

*"My wife and I had a blessed week
of intellectual and
emotional regeneration
and the privilege of meeting
many fine friends."*

Shrine Mont

Located in the heart of Virginia's Shenandoah Valley — Shrine Mont was established in the early 1920's by Episcopal priest and Dr. Edmund Lee Woodward and his wife Frances Gibson Woodward. At Shrine Mont people are more important than things. Rooms are simple and comfortable. Meals are home-cooked and delicious! There are no TV's or telephones in the rooms. Public telephones and internet wireless service are available in the main buildings. Shrine Mont offers abundant porches with rocking chairs, mountain hikes, swimming pool, tennis courts, basketball courts, lakes, fireplaces, the outdoor Cathedral Shrine, outdoor stone labyrinth, and bookstore and gift shop.

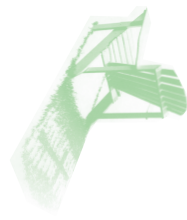
Check -In

Will begin at 4pm on Sunday July 17 and the conference will end after lunch on Friday July 22. Please be present for the entire conference. Dress for the conference is casual. You should bring a jacket or sweater for cool evenings, rain gear for inclement weather, a fan for hot days, comfortable walking/hiking shoes, and a flashlight. A detailed list of supplies will be sent to you after you have registered.

Directions

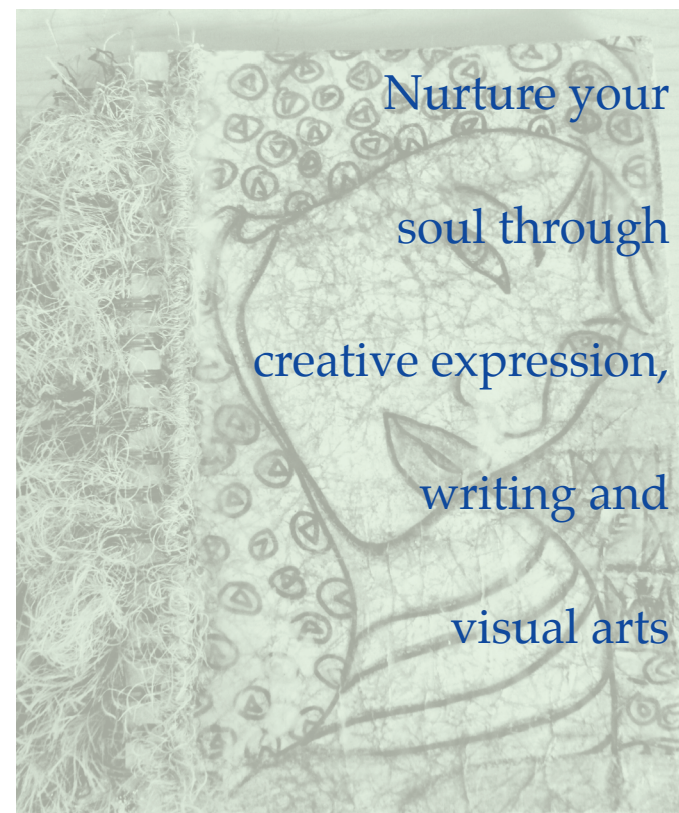
From Washington D.C — Shrine Mont is located 1 hour South of Winchester and approximately 2-1/2 hours from the Washington, DC metro areas. To reach Shrine Mont, follow Route 66 West to I-81 South to Mt. Jackson (Exit #273). Turn left onto Rt. 703 (east), then right (south) on US 11, follow through town, turn right on Rt. #263 and follow approximately 15 miles to Orkney Springs.

From Richmond VA — Shrine Mont is located 1 hour North of Harrisonburg, and approximately 3 hours from the Richmond metro areas. To reach Shrine Mont, follow I-81 to Mt. Jackson (Exit #273). Turn right onto Rt. 703 (east), then right (south) on US 11, follow through town, turn right on Rt. #263 and follow approximately 15 miles to Orkney Springs.



SHRINE MONT
P.O. Box 10
Orkney Springs, VA
22845

Art Soul



SHRINE MONT

A Retreat Center of the
Episcopal Diocese of Virginia

July 17 - 22, 2011

www.shrinemont.com

*Dabble your way to the most creative expression
you have ever manifested!*

Escape the hectic pace and come to Shrine Mont's 6th annual Art & Soul retreat.

Enjoy a week immersed in nature, community, spiritual reflection, and the arts as you are guided by gifted instructors to explore and tap into your creativity. The retreat will give you an opportunity to try many different types of visual arts, poetry, as well as "plein aire" painting.

"Play for the sake of play" can lead to the release of anxiety and stress, allow you to hear your intuitive voice and can lead to the most incredible artistic outcomes.

Class Descriptions

Creating an "Altered Book" - with Lisa Jacenich & Emily Tuszynska

Instruction will be provided in the activities listed below*. The participants' efforts will culminate in the creation of an "Altered Book". The cover and pages of the book will be unique, each individual's creation and design reflecting their own personality and artistic journey. Excerpts of the writings will be transcribed utilizing techniques taught in the calligraphy class. It is intended that this altered book be a "living document" to be added to upon departure and carried with upon return!

Felting, Paper Making, Calligraphy, Collage, Poetry

Painting Creation - with Theodora Tilton

This class is designed to help students see and explore the natural world through painting. Beginning with the premise that learning to see is intertwined with learning to explore, and ultimately to express, this class will take students out in the field to paint in "plein aire". The students can choose between watercolor or oil paint and will start with basics and work through the process of painting a complete work.

NOTE:

A complete supply list will be provided for each class after registration forms are received.

Instructors

Lisa Jacenich is an internationally recognized fiber artist and owner of Artful Gifts, LLC retail establishment and Chi Experience! fiber art studio. She has taught art (pre k through 12) in the public education system and provides private and group art lessons to children and adults since 1997.

Emily Tuszynska's received an MFA in poetry from GMU in 2003. Her poems have appeared in Sou'Wester, Poet Lore, Center, So To Speak, Natural Bridge, Mudfish, and other journals. She has been awarded a Dorothy Sargent Rosenberg Prize, fellowships to the Virginia Center for Creative Arts and to the Vermont Studio Center, two nominations for a Pushcart Prize, and has been a finalist for the Seattle Review poetry contest and for the William Faulkner/William Wisdom Prize in Poetry.

Theodora Tilton currently teaches art and design for Marymount University in Arlington, Virginia and for the Fairfax County

Park Authority. She received her MFA degree from Syracuse University, and a BFA from the Hartford Art School. Her paintings have been shown in more than one hundred and fifty juried and individual shows across the country. She is a signature member of nine nationally recognized painting societies, including the Virginia Watercolor Society. She is the winner of the 2010 Merchandise Award from the Oklahoma Watercolor Society as well as the winner of the Da Vinci Paint Award, Georgia Watercolor Society 2007, among others.

Chaplain

**The Rev. Linda Kapurch, Associate Rector
Saint Matthew's Episcopal Church, Maple Glen, PA**

Ms. Kapurch will provide morning meditations, evening song, personal Chaplain time and a closing Eucharist at the Cathedral Shrine of the Transfiguration. The Shrine is an outdoor stone worship site that serves as the Cathedral to the Episcopal Diocese of Virginia.

Art
Soul

REGISTRATION FORM

Name: _____

Address: _____

City: _____

State / Zip: _____

Telephone: Home _____

Office _____

Cell _____

Email: _____

☐ Single Occupancy \$595 ☐ Double Occupancy \$550

☐ Commuter \$370 (Instruction & Meals)

Roommate Request: _____

Special Room Needs: _____

Special Dietary Needs: _____

CLASS CHOICE

_____ Creating an "Altered Book"

_____ Painting Creation

MAKE CHECKS PAYABLE TO SHRINE MONT

_____ Enclosed with this registration form is a check for the full payment.

_____ Enclosed with this registration form is a deposit check for \$50. Balance due at check-in.

CHARGE MY ☐ Visa ☐ MC ☐ Discover Credit Card

_____ \$50 deposit, balance is due at check in.

\$_____ full payment

Number: _____

Exp. Date: _____

MAIL REGISTRATION FORM TO:

Art & Soul

c/o Shrine Mont

P.O. Box 10

Orkney Springs, VA 22845

shrine@shentel.net