## **MAUI BY NIGHT**



#### KAANAPALI SUNSET LUAU AT THE SHERATON MAUI RESORT

Travel through the islands of Polynesia at a beachside luau! Experience the songs and dances of the Polynesian cultures - Hawaiian, Samoan, Tahitian, Fijian, Tongan and more. An all-you-can-eat grand buffet dinner, open bar and show. Monday/Wednesday, 5:30pm

#### MAUI PRINCESS SUNSET DINING & DANCING WITH HAWAII OCEAN PROJECT

A romantic evening aboard the Maui Princess a proud member of HOP. Open air, upper deck seating, table side service, calm waters, and live music aboard the largest and most comfortable cruise vessel on Maui.



HOP is sponsored by The Lahaina Cruise Company and features the "Research Direct Program" which is funded through voluntary contributions

Live Music • Full Bar • Monday to Saturday 5:30pm-8:00pm

## KUPANAHA MAGIC DINNER SHOW

Marvelous illusions & enchanting hula, influenced by Hawaiian lore and famous magicians who visited Maui in their glory days of yore. While you dine, our close-up illusionist makes his rounds, enchanting with intimate table-side magic.



Then, prepare to be amazed as the Baran's take the stage, putting on a unique show filled with classic magic, Hawaiian culture, cutting-edge illusions, audience participation and laugh-out-loud comedy. Truly and unforgettable Maui Experience! Tuesday-Saturday, 4:45pm

#### NOTES:

## NEIGHBOR ISLAND TOURS



#### PEARL HARBOR HEROES ADVENTURE WITH POLYNESIAN ADVENTURE TOURS

Experience history as you walk in the exact footsteps of America's most courageous Heroes. This comprehensive Pearl Harbor guided tour includes the Arizona Memorial, USS Missouri Battleship, USS Bowfin Submarine & The Pacific Aviation Museum.

This popular tour leaves from nearby West Maui Kapalua Airport at 8:00 am and returns before 5:30pm. M-F (see concierge for details) includes admission to all venues, no host lunch.



#### A2-PEARL HARBOR, HONOLULU CITY TOUR WITH POLYNESIAN ADVENTURE TOURS

This is a great tour that includes many attractions including: Pearl Harbor, Arizona Memorial, a guided tour of the USS Missouri Battleship; historical structures of downtown Honolulu: Iolani Palace, Statue of King Kamehameha and much more.

Enjoy a no-host lunch at world famous Waikiki Beach at the foot of Diamond Head, and the experience the serenity of Punchbowl National Cemetery of the Pacific. Mon.-Fri. (Hotel pick up available at additional cost, please see resort concierge for details).

#### THE FRIENDLY ISLE - ISLAND OF MOLOKA'I

Board a ferry and ride across the ocean to Moloka'i! An opportunity to visit Kalaupapa Sea Cliffs, Kaunakakai Town, Father Damien's Church, an ancient Heiau, Macadamia Nut farm and more. Includes round trip ferry, ground transportation, and lunch. Ask about the ferry only and rental car packages too! Monday – Friday.

#### **EXPLORE THE ISLAND OF LANA'I**

Cruise and 4X4 packages available to discover the Pineapple Isle. Snorkel with the dolphins and explore beautiful Manele Bay. Golf and overnight packages are also available! Round-trip ferry with multiple departure and return times daily.



## Beach Activities of Maui

Island Activities & Tours

ALL PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE. PRICES DO NOT INCLUDE STATE AND HARBOR TAXES. VENDORS HAVE A STRICT 48 HOUR CANCELLATION POLICY UNLESS STATED OTHERWISE. ACTIVITIES ARE NON-REFUNDABLE WITHIN 48 HOURS OF THE ACTIVITY DATE AND TIME. ADDITIONAL RESTRICTIONS MAY APPLY.

Call to Reserve Today! 808-662-8135 or 808-661-0031 ext. 38135

Email: smc@bamhawaii.com

# Island Activities Guide



Aloha and welcome to the Sheraton Maui Resort and Spa! All tours and activities must be booked in advance. Reservations are made at the Resort Activity Concierge desk located in the main lobby and at the Pool Activity Desk. Please call (808) 662-8135 or the in-house extension at 38135 for information and reservations.

## Let the relaxation begin at the Spa at Black Rock Experience an oceanfront cabana massage

The perfect getaway on the beach walk nestled beside Black Rock as our oceanfront cabana. Let our cabana therapists customize a massage for you or for two. Our signature massage will relax, rejuvenate and revive your senses. Try the Aloe Hydrating Sunburn Relief of Aloe and Lavender combined with cool marble stones to soothe irritated or sun exposed skin. Or try our Lomi Lomi Hawaiian massage which uses organic mango pomegranate oil. Come experience the Spa at Black Rock. Ask about our \$99 specials.



### **MAUI BY SEA**



## TERALANI CATAMARAN PREMIER SNORKEL

Departing Ka'anapali Beach on a 65' catamaran for a day of unbelievable snorkeling. Two snorkel locations, all snorkel equipment and lessons are provided. Enjoy a continental breakfast, BBQ lunch, refreshments & open bar! Check-in 9:00am

9:30am - 2:30pm. Daily except Sunday

#### TERALANI SUNSET DINNER SAIL/WHALE WATCH

Board Ka'anapali's newest luxury catamaran, departing just steps from your hotel room. Serving a full buffet dinner and open bar as you take in spectacular views of the outer islands and the magnificent West Maui Mountains. Times vary, see concierge.

#### TERALANI SUNSET COCKTAIL SAIL / WHALE WATCH

Departing from the beach just steps from your hotel room. Board a luxury catamaran and enjoy a late afternoon cruise off the coast of Maui. Enjoy appetizers, an open bar and the magnificent Maui sunset. Times vary, see concierge.

#### **WEST MAUI SNORKEL**

Four hours on the water as you explore the West Maui coastline. All equipment, snorkeling lessons, deli style lunch, refreshments and open bar provided. Check-in 10:30am 11:00am - 3:00pm Daily

#### SCUBA DIVE AT BLACK ROCK

Introductory Beach Dive - no experience necessary, includes all equipment 9:30am and 1:30pm. Daily. Night Dives, Beach Dives and Scooter Dives are available for certified divers. Open Water PADI Certification Course available.

#### DEEP SEA FISHING

Reel in the big one! Hawaiian game fish include Mahi Mahi, Ono, Ahi, and the Pacific Marlin. 4, 6, 8 hour trips. Private charters also available.

#### **TERALANI WHALE WATCH**

2 times to choose from, departing from Ka'anapali Beach for a 2-hour whale watch packed with fun and education for the entire family. 10:00am – 12:00pm tour includes continental breakfast, coffee, assorted soft drinks, juices and Pogmosas 12:30 – 2:30pm tour includes beer, wine, soft drinks, juices and dry snacks Daily except Sat.



## WHALE WATCH FOR RESEARCH with HAWAII OCEAN PROJECT

aboard the Kaulana – Maui's most stable boat, on the calm, glistening Lahaina waters while humpbacks play in the Pacific. Spacious open main deck with



360° degree viewing A perfect way to build a lasting memory. Fun for the entire family! HOP is sponsored by The Lahaina Cruise Company and features the "Research Direct Program" which is funded through voluntary contributions. Our Whale Watches support genuine research and education. 2 Hour Eco-Ocean Whale Watches • 7:30am (Early Bird), 9:45am, 12:00pm, 2:15pm (Late Bird) Whale sightings guaranteed or go again free – through May 1, 2012



#### MOLOKINI SNORKEL ON FOUR WINDS II

Great for Families! Awesome Glass bottom Viewing Room! Waterslide, Continental Breakfast, Deluxe BBQ Lunch and an open bar of beer, wine, soda and juice. Fondly referred to as, "the boat for fun lovers". Four Winds II is a very

stable, 55 foot catamaran. Join our great crew to snorkel Molokini or Coral Gardens. Morning and afternoon tours available.

## MAUI BY SEA (CONTINUED)

#### LANA'I DOLPHIN ADVENTURE with MAUI ADVENTURE CRUISES

Take the exciting Explorer Super Raft to Lanai on one of two great snorkeling adventures. The 4.5 hr Lanai Dolphin Adventure includes snorkeling at 2 sites. Experience Lanai's barrier reef and



encounter Spinner Dolphins, sea turtles and colorful tropical fish. Continental breakfast, deli style lunch, gear and instruction included. Departs Lahaina Harbor 7:30am–12pm Tues/Thurs/Sat.

Visit another island on the Lanai Landing Adventure - 6.5 hr snorkel excursion with 3 hrs on Lanai to explore Manele Bay & Marine Preserve, Nearby tide pools and Sweetheart Rock. Departs 9:30am - 4:00+pm Mon, Wed & Fri



#### **ATLANTIS SUBMARINE**

Enjoy the excitement of being on a real submarine as an experienced crew shows you the marine life for which Hawaii is famous. This 48 passenger, air-conditioned submarine dives down to 130 feet below the surface. Children must be above 3 feet tall. Ask about the Value Pass!

#### **SEA KAYAKING**

Kayak tours available for those who want a closer look at Maui's beautiful coastline. Snorkeling equipment, snacks, refreshments are provided. Two to six hour tours available. Typical check-in is 7:15am

#### **SAILING**

Performance sails and trade wind Sunset sails on an America's Cup contender. Experience the thrill of sailing at its finest with a crew who likes to go fast! Whale watching possible. Departs Lahaina Harbor daily at 11am, 2pm, 4:15pm.

#### SURF LESSONS – ROYAL HAWAIIAN SURF ACADEMY – Ka'anapali Beach or Lahaina Harbor

The surf is always up in Maui. You're guaranteed to surf in your first lesson. Fun, exciting.



## PRIVATE CHARTER FAMILY SIZE with WAKE MAUI!

Snorkel, Whale Watch, Wakeboard, Waterski, Wake Surf and more with Wake Maui! We offer private charters for up to six people to do whatever YOU want to do. We provide all



the equipment and our captain who also happens to be the owner. "I strive to make every charter my best because your morning with me is the focus of my whole day." –Ryan Hickey

#### GEO TREK DIGITAL CAM MASK

The perfect complement to your snorkel, snuba, or scuba trip! Geo Trek Hawaii's digital video camera masks allow for hands free swimming while capturing stunning still photos or video without the fuss of a standard underwater camera. Rent one for a day or for a week.

### **MAUI BY LAND**

## HANA PICNIC TOUR WITH MAHALO TOURS

See the most beautiful area of the Valley Isle without having to drive the dreaded "Hana Highway" yourself! Full day van tour to the Hana rainforest are available daily. See magnificent waterfalls, exotic flowers, a black sand beach and miles of unbelievable coastline. Continental breakfast, lunch, snacks and beverages are included. Minibus or luxury van tours 7:00am – 6:00pm. Private charters also available.



# HALEAKALA CRATER SUNRISE TOUR WITH POLYNESIAN ADVENTURE TOURS

Witness the glory of the most spectacular sunrise on Earth! Rising over 10,000 ft. from sea level, you will marvel at the panoramic

views and insightful information provided by our professional driver/tour guides as they share their knowledge of the world's largest dormant volcano. Tues.-Sun. Hotel pick-up, (see concierge for pick-up & return times), complimentary coffee and pastries.

#### **GPS AUDIO TOUR GUIDE**

Geo Trek Hawaii's award-winning GPS narrated tours will guide you to all the best spots on the Road to Hana or to the summit of Haleakala. Just drive, look, and listen as precisely timed custom



content is delivered based on your exact location. Hear cultural and historical highlights while exploring Maui's most popular attractions from the comfort and convenience of your car.

# HALEAKALA, IAO VALLEY, CENTRAL MAUI DAY TOUR WITH POLYNESIAN ADVENTURE TOURS

Journey to the summit of majestic Haleakala Crater and enjoy the diverse

Haleakala Crater and enjoy the diverse scenery of this "magical mountain" as you traverse its slopes. Enjoy lunch in historically preserved Makawao Town, and then take a scenic drive through Central Maui to historic lao Valley, where King Kamehameha won the battle to conquer Maui. Learn the history and legends from our expert tour guides. Every day except Wed., Hotel pick-up (see concierge for times): no host lunch.

## MAUI BY LAND (CONTINUED)



#### ZIPLINE

SKYLINE ECO ADVENTURES -

**Ka'anapali -** Eight amazing ziplines allow you to soar high above streams and waterfalls. Includes continental breakfast or lunch 5 minute drive (4 hour tour)Weight restrictions apply, minimum of 80 lbs. max of 260lbs, must be 10 years of age

#### SKYLINE ECO ADVENTURES -

**Haleakala** – Five zipline crossings plus an "Indiana Jones" style swinging bridge over a

beautiful valley on Haleakala Ranch. 1.5 hour drive (2 1/2 hrs tour). Weight restrictions apply, minimum of 80 lbs. max of 260lbs, must be 10 years of age.

**Kapalua** - Upper Mtn Loop soars high above tree canopies, over lush valleys and a secret waterfall on four ziplines. Including line #3, the longest at 2,300 feet in length. Must be able to carry gear of 15 lbs. 20 min drive (3 hr tour)

Weight restrictions apply, minimum of 60 lbs. max of 250lbs, must be 10 years of age.

**Makawao** - Upcountry location has 4 or 5 line tours, with the 5 having the longest zipline in Hawaii at 2,800 p/p 1 hr, 15 minute drive (3 hour tour). Weight restrictions apply, minimum of 75 lbs. max of 275 lbs, must be 10

years of age.



New - 9 line tree-top canopy tour through a stunning tropical forest. Weight restrictions apply, minimum of 60 lbs. max of 250 lbs, must be 8 years of age. (3 hour tour)

**MAÚI ZIPLINE** - Maui's most family friendly zipline with 5 side-by-side ziplines for children 5 years of age and up! Zip over a lush landscape, swaying palm trees and savor the majestic views of the Valley Isle. 40 minute drive (2 hour tour). Weight restrictions apply, minimum of 50lbs. max of 250lbs.

#### WATERFALL HIKE

Half day to full day hiking tours through Hawaii's most unique rainforests. Explore waterfalls and rainforests on the Road to Hana or hike the Haleakala Crater. Includes continental breakfast and lunch on some hikes. Short -1 Mile hike (7:30am to 12:30pm), Full Day 2.5 Mile Hike (8:30am to 3:00pm), Hana – 4.5 Miles (6am – 6:30pm), Haleakala Crater - 4.0 Mile Hike (8am – 5:30pm) Hotel pick-up available on most tours.

#### HALEAKALA SUNRISE/DOWNHILL BICYCLE TRIP WITH CRUISER PHIL'S

Watch the sun come up over Haleakala Crater at the 10,023' elevation, followed by a van tour



of the National Park. Begin your bicycle adventure from 6500', down the incredible mountainside. No pregnant women. Children must be 12 years old and at least 5'0" to ride on their own. Includes hotel pickup, continental breakfast and no-host lunch. Pickup times vary, see Concierge.

#### WEST MAUI ATV ADVENTURES/ WATERSLIDE TOUR

Enjoy a ride in your own Rhino Jeep through an active cattle pasture on private trails inaccessible to the general public. Experience the unspoiled West Maui Mountains with breathtaking views of Lahaina Town, Ka'anapali, Lana'i & Moloka'i. Snacks and beverages included. 2.5 hours – 8:00am ATV only / 11:00am / 2:00pm



#### IRONWOOD RANCH HORSEBACK ADVENTURE

West Maui Journey ride takes you through a region called "Maile Pai" meaning "fast growing vine," visiting rolling hills and lush tropical valleys

along the way. An easy-going journey recommended for all riding levels with several departures daily. 1 1/2 hours ride. Sunset Rides also available.

#### NATIVE HAWAIIAN HORSEBACK ADVENTURE AT MAUI STABLES

Ride through the lush rainforest, viewing Maui's largest waterfalls and the "Seven Sacred Pools" of Oheo Gulch on horseback. Guided by Native Hawaiians sharing their local history, diverse culture, and knowledge of the "aina". A truly unique and local experience! Regular morning and limited afternoon rides available. (3 hour tour)

### **MAUI BY AIR**



## FLY THE BLACK BEAUTIES WITH SUNSHINE HELICOPTER TOURS

This is a must-do activity on Maui since over 80% of the island is only accessible by helicopter! Its dense jungles, towering waterfalls, and incredible pools are breathtaking. Fly in an FX-Star or WhisperStar helicopter with customized seats; equipped with 5 state-of-the-art video cameras, custom stereo headsets, full narration with CD music, Sky-Cam DVD

system (with optional purchase of your actual flight). See Haleakala Crater with its moon-like surface and cinder cones towering 1100 ft., Hana's beautiful tropical rainforest or choose West Maui Mountains, the second wettest spot on earth with the tallest continuous waterfall on Maui or both with the complete Circle Island tour or select West Maui Mountains & Molokai's North Shore with the worlds steepest sea cliffs towering some 3000 ft. and the tallest waterfall in all of Hawaii. Exclusive "First-class" seats available on both style aircraft. Prices vary upon tour selection and weight considerations apply. Ask about Early Bird Specials!

#### **HANA SKY TREK**

Combine a 40-minute Helicopter tour of Haleakala Crater and the Hana rainforest with a deluxe 3 1/2 hour limo-van tour. See it all from the air, then land in Hana to swim in a waterfall and walk on a black sand beach. A gourmet picnic lunch is provided with smoked chicken and pasta salad, all served on china and linen.

Departing from Kahului Heliport. 7:00am – 1:30pm or 11:15am – 5:30pm.