

# Welcome to Rhythm of My Day

Here are activities to enjoy at home with your little one — and lyrics to all the Rhythm of My Day songs. We're delighted you've chosen to share in the delicious fun and learning that happens in a Kindermusik class!

## Heigh-Ho, Hello

*Folk Song/adapted*

Let's sing hello, hello.  
Let's sing hello, hello.  
Heigh-ho, the derry — Oh!  
Let's sing hello, hello.

### **Vs. 2**


Let's rock hello to Sophie, *etc.*

### **Vs. 3**

Let's bounce hello to Josh, *etc.*

### **Vs. 4**

Let's clap hello to Ellie, *etc.*


 As you enjoy your day with your baby — running to the market, visiting friends, stopping at the bank — greet each errand with the *Heigh-Ho, Hello* song. “Let's sing hello to Grandma,” “Let's sing hello to the bank,” “Let's sing hello to our doctor.” This will help your baby relax into the routine of his day, as well as offer a welcome familiarity between errands, home, and music class.

## With My Baby on My Knee

*New England Nursery Song*


With my baby on my knee,  
Tra la la, la la la.  
I'm as happy as can be,  
Tra la la, la la la.  
With my baby on my knee,  
Tra la la, la la la.  
La la la la la la la la.

### **Repeat all**

 Introducing your baby to different emotions in a safe environment is a good way to help foster emotional development. Try singing this song in a sad manner (“Without my baby on my knee, I'm as sad as can be”) and then in a happy manner (“With my baby on my knee, I'm as happy as can be!”). You can substitute other words, of course: blue, gloomy, frowny or cheery, delighted, smiley.



## Dawn Chorus (Instrumental)

 Use scent to help your baby develop even deeper emotional ties to music. Try adding a few drops of pure essential lavender oil to either a good grade olive oil or grape seed oil, then play this track while your baby enjoys a massage from you. (You can use the strokes learned in your Kindermusik class.) Any time is the right time for the Dawn Chorus and a soothing massage — after a bath, before a nap, at bedtime, whenever!

## I Like to Sing

*Traditional*

I like to sing when the sun is shining,  
Tra la la la la, tra la la la.  
I like to sing when the sun is shining,  
Tra la la la la, tra la la la.

### **Vs. 2**


I like to trot when the sun is shining, *etc.*

### **Vs. 3**

I like to swoop when the sun is shining, *etc.*

### **Vs. 4**

I like to twist when the sun is shining, *etc.*

 Changing this song's words to fit today's weather is a great way to encourage your baby to notice her surroundings: *I like to sing when the rain is falling....I like to dance when the wind is blowing....I like to cuddle when the snow is falling....I like to rock when the clouds are fluffy....I like to hug when the sky is gray, etc.*

## Ally Bally

*Scottish Lullaby*

Ally bally, ally bally bee,  
Sittin' on your daddy's knee.  
Greetin' for a wee penny,  
To buy some Coulter's candy.

Ally bally, ally bally bee,  
Sittin' on your mommy's knee.  
Greetin' for a wee penny,  
To buy some Coulter's candy.

### **Repeat first verse**

continued ↴



Movement stimulates learning, and it's certainly one of the best ways for your baby to learn about musical concepts like *legato* — which means in a smooth, connected manner. Enjoy dancing around the room with your baby by using long, swaying movements to reflect the *legato*, or smooth, feel of this song.

## Four White Horses

*Virgin Islands Folk Song*

Four white horses, on the river.  
Hey, hey, hey – up tomorrow,  
Up tomorrow is a rainy day.  
Come on and join our shadow play.  
Shadow play is a ripe banana,  
Up tomorrow is a rainy day.

La la la, la la la la la,  
La la la, la la la la la.  
La la la, la la la la la,  
La la la la la.

### Repeat first verse



Making homemade shakers is a great way of introducing timbre, or sound quality, to your baby. Learning to distinguish sounds not only helps her develop an appreciation for and sensitivity to music, it's also basic for language acquisition. Take a few child-safe containers like water or pill bottles, partially fill them with dry items like rice, beans, or cereal, and shake, shake, shake. Describe the different sounds you hear as you and your baby make music together!

## Maria's Gone

*Kentucky Play Party Song/adapted*

I wonder where Maria's gone,  
I wonder where Maria's gone,  
I wonder where Maria's gone  
So early in the morning.

### Vs. 2

Yonder she comes and it's how do you do, *etc.*

### Vs. 3

Give her a kiss and march on through, *etc.*

### Vs. 4

Swing to the right, then to the left, *etc.*

### Vs. 5

Two steps forward, then turn around, *etc.*

I wonder where Maria's gone,  
I wonder where Maria's gone,  
I wonder where Maria's gone  
So early in the morning.

I wonder where Maria's gone  
So early in the morning.



Babies love to move, and this song was made for dancing. Hold your baby in a variety of positions as you follow the dance steps in the lyrics: way up high or way down low, facing you or facing out, swaying or bouncing, maybe even “flying” horizontally as you move across the room. You're bound to get lots of laughs and smiles with this one!



## Suite for Solo Cello No 1 in G, BMV 1007 “Sarabande”(Instrumental)

*J.S. Bach*



Time for a different kind of dancing. This cello music calls for long, swooping, swaying motions to help your baby feel the beautiful varying lengths of *legato* (smooth) lines in the composition. Check out more danceable pieces on the downloadable album called *Sailing to Dreamland* [play.kindermusik.com](http://play.kindermusik.com).

## Giddy-Up, Horsey

*Written by Susan James Frye*

Giddy-up, horsey, giddy-up, horsey,  
Giddy-up, horsey, go, go go!  
Giddy-up, horsey, giddy-up, horsey,  
Giddy-up, horsey, whoooooaaaa!!

### Vs. 2

Giddy-down, horsey, giddy-down, horsey, *etc.*

### Vs. 3

Giddy-oops, horsey, giddy-oops, horsey, *etc.*

Giddy-up, horsey!	(Giddy-up, horsey!)
Go, go, go!	(Go, go, go!)
Giddy, giddy, giddy!	(Giddy, giddy, giddy!)
Giddy, giddy, up!	(Giddy, giddy, up!)
Giddy, giddy, down!	(Giddy, giddy, down!)
Whoooooaaaa!!	(Whoooooaaaa!!)



In music, *staccato* means detached, crisp, and disconnected, and your baby will love bouncing to the *staccato* sounds of this lively piece. He'll also enjoy a little horsey vocal play at the end, especially if you start by giving a good, long *neighhhh* and then invite him to respond in kind. For more musical animal fun, check out the downloadable album called *Cock-a-Doodle-Do-dle-Blue* at [play.kindermusik.com](http://play.kindermusik.com).

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## Cuckoo, Cherry Tree

Traditional

Cuckoo, cherry tree.  
Roll the ball, roll it to me. *(repeat)*

Cuckoo, cherry tree.  
Throw the ball, throw it to me. *(repeat)*

Cuckoo, cherry tree.  
Bounce the ball, bounce it to me. *(repeat)*



Roll together several of your baby's socks to make a homemade ball that you can toss or roll while singing this song together. Want to bump it up a notch? Make different colored sock balls and then work the colors into the song: *Roll the red ball, roll it to me!*



## Singing Sol-Mi (Vocal Play)

Sol-Mi, Sarah.  
Hello, Sarah.  
Here are Cody's fingers.  
Noah is crawling.



In music, *Sol* and *Mi* are the singing syllables that represent "the calling interval," which is the first interval that children are able to reproduce vocally. Listen to this track, then try using the calling interval to sing through your day: "Let's eat our breakfast" (*Sol-Mi-Mi-Sol-Mi*) or "Let's take a nap" (*Sol-Mi-Sol-Mi*).

## Weggis Song

Swiss Folk Song/adapted

*Bum bum bum bada dum bum bum.*  
*Bum bada dum, bum bum bada dum.*  
*Bum bum bum bada dum bum bum.*  
*Bum bada dum, bum bum bada dum.*  
*Too too too too too.*  
*Bum bada dum, bum bum bada dum.*  
*Too too too too too.*  
*Bum bada dum, bum bum bada dum.*

From Lucerne to Weggis town,  
Holdiridi-a, holdiri-a.  
Shoes and stockings we don't have on,  
Holdiridi-a, holdia.  
Holdiridi-a, holdiridi-a, holdiri-a.  
Holdiridi-a, holdiridi-a, holdiri-a.

### Repeat all



This Swiss folk song contains both *staccato* (bouncy, detached) and *legato* (smooth, connected) sounds. Take your baby for a dance, bouncing her during the staccato sections and swaying her during the legato sections.



## Baby-O

Appalachian Folk Song

### Refrain

What will we do with the baby-o?  
*Keep a steady beat on Baby by gently patting her tummy, bouncing, or rocking.*  
What will we do with the baby-o?  
What will we do with the baby-o  
If she won't go to sleepy-o?

Wrap her up in calico,  
*Cross Baby's arms over each other to a steady beat, first right over left, then left over right, and so on.*  
Wrap her up in calico,  
Wrap her up in calico,  
Send her to her Daddy-o.  
*Stay seated and lift Baby into the air.*

### Refrain

Tickle his chin and wiggle his toes,  
*Tickle and wiggle as indicated.*  
Tickle his chin and wiggle his toes,  
Tickle his chin and wiggle his toes,  
Dress him up in his city clothes.  
*Lift Baby and give him a hug.*

### Refrain

Fold her up in a tablecloth,  
*Lift Baby's legs up and over her head.*  
Fold her up in a tablecloth,  
Fold her up in a tablecloth,  
Throw her up in the old hayloft.  
*Stand up and lift Baby into the air.*

### Refrain

continued ↴



Swing him north and swing him south,  
*Stand and lift Baby to the ceiling,*  
*then lower him back down to the floor.*  
 Swing him north and swing him south,  
 Swing him north and swing him south,  
 Pour a little honey in his mouth.  
*Cradling Baby in your arms,*  
*give him a little kiss.*



The lively, upbeat rhythm of this Appalachian folk song makes it a happy addition to bath and bed time. Start by singing “Tickle his chin and wiggle his toes” as you wash your baby’s face and feet. When it’s time to dry off, you can switch the words to “Fold him up in a bath towel,” and as you put on jammies you can “Wrap him up in calico.” Finish up by settling into the rocking chair as you “Swing him north and swing him south”—and don’t forget to give a little kiss as you “pour a little honey in his mouth!”

## Bim Bam

*Hebrew Folk Song*

Bim bam, biri biri bam.  
 Biri biri, bim bam, biri biri bam.  
 Bim bam, bim bam.  
 Bim bam, biri biri bam.  
 Bim bam, bim bam.  
 Bim bam, biri biri bam.

### Repeat all



Babies love new sounds! Gather up some metal utensils from the kitchen (spoons, measuring cups, whisks, etc.) and explore different ways of “playing” them with your baby. How many ringing tones can you make to accompany this song?

## Water Come a Me Eye

*Jamaican Folk Song*

Ev’ry time I think of Liza,  
 Water come a me eye.  
 Ev’ry time I think of Liza,  
 Water come a me eye.

Come back, Liza, come back, girl.  
 Water come a me eye.  
 Come back, Liza, come back, girl.  
 Water come a me eye.

### Repeat all



This Jamaican folk song begs for drums. Make your own out of empty containers like oatmeal boxes, coffee cans, ice cream tubs, or cardboard boxes. Use your hands to tap or pound on your “drums,” as you and your baby play along with this rhythmic song. Each drum will have its own unique sound — which does your baby like best?

## Go into the Kitchen

*Adapted Square Dance Tune*

Go into the kitchen and take a peek,  
 Go out of the kitchen and tap your feet,  
 Go into the kitchen and take a peek,  
 Go out of the kitchen and swing your sweet.

Go into the kitchen and take a peek,  
 Go out of the kitchen and wiggle your feet,  
 Go into the kitchen and take a peek,  
 Go out of the kitchen and swing your sweet.

Go into the kitchen and take a peek,  
 Go out of the kitchen and stomp your feet,  
 Go into the kitchen and take a peek,  
 Go out of the kitchen and swing your sweet.

continued ↗



Singing this song as you go about your daily activities is a great way to help your baby learn about routine. Try adding verses to suit your day: *Go into the market and buy some milk; Go into the doctors’ and get some medicine; Go into the bedroom and go to sleep, etc.* Don’t forget to include motions as you wiggle and giggle and stomp your way through the day!



## Wash the Dishes

*Mother Goose Nursery Rhyme / adapted*

Wash the dishes,  
*Rub Baby’s stomach or back,*  
*making a few washing*  
*sounds after each line.*

Wipe the dishes,  
 Ring the bell for tea.  
*Tap Baby’s nose or belly button,*  
*making a “ding-dong” sound.*

Three good wishes,  
*Sway side to side holding*  
*Baby’s hands or feet.*

Three good kisses  
 I will give to thee.

One, two, three.  
*Speak, giving Baby three kisses*  
*between the words, “One, two, three.”*



While reciting this poem, bounce your baby to the rhythm of your speech. Try varying the speed of your speaking voice, alternating between *adagio* (slow), *moderato* (moderate), and *allegro* (fast).



Use real or homemade instruments to play along with this song. Bells, drums, and shakers all make fascinating sounds to keep your baby interested. Feel free to be inventive with the words, too — *Lost them, lost them, where are the wooden spoons?*—your voice is your baby's favorite sound, and she's always ready to absorb new vocabulary from you!

## The Mulberry Bush

English Folk Song

Here we go 'round the mulberry bush,  
The mulberry bush, the mulberry bush.  
Here we go 'round the mulberry bush,  
So early in the morning.

### Repeat all



Try changing the words and matching movements to lyrics as you sing this song with your baby: *Here we go moving up and down* (lift your baby up and then down); *Here we go dancing side to side* (glide from side to side with your baby in your arms); *Here we go spinning all about* (twirl or spin around).

## Walk All Around

American Folk Song

Walk all around now, walk all around.  
Walk all around now, walk all around.  
Walk all around now, walk all around.  
Walk all around now, walk all around.  
And stop.

### Vs. 2

Dance all around now, dance all around, *etc.*

### Vs. 3

Tiptoe around now, tiptoe around, *etc.*

### Vs. 4

Circle around now, circle around, *etc.*



Using this song to help your baby transition from riding to walking — and back to riding again — will make a day full of errands easier for you. Change the words to *Drive all around* when you are in the car, then back to *Walk all around* as you walk through the market or post office, then back again to *Drive all around* when you hop in the car again. You get the idea. More musical pieces to accompany you through your daily activities can be found at [play.kindermusik.com](http://play.kindermusik.com) on the downloadable album called *Music Makes My Day*.

## Üsküdar

Turkish Folk Song

On my way to Üsküdar, it began to rain.  
On my way to Üsküdar, it began to rain.  
La, la, la, la, la, la, la, la, la, la,  
La, la, la, la, la, la, la, la, la.  
La, la, la, la, la, la, la, la, la, la,  
La, la, la, la, la, la, la, la, la.

### Repeat twice

La, la, la, la, la, la, la, la, la, la,  
La, la, la, la, la, la, la, la, la.  
La, la, la, la, la, la, la, la, la, la,  
La, la, la, la, la, la, la, la, la.



Enjoy dancing with your baby to this popular Turkish folk song. Use short, crisp, or bouncy movements, such as tip-toeing, bouncing, or sharply defined up-and-down motions to help him feel the *staccato* (detached, bouncy) nature of this piece and of the sounds that raindrops make.

## Jingle Go the Baby Bells

Words & Music by Susan James Frye

Jingle, jingle, jingle go the baby bells,  
Jingle, jingle, jingle go the bells.  
Jingle, jingle, jingle go the baby bells,  
Jingle, jingle, jingle go the bells.

### Bells refrain:

(*slowly*) Lost them, lost them,  
Where are the baby bells?  
(*fast*) Found them, found them,  
Here are the baby bells.

### Vs. 2

Bounce-a, bounce-a, bounce-a  
go the baby bells, *etc.*

### Bells refrain

### Vs. 3

Sh-sh-sh-sh-sh go the baby bells, *etc.*

### Bells refrain

### Vs. 4

Rattle, rattle, rattle go the clackers, *etc.*

### Clackers refrain:

(*slowly*) Lost them, lost them,  
Where are the clackers?  
(*fast*) Found them, found them,  
Here are the clackers.

### Vs. 5

Roll-a, roll-a, roll-a go the clackers, *etc.*

### Clackers refrain

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## Hey, Lolly

Calypso Song

Hey, Lolly, Lolly, Lolly,  
Hey, Lolly, Lolly-o.  
Hey, Lolly, Lolly, Lolly,  
Hey, Lolly, Lolly-o.

This is a silly kind of song,  
Hey, Lolly, Lolly-o.  
You make it up as you go along,  
Hey, Lolly, Lolly-o.

### Vs. 2


Hey, Mommy, Mommy, Mommy, *etc.*

### Vs. 3

Hey, Daddy, Daddy, Daddy, *etc.*

### Vs. 4

Hey, Baby, Baby, Baby, *etc.*

 Family is important to your baby, so gather your family together and have a circle dance to this lively song. Let each member of the family take a turn standing in the middle, while the others circle around singing: *Hey, Brother, Brother, Brother or Hey, Grandpa, Grandpa, Grandpa.*

"Time to get dressed," my Mommy will say.  
"Time to get going and start out our day."

*Rhythm, the rhythm, the rhythm of my day.*

We sing and we dance;  
we rock and we twirl,  
All through the house in a galloping whirl.

*Rhythm, the rhythm, the rhythm of my day.*

After my nap and before I can play,  
A diaper change is always well on its way.

*Rhythm, the rhythm, the rhythm of my day.*

Poof-a-poof in a cuddly cloud;  
After my bath I giggle out loud.

*Rhythm, the rhythm, the rhythm of my day.*

Now that the sun has gone ...  
And Daddy's turned off the light ...  
Mommy gives me kisses and says,  
"nighty-night."

And that's the rhythm of my day.

*Rhythm, the rhythm, the rhythm of my day.*

Share this book at different times throughout your baby's day, to help her identify and welcome routine and rituals. Try adding verses to fit activities not mentioned in the book, like visiting Grandma, going to library story hour, or taking a walk around the block. Your new verses don't have to rhyme — just remember to add the familiar *Rhythm, the rhythm, the rhythm of my day* to the end of each verse.




## Allee Galloo

Singing Game

Allee galloo galloo.  
Allee galloo gallee.  
Allee galloo galloo gallee.  
Wheeeee!

### Repeat all

 As you sing this song, sway your baby to the steady beat. Begin by holding him down low on the first phrase, then raise him a little higher on the second phrase, and even higher on the third phrase. When you get to the end and sing the word *Wheeeee* with a vocal glide, lift your baby even higher if your voice goes up, or bring him back low if your voice goes down.

## Let Me Call You Sweetheart

Words & Music by Leo Friedman  
and Beth Slater Whitson

I am dreaming, Dear, of you,  
Day by day;  
Dreaming when the skies are blue,  
When they're gray.  
When the silv'ry moonlight gleams,  
Still I wander on in dreams —  
In a land of love, it seems,  
Just with you.

### Refrain:

*Let me call you "Sweetheart" —  
I'm in love with you.  
Let me hear you whisper  
That you love me, too.  
Keep the love-light glowing  
In your eyes so true.  
Let me call you "Sweetheart" —  
I'm in love with you.*

## The Rhythm of My Day (Baby's Book)

Written by Angela R. Yates

*Rhythm, the rhythm, the rhythm of my day.*

Pearls of sunshine on my bed,  
Dance about my waking head.

*Rhythm, the rhythm, the rhythm of my day.*

My tummy gets hungry for something to eat;  
Here comes my "yum-yum," a delightful treat.

*Rhythm, the rhythm, the rhythm of my day.*


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Longing for you all the while,  
More and more.  
Longing for the sunny smile,  
I adore.  
Birds are singing far and near,  
Roses blooming ev'rywhere.  
You, alone, my heart can cheer.  
You, just you.

### Refrain

 Lay your baby on a favorite blanket while you sing this love song to your own little sweetheart. Be sure to make eye contact! For even more rhythmic enjoyment, try rolling her gently from side to side to the beat of the music while you sing.

## I See You (Jag ser dig)

*Swedish Children's Singing Game*

I see you, I see you,  
Tra la la la la.  
I see you, I see you,  
Tra la la la la.

### Refrain:

I see you and you see me,  
Tra la la la la.  
I see you and you see me,  
Tra la la la la.

*Jag ser dig, jag ser dig,*  
Tra la la la la.  
*Jag ser dig, jag ser dig,*  
Tra la la la la.

### Refrain

*Te veo, te veo,*  
Tra la la la la la.  
*Te veo, te veo,*  
Tra la la la la la.

continued ↗


### Refrain

*Mia dayo, mia dayo,*  
Tra la la la la la.  
*Mia dayo, mia dayo,*  
Tra la la la la la.

### Refrain

I see you/*jag ser dig/te veo/mia dayo,*  
I see you/*jag ser dig/te veo/mia dayo,*  
Tra la la la la la la. (*repeat verse*)

### Refrain

 Getting dressed and undressed isn't always a baby's favorite activity. Try turning this song into a singing game of peekaboo as you dress your child after bath or nap time. Covering and uncovering his face with a clean t-shirt as you sing can make this daily ritual a lot more fun for you both!

## Hëvënu Shalom

*Hebrew Folk Song*

(*Instrumental passage*)

Hëvënu shalom alechem.  
Hëvënu shalom alechem.  
Hëvënu shalom alechem.  
Hëvënu shalom, shalom, shalom alechem.

### Repeat verse

(*Instrumental passage*)

Hëvënu shalom alechem.  
Hëvënu shalom alechem.  
Hëvënu shalom alechem.  
Hëvënu shalom, shalom, shalom alechem.

### Repeat verse

(*Instrumental passage*)

continued ↗



This Hebrew folk song is a fast dance tune. Enjoy a lively dance with your baby while listening to the language and musical diversity this selection offers. Remember to hold your baby in different positions as you explore marching, fast tip-toeing, swaying, or twirling type movements.



## Sing Together

*English Round*

Sing, sing together,  
Merrily, merrily sing.  
Sing, sing together,  
Merrily, merrily sing.  
Sing, sing, sing, sing.

### Vs. 2

Sway, sway together, etc.

### Vs. 3

Twirl, twirl together, etc.

### Vs. 4

Fly, fly together, etc.

(*"Sway," "Twirl," and "Fly" sung as a round*)

### Repeat first verse



This simple melody is very catchy and can help you and your baby go merrily through your day. Try adding verses to match your activities: *Eat, eat together; Shop, shop together; Rest, rest together.*

## Twinkle Dance (Instrumental)



This song has two basic sections. One is written in a major key and has a happy, upbeat sound, while the second is written in a minor key and has a more reflective, sad sound. To help your baby feel the differences between the sections, bounce her on your outstretched legs to the major sections, and when the music changes to the minor key, begin swaying her side to side.

## Au clair de la Lune

*Written by Jean Baptiste Lully/adapted*

Good Pierrot, befriend me,  
In the moonshine bright!  
Your quill pen, oh lend me  
So that I may write.  
Blown out is my candle,  
My fire will not go;  
Turn the big door handle,  
Let me in, Peirrot!

Moonbeams all things lighting,  
Pierrot crossly said:  
“I’ve no pen for writing,  
I am snug in bed.  
Go and ask your neighbor,  
Go to her instead;  
She is at her labor  
Making loaves of bread.”

Good Pierrot, befriend me,  
In the moonshine bright!  
Your quill pen, oh lend me,  
So that I may write.  
Blown out is my candle,  
My fire will not go;  
Turn the big door handle,  
Let me in, Peirrot!

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Moonbeams all things lighting,  
Pierrot crossly said,  
“I’ve no pen for writing,  
I am snug in bed.  
Go and ask your neighbor,  
Go to her instead;  
She is at her labor,  
Making loaves of bread.”



This is another great song for dancing! Vary your movements to help your baby feel the differences in rhythm as the music goes from *legato* (smooth) and *staccato* (bouncy). Hopping, bumping, marching, or tip-toeing work well for staccato sections, while long, smooth movements like swaying, gliding, and sliding are more suited for the legato sections.



## Golden Slumbers

*English Lullaby*

Golden slumbers kiss your eyes,  
Smiles await you when you rise;  
Sleep now, my little one, do not cry,  
And I will sing a lullaby.

### Repeat all



Rituals are an integral part of your baby’s daily routine, and you can use this song to help mark the bedtime ritual. Turn the lights down low, then rock or sway with your baby as you both feel the calming legato rhythms of the music. Remember to make eye contact as you sing. Other soothing bedtime songs are available on the downloadable album called *Sleep, Little One* at [play.kindermusik.com](http://play.kindermusik.com).

## Goodbye, Babies

*Adapted Folk Song*

Goodbye, babies,  
Goodbye, grownups,  
Goodbye, ev’ryone,  
It’s time to sing goodbye.

Goodbye, mommies,  
Goodbye, daddies,  
Goodbye, ev’ryone,  
It’s time to sing goodbye.

*(humming)*



Often babies don’t like to leave or be separated from the people, places, or things they care about. Use this song to help make separations less threatening as you and your baby go about your daily activities. Sing *Goodbye, Grandma* or *Goodbye, playground* as a familiar ritual to mark the ending of one thing — and the beginning of another.

