

Fibromyalgia

Brad Ellis, a policeman and former Marine, was in two vehicle collisions within two years. He went back to work but ended up having spinal surgeries in 2007 and 2008. The physical therapy and other treatments failed. The pain continued and expanded to many parts of his body.



After numerous visits to doctors, he was finally diagnosed with fibromyalgia. At that point, he became confused and felt alone because he was told fibromyalgia is considered a "woman's disease." So he did not seek any help.

In time, through information on the Internet, Ellis realized he was not alone. He is now active in a local support group and helps other patients cope with the painful and challenging condition.

Fibromyalgia is a disorder of the central nervous system with widespread pain, headaches, and sleep disruptions. These can be so severe that a person becomes disabled. It is more common in women but is also seen in men and children. Fibromyalgia commonly develops after an infection, a surgery, an injury or other body trauma.

Chronic Lyme Disease

While in her back yard, 48-year-old Carol Fisch received a bite that caused a "bull's eye" rash. Her physician suspected a spider bite, ringworm, or fungal infection. As her symptoms increased, the professor became unable to perform her job duties. In addition to declining cognitive function, she began to suffer from fatigue, muscle pain, and sleep disturbances. She often became disoriented and lost in familiar surroundings, even in her home town.

After seeing many doctors and being misdiagnosed with other illnesses, she finally got the right test and found she was positive for the bacteria *Borrelia burgdorferi*, along with other pathogens associated with Lyme disease.

Many people with these symptoms have likely been misdiagnosed with other illnesses because today's tests miss 35% of the cases. Yet, early treatment is needed to prevent the disease from becoming chronic and disabling.



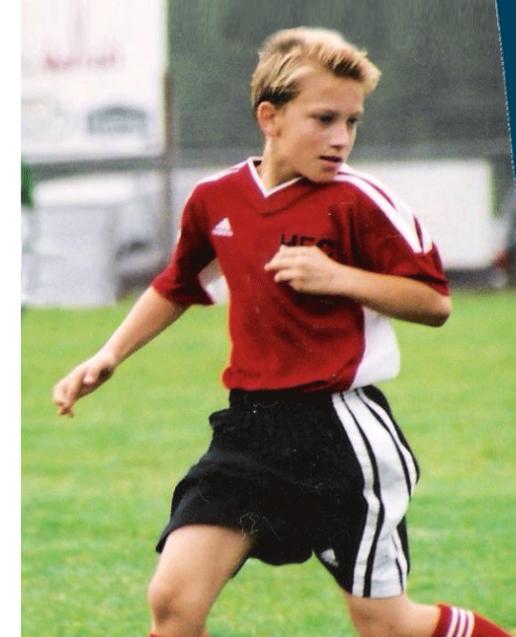
Chronic Fatigue Syndrome/ME

Ryan Baldwin, an 11-year-old soccer player and high-achieving student, started having headaches one summer. That fall, he was unable to concentrate enough to do his homework. Extreme fatigue caused him to be largely housebound, unable to go to school except one hour a day. He felt as though he had a run-down battery.

Any mental activity left Ryan in a "crash" for days. Brushing his teeth in the morning became so exhausting that he would feel as though he had run a marathon. Nausea, stomach aches, and dizziness came and went, with little provocation. As the years passed, many of his friends went to school dances,

but Ryan was in his bed, reserving all of his energy for homeschooling.

His mother took him to prominent hospitals, searching for answers. Ryan was diagnosed with chronic fatigue syndrome, also known as myalgic encephalomyelitis or encephalopathy. Every patient's symptom list is slightly different. CFS/ME can strike anyone at any age, although women between 35-50 seem to be more susceptible.



Soccer was Ryan's favorite sport before he became ill with CFS/ME.

Interrupting the cycle of illness

NeuroEndocrineImmune disorders share many symptoms and multi-system abnormalities. Approximately 20 million Americans continue to suffer with no cure.

P.A.N.D.O.R.A. is working to help these individuals break free from the cocoon of illness that keeps many of them housebound or bedbound.

**Through more research and advocacy,
We bring hope...
So they can fly again**



Multiple Chemical Sensitivity

Imagine you can't stand in line in the grocery store because the perfume the lady in front of you is wearing is making your eyes burn. Imagine you can't pump your own gas because the fumes make you nauseous.

The world is a chemical obstacle course for people who have multiple chemical sensitivity, with unexpected triggers at any location, at any time, including in their own home.

The condition is also called environmental illness, toxicant induced loss of tolerance (TILT), chemical intolerance and sick building syndrome. Due to a lack of agreement among physicians, MCS often goes undiagnosed. Therefore, the rate of occurrence is not clear, but it seems to be more common among women and among those who served in the military.

Gulf War Illness

Air Force Staff Sgt. Mary Ann Parker served in the first Gulf War, including a tour in Saudi Arabia. In time, she developed chronic bone, joint and muscle pain. She also developed chronic diarrhea. Skin conditions, chronic fatigue, and early menopause have taken away any sense of her having a "normal life." In addition to the physical problems, she was plagued with years of being misdiagnosed. She has now been diagnosed with lupus and fibromyalgia, among 14 other chronic illnesses. She takes 57 different prescriptions.

An estimated one in four veterans of the first Gulf War developed acute and chronic fatigue, rashes, loss of muscle control, pain, headaches, dizziness, memory problems, and many other symptoms. Although toxic chemicals or possible infection seem to be the cause, the specific culprits are still not known. While researchers and government officials debate the nature of the illness, many veterans struggle to get benefits and care for this crippling condition. Operation Iraqi Freedom is resulting in more veterans having this illness.

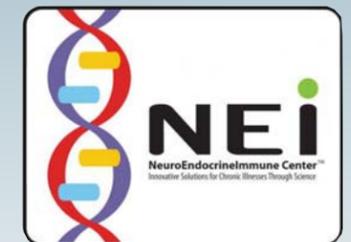
DONATE TO P.A.N.D.O.R.A.

We can improve the quality of life for people with NeuroEndocrineImmune disorders when we work together.

Partnerships with other organizations, support from politicians, business contributions, and donations from people like you will bring hope, freedom and vibrancy to many who are confined in the cocoon of chronic illness.

P.A.N.D.O.R.A. SUPPORTS MULTI-DISEASE CENTERS OF EXCELLENCE

The NEI Center™ will be a cutting-edge research facility specifically for multi-system illnesses. It will provide patient care, clinical trials, physician training, and social and community services.



The philosophy of the NEI Center™ is that discoveries and advances made in any one of the NeuroEndocrine-Immune chronic illnesses will benefit the others, bringing us closer to definitive treatments, cures, and enhanced quality of life for individuals and their families.

PATIENT ALLIANCE FOR NEUROENDOCRINEIMMUNE DISORDERS
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P.A.N.D.O.R.A. is One Strong Voice for Many

The Patient Alliance for NeuroEndocrinelmmune Disorders Organization for Research and Advocacy, Inc. (P.A.N.D.O.R.A.) is a caring and effective 501(c)3, non-profit organization with the following goals:

- Create awareness of the toll NeuroEndocrinelmmune illnesses take on individuals, families, communities, businesses, and national economies
- Increase research that will lead to effective treatments and possibly a cure
- Empower patients with knowledge of their illness and how they can get help
- Increase the number of doctors knowledgeable in the latest research and treatments
- Financially support centers of excellence
- Release the cocoon of illness **so they can fly again**



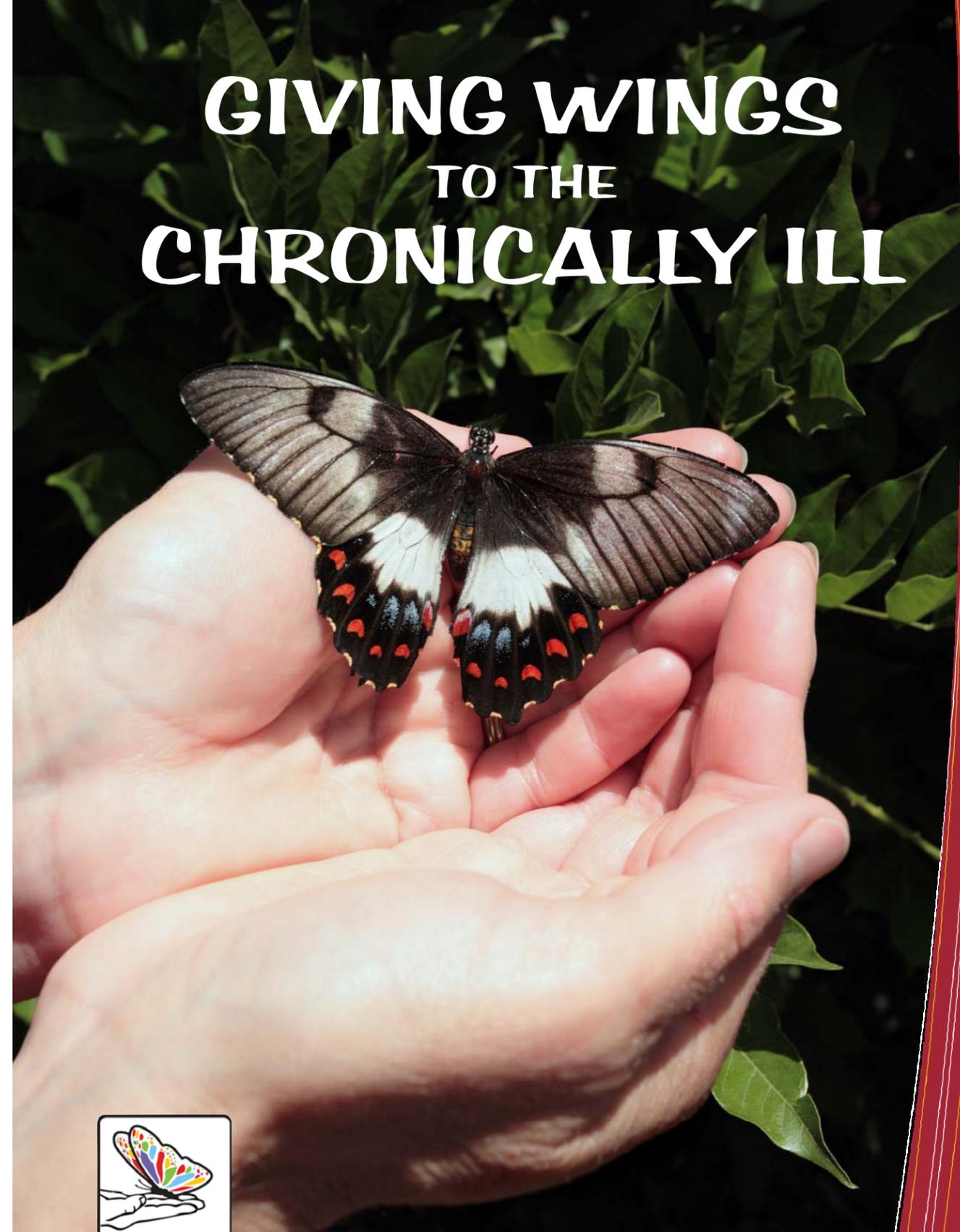
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GIVING WINGS TO THE CHRONICALLY ILL



PATIENT ALLIANCE FOR NEUROENDOCRINEIMMUNE DISORDERS
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One Voice, One Community, One Cause™

NeuroEndocrinelmmune disorders are disabling, causing many to lose their employment. Sufferers find many obstacles in obtaining knowledgeable physician care and procuring disability benefits. Your donation will help P.A.N.D.O.R.A. in changing this deplorable situation. We bring hope of release from the cocoon of chronic illness, so they can fly again.

Gulf War
Illness

Multiple
Chemical
Sensitivity

Fibromyalgia

Chronic
Lyme Disease

Chronic
Fatigue
Syndrome / ME