## **Kristin Lamb**

Kristin Lamb is Riverview Hospital's WorkMed and Wellness Coordinator. In this role, Kristin manages Riverview employee wellness initiatives, coordinates wellness services with occupational health clients and companies, and facilitates the Riverview wellness partnership with surrounding school systems. Prior to moving into this role, Kristin has worked at the Riverview Community Health Clinic and has served as a Wellness coordinator for MedOne Urgent Care and Occupational Health in Anderson, Ind. Kristin holds a Bachelor of Science degree in Health Services (with a minor in Health Promotion and Worksite Wellness) from the University of Southern Indiana. Kristin is a true advocate for healthy living – she enjoys running and other physical activities. She incorporates nutrition into her everyday life and encourages others to do the same. Kristin is a certified American Heart Association CPR instructor, providing HeartSaver CPR instruction to the public. Kristin resides in Noblesville with her husband and three sons.