



Mid-America (HHS Region 7)

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Mid-America ATTC Announces the 2013 Webwise Lunch Series: Introduction to Motivational Interviewing (MI) for Non-Clinicians

This 3-session webinar training is designed for non-clinicians in treatment settings where Motivational Interviewing is being implemented.

- ♦ **Session 1: Wednesday, Jan. 23, 2013** (register at www2.gotomeeting.com/register/522954834)
- ♦ **Session 2: Wednesday, Feb. 6, 2013** (register at www2.gotomeeting.com/register/761420066)
- ♦ **Session 3: Wednesday, Feb. 20, 2013** (register at www2.gotomeeting.com/register/539385250)

Each session takes place from noon—1:00 PM, Central Time.

A computer with speakers will be required for each participant.

Note: This is a 3-hour training taking place in a series of 3 1-hour webinars. Participants must attend all three sessions in order to receive a certificate. Each session will be recorded and made available for those who cannot attend the series. Certificates cannot be provided for the recorded sessions.

Webinar Description & Presenter

This 3-hour webinar series will review the basics of Motivational Interviewing and provide an overview of the primary concepts. Definitions of Motivational Interviewing, the importance of creating collaborative environments to enhance the change process, a description of Motivational Interviewing micro skills, the importance of the Stages of Change for consumer readiness and a description of the goals of Motivational Interviewing will be presented. In addition, the essential components of the Spirit of Motivational Interviewing will be discussed.



Kate Speck, PhD, MAC, LADC, has over 33 years' experience working in the field of addictions, and is currently a Senior Research Manager with the University of Nebraska, Public Policy Center. Dr. Speck has worked in residential, outpatient, and EAP settings, and has developed and directed addiction treatment programming in Iowa, Louisiana, and Nebraska. In addition to teaching addictions counseling courses in the community for 18 years, for the last 12 years she has also taught undergraduate and graduate courses in psychology, addictions and ethics. Speck has a strong background in addressing addiction in families, working with pregnant and parenting women, and in training and education.

Dr. Speck is a member of the International Motivational Interviewing Network of Trainers (MINT) providing training and technical assistance in the use of Motivational Interviewing since 2000.

Register Now

Registration: Go to www2.gotomeeting.com/register/522954834 to register for Session 1; www2.gotomeeting.com/register/761420066 to register for Session 2; and www2.gotomeeting.com/register/539385250 to register for Session 3. There is no charge to attend, however all participants must register in order to receive your own unique link to each session. For more information, contact Debbie Rockford at rockfordd@umkc.edu or (816) 235-5057.

Certificate: Please plan to attend all three webinars in order to receive an e-mailed 3-hour certificate of attendance. Partial hours will not be provided.