

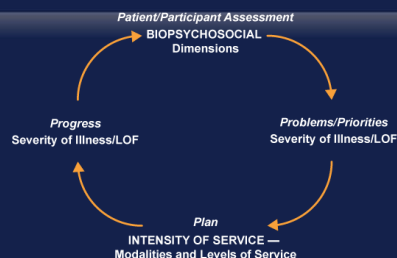
NASADAD Policy Call
May 13, 2013
4 PM EDT

What's New in The ASAM Criteria?

David Mee-Lee, M.D.
Chief Editor
The ASAM Criteria



Underlying Concepts of *The ASAM Criteria* *Individualized, Clinically-driven Treatment*



Assessment of Biopsychosocial *Severity and Level of Function*

1. Acute Intoxication and/or Withdrawal Potential
2. Biomedical conditions and complications
3. Emotional/Behavioral/Cognitive conditions and complications
4. Readiness to Change
5. Relapse/Continued Use/Continued Problem potential
6. Recovery Environment



Broad Treatment Levels of Service

1. Outpatient Treatment
 2. Intensive Outpatient and Partial Hospitalization
 3. Residential/Inpatient Treatment
 4. Medically-Managed Intensive Inpatient Treatment
- More levels of care within each of the broad levels
 - New edition changes to Arabic numerals away from Roman numerals e.g., Level I becomes Level 1; Level II.1 and II.5 become Level 2.1, 2.5; Level 3.1, 3.5 etc.



Criteria Revision Process and Principles

- Workgroup chairs and small committees developed drafts
- Extensive field review online with input from Steering Committee of the Coalition for National Clinical Criteria and others
- Publication date of October 2013 at ASAM's State of the Art Conference, Crystal City, VA
- Actual criteria changed only if mistakes or updated science – impact on The ASAM Criteria Software



Criteria Revision Process and Principles (cont.)

- Changed terminology to be contemporary and strength-based, recovery-oriented:
 - "Opioid Maintenance Therapy," OMT becomes "Opioid Treatment Program," OTP within "Opioid Treatment Services," OTS – agonist/antagonist
 - "dual diagnosis" becomes "co-occurring disorders"
 - "inappropriate use of substances" becomes "high risk use of substances"
 - "detoxification" becomes "withdrawal management"



Criteria Revision Process and Principles (cont.)

- Title: "*The ASAM Criteria*" - Treatment Criteria for Substance, Addictive and Co-Occurring Conditions
- Additional text to improve application to Special Populations: Older Adults; Safety Sensitive Occupations; Parents with Children; Criminal Justice
- Section on working with managed care
- Shift away from "placement" only criteria to "treatment" criteria
- Diagnostic Admission Criteria compatible with DSM-5



New Content and Sections

- ASAM Definition and implications for Substance Use Disorders and other Addictive Disorders
 - Alcohol, tobacco and/or other substance use or addictive behavior
 - Addiction involving alcohol, tobacco, other substances and gambling
- Role of physicians, addiction specialist physicians, addiction psychiatrists in particular
- Tobacco Use Disorder
- Gambling Disorder



Dimension 1 Withdrawal Management

- Severity of withdrawal syndromes discussed as being able to be safely and appropriately managed on an outpatient basis has been expanded
- The Risk Rating Assessment Format is used in the first part of chapter to help understand how to link severity, function and service needs, across all six assessment dimensions to treatment plans and level of care decisions
- Designed to help understand the clinical thinking underlying the full, detailed decision rules that comprise the algebra contained in *The ASAM Criteria Software*



Table of Contents

- Re-ordered to be more user-friendly and follow the flow from Historical Foundations to Guiding Principles to Assessment, Service Planning and Placement decisions
- Consolidated Adult and Adolescent content to minimize redundancy while preserving adolescent-specific content
- Section on Application to Adult Special Populations
- Emerging Understandings of Addiction include the Gambling and Tobacco Use Disorders
- Appendices include Withdrawal Management instruments, Dimension 5 constructs and a Glossary



The ASAM Criteria Software

- *The ASAM Criteria* book and *The ASAM Criteria Software* are companion text and application. The text delineates the dimensions, levels of care and decision rules that comprise *The ASAM Criteria*
- The Software provides approved structured interview to guide adult assessment and calculate complex decision tree to yield suggested levels of care
- The text and software used in tandem, the text to provide background and instruction for proper use of software, and software to enable comprehensive, standardized evaluation



The ASAM Criteria Software (cont.)

- Effective, reliable treatment planning requires that both be used together
- *The ASAM Criteria Software* undergoing nationwide open-source release by U.S. Substance Abuse and Mental Health Services Administration (SAMHSA)
- *The ASAM Criteria* text synchronized with *The ASAM Criteria Software*, such that definitions and specifications in the text for the dimensions, levels of care and admissions decision rules serve as reference manual for *The ASAM Criteria Software* released by SAMHSA



The ASAM Criteria Software Value Proposition

- ♦ For Patients
 - Improves Patient Outcomes
- ♦ For Payers
 - Improved Patient Outcomes > Lower Long-Term Costs
 - Standardizes approval process
 - IT can facilitate/automate approval process
 - Decreases expensive & unnecessary overtreatment
 - Improves inter-rater reliability
- ♦ For Providers
 - Facilitates reimbursement process through fewer disputes, less administrative burden, & faster turnaround on payment
 - Provides training to new counselors



Intuitive User Interface

Data visualization elements.

Have you had a significant period in which you experienced... (for the first two items ensure that it was not a direct result of drug or alcohol use)

Serious depression, the 'blues' or hopelessness?

In your lifetime? ☐ Not at all ☐ Slightly ☐ Moderately ☐ Considerably ☐ Extremely

In the last month? ☐ Not at all ☐ Slightly ☐ Moderately ☐ Considerably ☐ Extremely

In the last 24 hours? ☐ Not at all ☐ Slightly ☐ Moderately ☐ Considerably ☐ Extremely

Was this problem within the last 24 hours related to using drugs or alcohol?

A lack of interests, or inability to feel normal pleasure from activities?

In your lifetime? ☐ Not at all ☐ Slightly ☐ Moderately ☐ Considerably ☐ Extremely

In the last month? ☐ Not at all ☐ Slightly ☐ Moderately ☐ Considerably ☐ Extremely



Enhanced Report

Dynamically driven report with variable content regions.

Substance	Frequency	Quantity	Duration	Severity	Control	Withdrawal	Complications
Alcohol	1	1	1	1	1	1	1
Heroin	1	1	1	1	1	1	1
Marijuana	1	1	1	1	1	1	1
Prescription	1	1	1	1	1	1	1
Stimulant	1	1	1	1	1	1	1
Other	1	1	1	1	1	1	1

A National Standard for Assessment/Placement: THE ASAM CRITERIA SOFTWARE

- ♦ David R Gastfriend MD
gastfriend@gmail.com

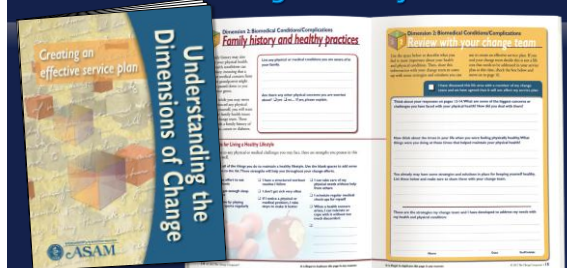


Publication Phase and Beyond

- The Change Companies (TCC) contracted to publish and market *The ASAM Criteria* and to co-develop secondary products and services
- Publication phase will innovate color-coding, graphics, cross-linking to help readers locate material quickly in the book with a subscription web-based version available also
- Collaboration between ASAM and TCC to develop marketing plan – conferences, targeted outreach
- Training model to be developed including Master trainers, developing Change Agents
- eLearning modules in conjunction with onsite learning and consultation
- Dedicated website www.ASAMcriteria.org



Resources from TCC - Understanding the Dimensions of Change – client journals



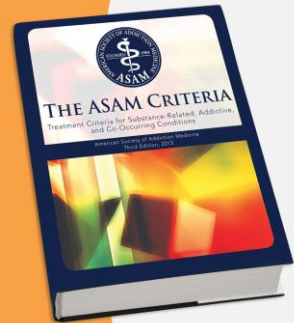
Resources from TCC - Multidimensional Assessment eLearning Course



A new edition of
The ASAM Criteria
is coming this fall.

- redesigned and updated content
- applies the newest science in addiction medicine
- compliant with DSM-5
- user-friendly functionality
- new topics on emerging areas of focus
- population-specific sections

To learn more visit:
www.ASAMcriteria.org



Publisher in Partnership with ASAM

The Change Companies
Carson City, NV
www.changecompanies.net

