VIRGINIA THEOLOGICAL SEMINARY



CHRIST IN HOLY IN HOLY SUBJECTION The Rev. Dawna Wall

On the Eve of St. Patrick's Feast Day come spend a day exploring the monastic hours through prayer, contemplation and creative activity. We will loosely keep the ancient hours in a modern context, reflecting on writings from Celtic saints and the Carmina Gadelica. Each hour will be bridged with opportunities to engage in working with our hands, including a labyrinth, needlework, illuminated letters, mandalas, collages, gardening, bread making and journaling. Materials will be provided or you may bring your own art or writing materials for engagement during these times.

Saturday, March 16, 2013 Registration begins at 9:30 AM 10:00 AM – 3:00 PM Cost: \$40

\$25 (Field Education Supervisors & Lay Committee Members)



The Rev. Dawna Wall is a priest at Christ Church Cathedral Ottawa in Ontario, Canada, where she shapes the Spiritual Formation programming and where she launched the unConventional, a one day retreat integrating silence, creativity and dialogue with mystics Hildegard von Bingen, Mechtild of Magdeburg, Julian of Norwich and Teresa of Avila. Dawna's ministry is energized by helping people connect deeply to God and to one another through prayer, music and art.





2012-2013 LIFE-LONG LEARNING OPPORTUNITIES