

Parishioners of the Shared Ministry of Trinity Episcopal Church, Hampton and Christ Episcopal Church Portsmouth, NH

Support self-employed small business owners who are active, supportive members of Christ Church Portsmouth and Trinity Church Hampton.

Author Katherine Towler is a writer of novels, short stories, essays, and poetry. She also has her own business as a writer and consultant producing promotional and fundraising pieces for schools and non-profits.

Website: <http://www.katherinetowler.com/>

Blog: <http://katherinetowler.wordpress.com/>

Lady Slipper Custom Sewing & Design Terry is a master seamstress with over 40 years experience. Look no further for your special custom sewing needs, professional alterations (including Bridal/Prom Gowns), or sewing classes.

Owner: Terry Corringham

Contact: tacorryingham@gmail.com or (603) 267-6067

Website: <http://ladyslippersewing.com>

Mary Kay Cosmetics Crystal Sexton has been an Independent Consultant for over 17 years. Now you can have fun flipping through The Look eCatalog anytime, anywhere. So browse for the latest skin care, on-trend color, Makeup Artist Looks and gift ideas - and then call me at 603-475-9029 for personalized service or a pampering appointment.

Owner: Crystal L. Sexton

Contact: 603-475-9029

Website: The Look eCatalog at <http://www.marykay.com/csexton1>

Photo Journeys A unique approach to guided hiking and walking tours with lots of photographic opportunities along the way. Walks & hikes can be short, long, easy, challenging and handicapped accessible and can be customized to your fitness level, interests, and time available.

Owner: Kris Ebbeson

Website: www.keponline.com

Facebook: <http://www.facebook.com/pages/Kris-Ebbeson-Photo-Journeys/163876086956477>

Stepping Stones Reflexology The theory of reflexology is that your body is mapped out on your feet and hands and by applying pressure you can affect a change in the body. It stimulates the relaxation response so that the body heals.

Licensed Reflexologist: Liz Malone

Email ReflexologyLiz@comcast.net or Phone 508-284-1880

Tranquility Wellness Services "Helping you on your path to wellness, one step at a time." Craig is a wellness consultant, JuicePLUS+ Educator and provides at home or in studio professional massage & wellness coaching.

Owner: Craig S. Davis

Contact: AMaineGent@aol.com, Phone (603) 319-4685, Cell (207) 210-1552.

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