

Did you know...?



1. Mammography is still the single most effective tool doctors have to screen for breast cancer.
2. Mammograms can show changes in the breast up to two years before a patient or physician can feel them.
3. Skipping a mammogram every other year would miss up to 30% of cancers.
4. Early detection of breast cancer leads to a greater range of treatment options, and lowers the death rate by 24%.
5. If you are in a high risk category, mammogram screening can be started 10 years earlier.
6. A mammogram is a low dose x-ray of the breast.
7. Mammography has an overall sensitivity for finding cancer of 80%.
8. Delaware has a mobile mammography van. For more information call 1-888-672-WHMS.
9. Mammograms are better at detecting breast cancer in older women because of the normal changes that happen to the breast tissue with aging.
10. Getting a high-quality screening mammogram and having a clinical breast exam are the most effective ways to detect breast cancer early.
11. Every mammogram picture is unique.
12. Although mammograms are very useful, they cannot always find all of the problems.
13. Since 1990, the death rate from breast cancer has decreased by more than 30%.
14. Though mammography cannot prevent or cure breast cancer, it can detect the disease at its earliest stage.
15. Don't have health insurance? Call 1-888-672-WHMS.
16. For every 1,000 women who have a mammogram, 5 are diagnosed with breast cancer.
17. Mammography has helped reduce breast cancer mortality in the U.S. by 1/3 since 1990.
18. Don't know where to get a mammogram? Look on DBCC's website for screening locations.
19. Some deodorants and lotions may affect the image, so avoid using these on the day of the exam.
20. The entire mammogram process lasts about 20 minutes.
21. According to the CDC, only 67.6% of women over the age of 40 have had a mammogram within the past 2 years.
22. Have all the women in your life scheduled their mammograms yet?
23. Since the mammogram's debut in 1969, this special X-ray of the breast has saved thousands of women's lives by finding abnormalities in breast before they are large enough to be felt.
24. National Cancer Institute researchers associated 52 percent of late-stage breast cancers with patients' failure to have mammograms.
25. More than 90 out of 100 women will be cured if their cancer is found at an early stage.
26. For a more thorough assessment, computer assisted detection (CAD) can be used in conjunction with digital imaging.
27. Since 1940, the incidence of breast cancer has risen by one to two percent every year.
28. Screening mammography is an x-ray examination of the breasts with no known breast problems.
29. Diagnostic mammography is an x-ray examination of the breast(s) with a known problem such as a lump, pain, nipple discharge or thickening, or any unusual changes in the breasts.
30. Mammograms detect anatomical changes and can help identify the exact location of a lesion, which may or may not be cancerous.

May is Mammography Month.