



Sharing Suite Calendar
December 2010

- 12/1/2010 Hospice 101 10am-10:30am
Speak with a hospice representative about hospice, palliative care, and grief counseling. Find out when it is time to call.
- 12/2/2010 Massages for Stress Relief 11am-3pm
Providing free massages to caregivers by a licensed massage therapist.
- 12/4/2010 Medication Consults With A Pharmacist 10:30am-12pm
Participants will have free medication consults by a registered pharmacist or have a Medicare Part D evaluation. Bring all medications with you and arrive 30 minutes prior to your appointment.
- 12/9/2010 Hospice 101 1pm-1:30pm
Speak with a hospice representative about hospice, palliative care, and grief counseling. Find out when it is time to call.
- 12/13/2010 Medications Consults With A Pharmacist 10:30am-2pm
Participants will have free medication consults by a registered pharmacist or have a Medicare Part D evaluation. Bring all medications with you and arrive 30 minutes prior to your appointment.

*You must call Guiding Lights to schedule your appointment 919-371-2062
We will not be able to accept drop-ins for the Sharing Suite
all consultations are **FREE** of charge.*
