

It all started October 11th 1995, when my parents had their third child, me, Adriana. I've lived all my life in a small village in the border between Portugal and Spain and, even though small, it's very cousy and has very nice people. I live with my mother, Alexandra, and my father, Carlos Augusto. They are really nice people and they've always taught me to be polite and respectful towards others. My mother works in a hotel as a director and my dad has his own store, they help me with my homework if need so but I usually study on my own. I have a sister and a brother, Bárbara and Pedro who are away to study in Oporto due to the absence of colleges in our village. Bárbara is studying Nutrition and Pedro is studying Architecture and we always got along well even though we have had our issues as expected. I live in a very cousy house with both my parents and they've always worked hard to provide me with everything I needed. I have two dogs, Billy and Baltaz, which me and my family raised and loved since they were little puppies. I consider myself a very sociable person; I'm always there for my friends when they need me; I'm honest and a little stubborn; I'm outgoing and I've always enjoyed meeting new people. I study at local school, where I chose to follow the sciences over anything else. I don't really know what I want to do after I graduate yet. I thought about being a dentist before but I'm really not sure. I'm really into sports since it is not only good for your health but it's a way to get away from the thoughts in your mind and just relax. I used to practice swimming but I'm more into track now. In my free times I like to go running with my mom and my sister, watch some tv or use the computer but what I really like is to be outside with my friends or family. I love my friends and I know I can count on them for anything just as they know they can count on me. When we're together we usually go for walks or just sit and hang out somewhere. My best friends and definitely my mother and my sister since it's them who I go to when I need advice or to just talk about what is troubling me. My cousins are also great friends of mine since we all enjoy doing

the same stuff and even more when we're together. I decided to sign up for this exchange program because my parents did the same for my brother last year and he loved it so we decided I would go as well. From it, I'm hoping to improve my skills in the English language, make new friends and most importantly, grow as a person.

I'm really looking forward to meet you all and I hope we have a great year together.

See you soon!!!!!!!!!!

Adriana