

# FREE Stewardship Webinars

*What could be more convenient than attending a FREE 1-hour presentation with a nationally renowned speaker right in the comforts of your own office or home?*

The Office of Development purchases a diocesan-wide registration from *Our Sunday Visitor* that allows any parish staff or volunteers to attend one-hour webinars offered every 2nd Tuesday of the month at no cost to you. There is no limit on the number of attendees from our diocese or your parish. You may participate from your own personal computer at home or at the office. All you need is an internet connection and a phone.

As part of our diocesan-wide registration, we receive a recording of the webinar and handouts afterwards that we can copy for our parishes. So if you have missed one and are interested in receiving a free copy of the CD, contact Margaret at 208-342-1311, ext. 5139 or at [mhampton@rcdb.org](mailto:mhampton@rcdb.org).

## **Stewardship of You: Simple Truths and Strategies on Caring for the Physical Body You Have**

If we were created “in His image” and given these bodies to use during our life, then shouldn’t we faithfully take care of them? Life is not easy. We all know that. As servants of God, you are busy caring for others . . . leaving little time for yourself. Join Jason as he shares with you little known truths and strategies for feeling your absolute best, having good energy levels, how to effectively exercise with a busy lifestyle, what to eat and when, and being fit and healthy for years to come. Jason will challenge you to live your life as a good steward of the body you’ve been entrusted with, and set a good example for those you serve.

**Date:** Tuesday, July 10, 2012

**Times:** Noon-1 p.m. Mountain/11:00 a.m.-Noon Pacific (only one session during summer months)

**Registration Link:** <https://student.gototraining.com/rt/8633228201901257472>

**Discount Code:** FREE (Type this code in all caps to register free.)

*Once parishes register on one of the links above, Our Sunday Visitor will send them the "Join" link for them to join the webinar. The registration deadline is the day before the scheduled webinar.*

**Presenter:** Jason Minich

Jason has a degree in Exercise Science from Taylor University, in Upland, IN, and received extensive training in the human metabolism and fat loss . . . He is the owner of Catalyst Fitness, and a fitness consultant and personal trainer for 10 years. Jason has a passion for educating others on the truth about how their bodies’ really function, and has specific training and experience in working with people of many ages and fitness levels. In particular, he has considerable experience and training with both older adults and younger athletes . . . two very different training methodologies. He is the speed and strength coach for the Fort Wayne Mad Ants, an NBA D-League Team, and most recently, Jason was selected as a Top 10 Finalist for the 2009 PFP Trainer of the Year award out of thousands of personal trainers from all of North America.

## **Stewardship and the New Evangelization**

Pope Benedict XVI has clearly described the New Evangelization as the work of finding new ways to proclaim the Gospel of Jesus Christ in the world today. This session will demonstrate the unique and dynamic relationship that exists between the New Evangelization and Christian stewards who seek to “bring forth both the new and the old” in proclaiming the Good News of salvation.

**Date:** Tuesday, August 14, 2012

**Time:** Noon-1 p.m. Mountain/11:00 a.m.-Noon Pacific (only one session during summer months)

**Registration Link:** <https://student.gototraining.com/rt/6468801079888494080>

**Discount Code:** FREE (Type this code in all caps to register free.)

*Once parishes register on one of the links above, Our Sunday Visitor will send them the "Join" link for them to join the webinar. The registration deadline is the day before the scheduled webinar.*

**Presenter:** Rev. Msgr. Jacques Plante

The Rev. Msgr. Jacques Plante is the director of the Office for Evangelization and Pastoral Planning for the Diocese of Providence. He was ordained in 1982 after completing his theological studies at Catholic University of America with a master's degree in theology. In 1987, after serving in parish ministry for five years, he was named secretary to the bishop and assistant chancellor. After 10 years in that position, he was named chancellor with additional duties in the areas of ongoing clergy formation and the Lay Ministry Institute. In 2002, he was named pastor of two parishes, St. John the Baptist and St. James, merging them into a single parish community, Ss. John and James in 2003. It was during this time that he first became active in promoting the principles of stewardship in our Catholic life of faith. Msgr. Plante recently returned from sabbatical studies in the area of the New Evangelization at the Catholic University of Leuven in Belgium.