

There is absolutely no point what so ever in sitting in the current with our eyes open. We are doing more harm than good. & are not serving anyone particularly Medium Joao. Helping to provide the spiritual anesthesia to minimize any discomfort our brothers & sisters are feeling during these physical surgery's is an integral part of the current work. The only time you can have your eyes open in the current is when you are coming through in the lines. In the lines only you must keep your eyes open to receive this powerful cleansing energy & be purified.

You are protected when you go to the bathroom from the current as your intention is to go use the restroom & return to the current to complete the work. Current is only finished, not after the lines have gone through but at the end of the current after the final prayer, we instruct you at that time to open your eyes & drink the blessed water to complete the work. You need to drink a small cup of water to sufficiently close your energy field. The water in the current is specifically energized for that particular current & has what you require in it. You are encouraged to drink as much water as you possibly can during your time in Abadiania & thereafter. Reenergizing the water is easy when you return home. As the water gets down to about one fifth left , top it up with mineral/spring water say a prayer to the Entity's & they will come & energize it for you . Our bodies are over 80 % water & the entity regularly prescribes water as medicine, so it makes good sense to use this high vibration to help us to heal ourselves.

Sometimes it's quite chaotic in there and with the fans and noise from outside it can be difficult to hear any guidance in English. At these times try to be independent working with whatever belief system you are comfortable with & be reminded, nobody is working alone. We are all working together as one heart. Also, be aware that the music is a very powerful cleansing medium in which angels & multitudes of light beings work through. The Entity choses the music we listen to. No iPods or earphones are permitted in the current for this reason. Earplugs are not a good idea either as we need to be opens to receive. Everything has a vibration & we are tested all the time. Connect with whatever tool you need to harvest your own powerful heart energy as we all flow together with this heavenly love light in the current. Allowing any distraction or confusion to flow past us like a river as we remain in touch with these beautiful Entities of light & love sent by our Creator to help us.

It's important to remember to keep all of our chakras open in the current. Do not block any of these portals, taking sunglasses off our crown, allowing the energy to flow through our 3rd eye without masks, loosening tight belts around our solar plexus & not tying any knots in our clothing.

Don't book crystal bed appointments during current time as you will spend the whole current wondering what time it is & when you leave the current & don't return you are breaking it. Also massages can be booked when you don't plan to sit in the current. In recent times the currents have been longer as the energy continues to rise so committing an entire morning or afternoon solely to the current is the way to go. If you have a surgery remember it's a minimum of 24 hours, longer if you can to stay out of the current as the Entities are working on you. Many have been overcome by the high vibration in the current after the 24hour surgery requirement. This is a good opportunity to learn to follow our intuition which is being developed at a rapid pace here in the casa. The answers lie within us. The entity is constantly sending people to work in the current rooms. This is the Entities way of helping us to help ourselves, meeting them half way, realizing that we hold the key to our own healing power.

Any other pain or discomfort experienced in the current rooms is the Entities working on us. We are encouraged to see this is a blessing. It will pass quickly. At least we know there is something going on as we can feel the Entities fine-tuning us. Every current is different. Sometimes we feel nothing at all. Remember pain is feeling something too!!! The entities are giving us what we need no matter what we are or are not feeling. Trust and surrender.

There are multitudes of Entities working with us, on us and around us at all times. Like the wind or electricity we may not be able to see them. Believe that they are there working for our benefit. They never sleep or abandon us. Many 'unofficial' surgeries happen in the currents. A lot of our 'stuff' (for want of a better word) comes up in the currents. It's a process whereby we are dealing with deep issues long buried or ignored and the currents provide a middle ground where we can clear these issues in a very effective way. We are shifting energy's we have been carrying for lifetimes known or unknown to us. By its very nature this work in the current will manifest discomfort & possibly some pain.

Current is possibly the most important part of your healing progress at the Casa. You are encouraged to sit in the current as much as you possibly can. There are spontaneous surgery's happening in the current at all times. We are shifting energy's we have been carrying for lifetimes known or unknown to us. This denser energy's no longer serve us & need to be transmuted into divine light. By its very nature this work will manifest discomfort & possibly some pain. We are giving & receiving energy as towards the end of the current we are given a deep cleansing. Surrendering all of our problems , our pain , our suffering, our anger all of our issues over to the Divine power , transmuting all heavy energy's into Divine Light, becoming lighter , happier , healthier , stronger , more at peace & harmony with all of creation.

We need to surrender to our sometimes strong will and be able to change and accept. In the currents you are in a safe place. The Entities are your safety net. The divine power never gives us anything that we cannot handle. Feel free to cry in these rooms. This is very healing. We are encouraged to liberate ourselves, to let go and to surrender to this magnificent Divine power that surrounds us here.

Sometimes all it takes is a sip of blessed water to bring us back into our harmonious flow. Try to

Remember to bring a small bottle of water with you into the currents and sip it from time to time. You can always raise your hand and ask for water, agua in Portuguese, remembering to keep your eyes closed.

A very simple way to do the best work we possibly can is by smiling. It is a gift of love, the beginning of peace. Peace begins in our heart & grows from there. Smiling immediately makes us feel better, in an instance raises our vibration & in turn raises the vibration of the entire universe. Costing nothing, it's a win win situation!

Using the opportunity of in the current to reconnect with who we really are. Light Beings , working with the very essence of our Being. We have come a long way to be here so try to make the most of your time at the Casa and give it your best shot. The more you give the more you receive.

The important realities of working in the currents are about surrendering, opening of the heart, the giving of our positive loving energies to contribute to Medium , Joao's mission, in order to help with the healing of all those who come to the Casa and for us to receive countless blessings in return.

We pray that all the brothers and sisters of the Casa de Dom Ignacio get the healing of mind, body, emotion and spirit that we all came here to receive.

Out of sickness into well-being

Out of poverty into abundance

Out of darkness into the light

Out of fear into trust

Out of separation into oneness

Amen