

## Watermelon Strawberry Shake (4 Servings)

### Ingredients

- 1 container (8 ounces) lemon nonfat yogurt
- 2 cups cubed, seeded watermelon
- 1 pint fresh strawberries, cleaned and hulled
- 1 medium banana, peeled and sliced



### Instructions

In a blender or food processor, process yogurt, watermelon, strawberries and banana until smooth and frothy. Serve immediately.



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