20 Stewardship Ideas

By Effie Caldarola

This article taken from the July 2011 issue of the International Catholic Stewardship Council e-Bulletin

- Think of a charity which is amply blessed at Christmas. Remember them with a gift mid-year.
- Invite a single friend over for a meal.
- Attend an extra Mass on a weekday this month.

• Abstain from something you like – meat, a latte, a cold drink – on Fridays and save the money for a charity.

- Take your rosary with you for an early morning walk.
- Recycle more.
- Each day, say a prayer for one of the world's trouble spots.
- Turn off the TV, phone, and computer, and spend an hour devoted to someone you love.
- Surprise an old friend with a phone call.
- Buy or pick a flower for someone without a "reason."
- Take your family to a farmers' market if in season.
- Stop for a moment during your busy day and enjoy an ice cream cone or other favorite treat.
- If you hear a great homily, tell the homilist.
- Splurge on some produce and buy enough to share with someone in need.
- See if you can go one day without complaining.

• On occasion, try turning your prayer before meals into a spontaneous prayer of thanks, using your own words.

- Send an unexpected thank you note for a small favor.
- If you spot a neighbor in the yard, stop for a brief chat.
- When standing in the store checkout line, let someone with fewer items go ahead of you.
- Sing or sing louder at Mass.