournament Teams, the USAFH Festival and the Disney showcase. The majority of practices will be held at Monmouth University "So Sweet A Cat" Field Hockey Turf.

The Jersey Intensity field hockey staff is made up of successful former college players and National Team members. We have all been through the recruiting process, both as players and as Division I college coaches, and are here to help as you and your family go through this process.

Year round training where every athlete is working to make it to the next level is one of the biggest benefits of playing on a club team. Playing in tournaments throughout the year not only improve your game but provide an opportunity for you to showcase your skills. College coaches are often in attendance at club tournaments.

What tournaments will the club enter?

The U14/U16 and U19 travelling teams will be entered into modified spring and summer outdoor tournaments. The club will also enter U19 and U16 teams into the 2011 National Field Hockey Festival held over Thanksgiving in Phoenix, AZ (definite number of teams will be known in May). In addition, JIFH has **guaranteed U19 and U16 entries** for the 2012 Disney Showcase Feb. 8-12th, 2012 (**age for Disney tournament is as of Jan. 1, 2012**). Disney trials will take place in the fall of 2011. For more information on these events go to www.usfieldhockey.com.

What travel teams are these trials for?

We will be selecting elite outdoor travel teams for the U14/U16/U19 age groups. These teams will train over the spring/summer & play in several outdoor tournaments. We will also be evaluating for the 2011 Hockey Festival (please mark down if you would like to be considered for that tournament).

What age group is the club for?

Teams are forming for U-19, U-16 and U-14 Academy. Age as of January 1, 2011. **Example**– you must be 15 or younger on Jan. 1, 2011 in order to be eligible for the Under-16 Travel Team.

What is U-14 Academy Team?

The U-14 Academy program is for players wishing to train with our Elite level Club coaches. Players involved in training will be invited to play in local tournaments over the spring/summer.

How much does it cost?

Players are responsible for practice fees, tournament fees, uniforms, coaching fees and travel.

How do I try out?

Fill out the enclosed forms and mail along with full payment to listed address.

Space is limited so no walk-ups will be able to participate.

Please fill out registration info below & parental release form on next page & mail along with payment (checks payable to **Jersey Intensity Field Hockey**) to **6 Columbus Drive, Monmouth Beach, NJ 07750**.

\$15 fee charged for returned checks.

A confirmation e-mail w/more detailed information (including all fees & practice dates) will be sent after form is received.

Note: These try-outs are for athletes wishing to develop their game in a highly competitive training environment. Athletes will be notified through e-mail if they make one of the teams (please include working, LEGIBLE e-mail address). Note that though we would like to be able to accommodate everyone, not everyone will make a **travelling team**.

Name: _____

Trial Date(s) Attending: _____

Please check off which team(s) you are trying-out for. For our planning purposes please circle age group if you are interested in trying out for Disney 2012* (Disney age as of Jan. 1, 2012). Trials at a later date.

U-14 Academy team (age as of Jan.1, 2011): ____

U-16 Travel team (age as of Jan.1, 2011): ____

*U-16 Festival team (age as of Jan. 1, 2011): ____

U-19 Travel team (age as of Jan.1, 2011): ____

U-19 Festival team (age as of Jan. 1, 2011): ____

U16/U19 2012 Disney Team: U16 or U19

*The number of festival teams JIFH will be sending will be determined by the USAFH the first week in May

Address: _____

Town: _____ State: _____

Zip: _____

D.O.B. ____/____/____ Age on Jan. 1, 2011: ____

School & Grade(2011-2012): _____

Level of Play: Var. ____ JV ____

Fresh. ____ Grammar School Team ____

Yrs. of Experience ____ Position: _____

Please list any honors (Add another page if needed):

E-Mail Address (please write clearly):

Name of Parents/Guardian: _____

Telephone: (____) ____ - _____

Work #: (____) ____ - _____

Emergency Contact: _____

Emergency Phone: (____) ____ - _____

Office Use: Check #: _____ Amt: _____

Parental Release

Athlete's Name: _____

Is the above named allergic to any of the following?:

Medications – Insect Bites/Bee Stings – Foods – other
No Yes

If YES, indicate what _____

Is the above presently taking, or will need to take any

medication during his/her time at camp? No Yes

If YES, Please indicate name of medication(s), dosage and reason for taking.

Please list any current medical condition that may interfere, in any way, with full participation at camp; for example – Asthma

I certify the above named individual is physically fit and able to participate fully in the above indicated Jersey Intensity Field Hockey camp(s).

I give my permission to the above named to attend and participate in the Jersey Intensity Field Hockey sports camps. Furthermore, I hereby grant permission to the camp staff to render preventative, first aid and/or emergency treatment that they deem necessary to my daughter's health and well being. In the event of serious illness, the need for major surgery, or significant accidental injury, I understand that an attempt will be made by the camp staff to notify the designated contacts (parent/guardian will be contacted first) in the most expeditious manner possible. If said staff is unable to communicate with me, the treatment deemed necessary for my son's/daughter's best interest and well being may be given. I hereby:

** Certify that, to the best of my knowledge, the medical information requested is complete and correct.

** Agree to assume all risk of personal injury arising from participating in the Jersey Intensity Field Hockey LLC camp, and understand that the sport indicated above involve the potential for injury.

** Agree not to hold the staff responsible for any injury(s) sustained during participation at camp.

** Agree not to bring suit against and/or its staff for any injury sustained.

** Understand that if necessary, in the judgment of the camp, to use outside medical, surgical or dental treatment for the camper's health and well being, that all such expenses shall be the responsibility of the parent or legal guardian.

Please be advised that it is imperative that your child be in good health when arriving at camp. The duties of the camp personnel cannot include providing medical care for campers arriving at camp with a pre-existing condition.

I have read and fully understand the above:

Parent/Guardian signature

Date

Jersey Intensity Field Hockey, LLC
6 Columbus Drive
Monmouth Beach, NJ 07750
www.intensityfieldhockey.com
www.intensityfieldhockey.blogspot.com



“PROVEN SUCCESS”

USA Field Hockey Championships

Festival Gold Medals: 2004 (U-19); 2006 (U-16); 2007 (U-16 & U-19); 2008 (U-16 & U-19); 2009 (U-16 & U-19 two pools); 2010 (U19)

Disney Showcase: 2007 (U-14 Silver); 2008 (U-16 Bronze); 2009 (U-16 Silver, U-14 Bronze); 2010 (U-12 Silver, U-16 Bronze, U-19 Gold); 2011 (U-16 Silver, U-19 Gold)

National Indoor Tournament Gold Medals: 2007 (U-19); 2008 (U-16 & U-19); 2009 (U-14); 2010 (U-19 & U-14)

Elite Travel Club Trials: U-19/U-16/U-14 Travel Teams

When?

U-14/U-16/U-19:

Sat. April 23rd - 3:00 – 6:00;

Sun. May 1st – 11:00 – 2:00;

Sat. May 7th – 4:00 – 7:00

You can attend two or three trial sessions if you wish
(Age as of Jan. 1, 2011, example for U-19 player must be 18 or younger on Jan. 1, 2011)

Fee

\$90.00 for two sessions OR \$125 for three sessions

Check payable to Jersey Intensity Field Hockey
Space is Limited!! Athletes **MUST** pre-register!!

Where?

April 23rd and May 1st Trials: Monmouth University
Outdoor Artificial Turf, Cedar Ave, W. Long Branch, NJ 07764
May 7th Trials: Manahasset Creek Park, Outdoor Field Turf,
Long Branch Ave, Long Branch, NJ 07740

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