

A Special Invitation to SOAR with SYNERGY in 2012



...And Fly to New Heights of Heart-Centered Success!

In honor of the New Year, I'm over-the-moon excited to invite you to join us in creating **Balanced Success** in work and life with more grace and ease this year.

Here are all the details on my new and groundbreaking program! (plus an amazing Early-bird discount of \$300 that lasts until January 16th!)

The **Synergy Leadership Development Program** is designed to provide massive support, structure, encouragement, accountability, clarity, training, laughter, mindset shifts - and of course to teach you how to create balanced success next year. Don't miss out on a phenomenal opportunity to **SOAR with SYNERGY in 2012!**

My Mission: To provide Exceptional Leadership Training and Professional Group Coaching, giving you the necessary tools to stay Focused, Positive, and Excited about Work and Life while promoting Highly Productive, Heart-Centered Collaboration and Balanced Success.

Here's EVERYTHING You'll Receive:

Advantages:

*Just a fraction of the 1:1 coaching investment! This all means that you'll be part of a group, which reduces the cost and provides extra support for you, AND you'll receive individual support from me through laser coaching sessions and Mastermind calls.

Investment:

My intention is to make this program AFFORDABLE FOR EVERYONE. Simply choose which of these two options best suits you:

1. ___9 easy payments of \$110.78 each (first payment due at time of registration, remaining eight payments due every 30 days thereafter). That's \$997 total. Or 9 payments of \$144.11 after Jan 16, 2012
2. ___\$997 in full when you register before Jan 16, 2012
___\$1,297 after Jan 16, 2012

Features:

- **9 Monthly Dynamic Group Sessions** that help you shift into a Success Mindset PLUS practical, step-by-step Leadership-building strategies focused on the “Synergy Blueprint for Balanced Success.” These information-packed sessions will provide the building blocks for the new tools and skills you will learn on your journey, as well as an opportunity to put them into practice right away.
- **9 Monthly Accountability and Group Mastermind calls** that bring out the wisdom and experiences of the group, along with direct coaching. Accountability is one of the top benefits of coaching. It's what will ensure that you get the most possible out of this group coaching program. In addition, for the Mastermind component of the call, you'll bring your questions and receive answers from the group. I'll facilitate the discussion and offer direct coaching as needed. You'll also provide suggestions, ideas, and your lessons learned in response to other women's questions. The group is always smarter than any single person - this format really lets the group intelligence shine. These mastermind calls are also powerful opportunities for the group to come together in support of each other (and you can never get too much support in your work and life!).
- **9 Complimentary VIP Passes to Monthly Synergy Success Circle Meetings.**
- **Two Private Laser Coaching Calls, one-on-one, just you and me, to help keep you on track with your goals.** To further ensure that you receive the support you need, you get two opportunities for one-on-one time with me. In each laser call, we'll focus on a topic you pick. This can range from discussing your mindset and helping you move through limiting beliefs; to further exploring specifics of leadership. You'll be amazed at how much we accomplish in these short calls. This will also help you practice FOCUS, a key skill for productivity.
- **Downloadable recordings of each Accountability & Mastermind call.** Shortly after each group call, you will receive an MP3 recording of our call. You can review any information, class exercises, tips and discussions at your leisure. These recordings are also valuable in case you need to miss a call.
- **Powerful homework pages, exercises and activities.** These materials will support you in the work and learning you do in between our sessions. Each of these exercises and activities are designed to accelerate your growth and achievement.

But wait -- there's MORE! “Successful people take decisive action. They don't over-think everything; rather, they trust their gut. When they are presented an opportunity that answers their greatest challenge, they say YES to it immediately, knowing that it was divinely given. They don't hesitate; they don't delay. They know that because the opportunity was presented, it was meant to be. This is the ONE universal characteristic that makes them successful and helps them create results that astound all others around them. ~Fabienne Fredrickson

To reward your decisive action, Register before Jan 16th and receive:

BONUS #1: Early-bird Discount of \$300 on your investment in this program!

BONUS #2: Free mp3 recording of "How to Thrive in the Whitewaters of Change"

BONUS #3: Serenity Rock in Organza drawstring bag

The Synergy Leadership Development Program begins Friday, February 10th, 2012 and Saturday February 11th, 2012. For your convenience, there is a Friday and a Saturday option.

9 Group Sessions 1130-1 pm at McAlister's Deli in Harrisonburg

- 2nd Fridays Feb 10th thru Oct 12th
- 2nd Saturdays Feb 11th thru Oct 13th

9 Group Mastermind Calls 12:00-1 pm From the comfort of your home or office ☺

- 4th Fridays Feb 24th thru Oct 26th
- 4th Saturdays Feb 25th thru Oct 27th

Investment:

My intention is to make this program AFFORDABLE FOR EVERYONE. Simply choose which of these two options best suits you. For your convenience I accept credit cards through Pay Pal, and checks upon request.

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P.S. Sure, You can try to do it on your own. And re-invent the wheel. And indulge in painful, costly, massive mistakes, detours and heartaches. Or you can simply follow the steps in This Leadership Development Program, which is the true culmination of everything I have discovered in building balanced success. And I can't tell you how much it would mean to me to help you create this for yourself.

P.S.S. "If you always do what you've always done, you'll always get what you've always gotten." ~**Walter Goethe**

Contact Christina Kunkle to receive more information
540-746-5206 or info@synergylifeandwellnesscoaching.com
Website: www.synergylifeandwellnesscoaching.com

The 9-Step “**Synergy Leadership Success Blueprint**” helps you move forward in work and life with more **Clarity, Confidence, and Creativity**. It is an empowering heart-centered approach combining authenticity with purposeful action for **Balanced Success**.



- 1. Fresh Perspective** You'll discover a whole new way to approach your daily life, take nothing for granted & embrace fresh appreciation for right NOW.
- 2. Clarity** You'll get clear about your priorities, dreams, and purpose; Learn to Work Smarter not Harder with a focused mindset, and build a sense of control so that you no longer live your life in victim mode or the panic zone.
- 3. Confidence** You'll stop surviving and start thriving. Learn a Technique that Transforms Panic into Peace when overwhelmed so you can experience confident, calm energy, and put an end – once and for all – to the unconscious thoughts of fear and negativity.
- 4. Creativity** You'll unflinchingly make choices FROM your priorities, dreams, and purpose. You will get "unstuck" and let go of the things that drain you, overwhelm you, and steal your energy.
- 5. Unique strengths** You'll finally experience a daily sense of purposefulness, direction and courage. Gain clarity about Your Unique Strengths, natural gifts and talents...and give yourself permission to shine!
- 6. Vision** You'll get a glimpse of what Leadership Success means to *YOU*, and a vision for your ideal future... What does it look like?
- 7. Leadership Success Map** Best of all – you'll create a unique PROCESS – a step-by-step guide that starts you on your way and builds momentum – making you virtually unstoppable.
- 8. Goals and Action Steps** You'll Dream Big and Plan Small, transforming massive goals down into mini-steps to avoid overwhelm; practice genuinely and clearly setting boundaries, saying no when you want to say no with grace and resolve.
- 9. Accountability** You'll be continually amazed at the positive energy and forward momentum created within small group synergy! “**Because you have to do it by yourself, And you can't do it alone**” (Martin Ritte)

This Group **IS NOT** for you if:

- You just **want to hang out** and chat.
- You **aren't willing** to do whatever it takes to create your success.
- You are looking for a **quick fix**.
- You **blame** outside circumstances for your results.
- You **whine**.
- You **complain**.
- You **need things your way**.
- You **like your comfort zone**.
- You **aren't ready** to take a stand for your Success.
- You **don't like to have fun**.
- You **don't care** about having more peace in your life.

This Group **IS** For you if:

- You want **high-energy, high-content**.
- You appreciate a mentor who is **willing to be vulnerable**.
- You want a mentor who will **pull back the curtain** and share it all.
- You know who you're **BEING** is only part of the leadership success equation.
- You know what you're **DOING** is only part of the leadership success equation.
- You work well with being given tons of **resources and templates**. You know you want to work smarter not harder.
- You will do whatever it takes to create your success – **you just need to be shown the way**.
- You have a **heart of gold and are willing to work with others**, laugh with others and receive support from others.
- You like winning **prizes**.
- You want a **hands-on program** so you can implement right away.
- You appreciate having your **questions answered**.

My wish for you is:

- That you **lead with your heart**, not your head.
- That you **let go of the load of long-ago messages** & beliefs that said "You Can't."
- That you **give willingly**, trusting the same will be given back to you.
- That you **stand tall, stand proud, stand strong** and declare LOUDLY, "These are my unique gifts and I choose to share them with as many people as possible."
- That you **stop complaining** and start creating.
- That you claim clearly, "**NO**, I will not be just like everyone else."
- That you set yourself up to **be supported**.
- That you **stop hiding** and start sharing.
- That you **open your heart**, put down your shield and allow yourself to receive.

“There is a space for you in the world with your name on it...and your part is the lead part. No matter who you are, it's the lead. Because only you can play it, and without you it doesn't happen.” ~Flo Magdalena

 **SYNERGY Leadership Development Program Application** 

Please complete, (E)-sign & return agreement
Or mail to 4033 Cannery Woods Drive, Bridgewater, VA 22812
to save your space in the program

Name _____

Address _____

Day Phone _____ Evening _____

Please Check one : Friday Group _____ Saturday Group _____

Investment:

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For your convenience I accept **credit cards** through Pay Pal, and **checks** upon request.

Your payments **may be tax deductible as professional expense** or able to be withdrawn from flexible spending accounts. Please check with your employer &/or tax consultant.

To help ensure our time together is spent on issues that are of greatest importance to you, please keep payments easy-breezy. I ask for your prompt attention to this detail.

I understand that Christina Kunkle is not a licensed therapist and that I am responsible for all my decisions, actions and feelings.

Congratulations on giving yourself the gift of Coaching! Get ready for the amazing results of having **Inspiration, Motivation, Education, Synergy of Partnership, and Accountability** built into your powerful Group Coaching program!

Participant Signature _____ **Date** _____